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A GHOST BIKE serves as a memorial for Guang Hui Gao who died from injuries last September after being struck by a car while riding his bicycle on Hancock Street near Albion Road.

Ghost Bike Honors Bicyclist Killed In Crash

Roadside Memorial Serves As Reminder About Bicycle Awareness

By TOM GORMAN

Guang Hui Gao often rode his bike around his Quincy neighborhood. One morning last September, he left home to run an errand on his bicycle, but never returned; he was struck by a car and died from injuries as he rode near the intersection of Hancock Street and Albion Road in North Quincy.

On Monday, Jan. 22, his family along with local officials and representatives from Quincycles and MassBike gathered at the spot when Guang Hui, 63, lost his life to dedicate a ghost bike – an all-white bicycle adorned with flowers on the handlebars and a plaque bearing Guang Hui's name

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FLOWERS ADORN a ghost bike that serves as a memorial for Guang Hui Gao who died from injuries after being struck by a car while riding his bicycle on Hancock Street near Albion Road. *Quincy Sun photos/Tom Gorman*

Quincy Schools May Seek Preschool Grant

By SCOTT JACKSON

The Quincy Public Schools may apply for a state grant that would provide funding for additional preschool classrooms.

Erin Perkins, the district's assistant superintendent, on Jan. 24 provided the School Committee with an overview of the state's Commonwealth Preschool Partnership Initiative (CPPI) Planning and Implementation Grant. Perkins said the grant program is one of Gov. Maura Healey's major initiatives.

"This is one of Maura Healey's big initiatives... she talked a lot about it in her address to the state," Perkins said.

"I don't think that this will come as a surprise to anyone that access to high-quality preschool definitely

Cont'd On Page 4

Broadband, MBTA Among Cain's Priorities

By SCOTT JACKSON

Construction of a new municipal broadband network in the two Quincy neighborhoods chosen as pilot areas could begin as soon as this summer, City Council President Ian Cain said in a recent interview, and he also wants to see if the council can help move the needle when it comes to the MBTA.

Cain, age 41, was elected president of the City Coun-

Cont'd On Page 9

IAN CAIN
City Council President
Ward 3 Councillor

Councillors Seek Zoning Code Review

By SCOTT JACKSON

City councillors want the administration to start a review of Quincy's zoning code and maps, which would be the first comprehensive look at zoning in the city in more than 50 years.

City councillors on Jan. 22 approved unanimously a resolution – introduced by Councillors Nina Liang, Noel DiBona, Richard Ash, and James Devine – seeking a review of Quincy's zoning code and maps. A similar resolution had been put forward last spring during the previous City Council term.

"It's obviously a massive undertaking so we're not voting on any changes here tonight, we're simply voting

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More Quincy news:
The Quincy Sun.com

Quincy Fire Prevention Monthly

The Importance Of Maintaining Home Heating Equipment

By Quincy Fire Lt. CODY DANIELS
Quincy Fire Prevention

With the recent cold snap and snow impacting the Quincy area, The Quincy Fire Department wanted to remind residents about the importance of maintaining heating equipment. When accessible, always check the intake and exhaust stacks on the exterior of the house for signs of damage or blockage from snow. If the exhaust is blocked it can cause Carbon Monoxide to back up into the house.

With increased heat usage during the winter months, it is important to properly maintain heating systems. A properly serviced heating system will run more efficiently and lower fuel costs. A heating system that is not properly maintained can result in a dangerous condition known as a delayed ignition.

Have a qualified and licensed oil burner technician come out to perform this work will ensure a thorough inspection of the system is performed. This is a great time to also inquire about any scheduled updates needed and to get on a scheduled service if not currently on one. According to the latest U.S. Home Structure Fires report from NFPA, an average of 45,800 home heating fires occurred each year between 2015 and 2019: resulting in an estimated 480 civilian deaths, 1,350 civilian injuries, and $1 billion in direct property damage. A failure to clean equipment was the leading cause of home heating equipment fires.

When using electric space heaters please keep in mind that due to the amount of electric current drawn by space heaters, electric heaters should be used only where they can be plugged directly into appropriate receptacles. Refrain from using extension cords if possible as this can create a potential tripping hazard. Space heaters are most often responsible for home heating equipment fires, accounting for more than two in five fires, as well as the vast majority of associated deaths (81 percent) and injuries (80 percent).

Keep the area around any heating units, water heaters and space heaters clear of combustible materials, clothing or other items. Fires in which a heat source was too close to combustible materials caused the largest shares of civilian deaths, injuries, and direct property damage. Half of home heating fire deaths were caused by placing equipment too close to things that can burn. As always in the event of an alarm or fire, exit the home and call 911.

Gov. Healey Signs Executive Order Directing State Agencies To Institute Skills-Based Hiring

In her address to the Associated Industries of Massachusetts (AIM) Jan. 25, Gov. Maura Healey announced that she signed an executive order instituting skills-based hiring practices for the state's workforce.

Through this Executive Order, for the vast majority of job postings, the administration will focus primarily on applicants' skills, knowledge, and abilities rather than educational credentials. Job postings will only be allowed to include degree conditions when absolutely necessary to the performance of the job. Additionally, for the first time, hiring managers will receive training and tools to implement this new hiring strategy effectively.

"As the state's largest employer, we rely on a strong, diverse workforce to deliver crucial services and programs for Massachusetts residents, businesses and communities every day. But too many job applicants are being held back by unnecessary degree requirements," Healey said. "This Executive Order directs our administration to focus on applicants' skills and experiences, rather than college credentials. It will expand our applicant pool and help us build a more inclusive and skilled workforce than ever before. Our administration is leading by example, and we encourage the business community to join us by adopting similar skills-based hiring practices."

"Our administration recognizes that job applicants have a wide range of skills and that nobody can be reduced to a line on a resume," said Lt. Gov. Kim Driscoll. "We have so many jobs across the state that need to be filled and we have qualified, talented workers who want them. We just need to lower the barriers to entry, which is exactly what this Executive Order aims to do. We look forward to continuing to share our lessons learned and best practices with the business community as we all work toward these common goals."

The Executive Order directs all executive departments and agencies to utilize skills-based employment practices to attract, recruit, hire, retain, and develop workers. The Executive Order also requires the completion of a skills-based hiring training course for all agency managers and support teams and ensure job postings and interview questions promote a candidate's set of skills, knowledge, and abilities. Additionally, as part of the Administration's "Lead by Example" Employer Talent Initiative, the Executive Office of Labor and Workforce Development will collaborate with private, non-profit, and government employers to develop and publish best practices resources for the broader business community to also adopt skills-based hiring strategies.

"Massachusetts has an incredible opportunity to leverage its platform as a major employer, lead by example, and encourage more employers to do the same," said Secretary of Labor and Workforce Development Lauren Jones. "As employers, including the Commonwealth, embrace a skills-based hiring practice, we will collectively open more opportunities to hire, retain, and develop the diverse, skilled talent employers need to grow and thrive in regions across the state."

The Executive Order also calls for new job postings not to specify a minimum level of education as an entrance requirement unless it is determined that a particular level of education is necessary to perform the job. While only 7 percent of current positions require an education requirement, the state's Human Resources Division (HRD) will routinely review positions to determine if education requirements are necessary to perform the job.

As part of its guidance to departments and agencies, HRD will develop tools for skills-based recruiting such as identifying and reducing bias, writing a job description, and creating a recruitment plan. HRD will also provide best practices when screening and interviewing candidates. As part of a skills-based hiring strategy, the Healey-Driscoll Administration aims to reduce unconscious bias in the workplace by focusing on eliminating biases during the hiring process.

Residents interested in a career in state government, including roles in health, human services, transportation, IT, finance, housing, economic and workforce development, veterans' services, energy, climate, environmental affairs, public safety, and education, can visit the MassCareers website for job opportunities.

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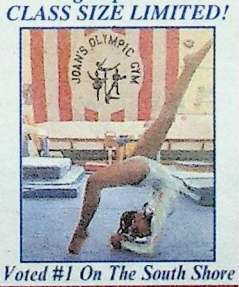

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Quincy Police Officer To Host Fundraiser Feb. 4

Heart Transplant Recipient Mike O'Brien 'To Give Back' To HeartBrothers Foundation

Quincy police officer and recent heart transplant recipient Mike O'Brien will host a fundraiser on Feb. 4 to benefit The HeartBrothers Foundation (HBF).

O'Brien, who underwent a successful heart transplant last August, has an impressive story of commitment and determination. He has served 26 years with the Quincy Police Department and served in the U.S. Marines. He has battled congestive heart failure since 2015.

While in the hospital, O'Brien learned about HBF when a group member came to see him. Heart Brothers, who live with heart failure and are often heart transplant recipients themselves, routinely visit heart failure patients at Boston-area hospitals.

"Meeting the HeartBrothers helped me know I was not alone and helped me navigate the changes in my health," said O'Brien. "My new mission is to give back to an organization that has given so much to me."

The event to benefit The HeartBrothers Foundation will be on Sunday, Feb. 4 from 2 to 8 p.m. at the restaurant ALBA on 53, located at 2053 Washington Street in Hanover. The event will feature food and entertainment.

HBF serves thousands of heart failure patients with emotional and financial support, a patient support group, educational webinars and other resources. The foundation also runs the HeartBrothers House in Boston, where heart failure patients and their families can stay during treatment.

"Mike's story shows heart failure can affect anyone. We created The HeartBrothers Foundation to help patients like Mike. We are excited that he is now dedicated to helping even more people by spreading awareness of our organization and raising money to lessen the burden on other patients," said Pat Sullivan, co-founder of the HeartBrothers.

Quincy police officer and recent heart transplant recipient Mike O'Brien (right) with his family. O'Brien will host a fundraiser on Sunday, Feb. 4 from 2 to 8 p.m. at ALBA on 53, Hanover, to benefit The HeartBrothers Foundation (HBF). *Courtesy Photo*

Edith B. MacDonald Scholarship Applications

Applications are available for the Edith B. MacDonald Scholarship given by the Seaside Gardeners of Squantum.

Any high school senior currently living in Squantum and any relative of a member of the Seaside Gardeners planning to attend a two year or four year college is eligible for the $1,000 award.

To be considered, applications must be postmarked by April 1st. Contact Laurie Kelliher at 617-797-3349 or email her at lauriekelliher@verizon.net.

Learn-To-Skate Classes

Bay State Skating School announces new winter learn-to-skate classes for children, ages 4 to 18 are at ice rinks in Weymouth and Quincy.

Classes at the Connell Rink, 220-R Broad St. in Weymouth start Sunday, Feb. 11th at 2 p.m. for seven weeks and at the Shea Memorial Rink, on Willard Street in Quincy, starts Sunday, Feb. 25th at 11 a.m. for five weeks. Classes are also available at nine area rinks.

Use either figure, recreational or hockey skates. Beginner, intermediate and advanced classes taught by professional instructors. For information and to register, call Bay State Skating School at 781-890-8480 or visit online at www.BayStateSkatingSchool.org.

Seven On Regis Dean's List

Seven students from Quincy are on the Dean's List for the fall semester at Regis College in Weston.

They are:

Flora Chen (nursing); Ella Connolly (education and English); Alexandra Gagne (education and Interdis.Studies: Humanities); Aniah Hernandez (nursing); Annabelle Le (biology); Stephanya Mendes (education and Interdis.Studies: Humanities); and Megan Miller (nursing).

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Moments in time

THE HISTORY CHANNEL

• On **Feb. 12, 1912**, Hsian-T'ung, the last emperor of China, was forced to abdicate following Sun Yat-sen's republican revolution, ending 267 years of Manchu rule in China and 2,000 years of imperial rule.

• On **Feb. 13, 1958**, a four-passenger Thunderbird called the "Square Bird," made by the Ford Company, made its public debut. Considered to be a model that turned the Thunderbird from a sports car into a luxury car, it's still often referred to as simply the T-Bird and has appeared in movies such as "Grease," popular songs and music videos.

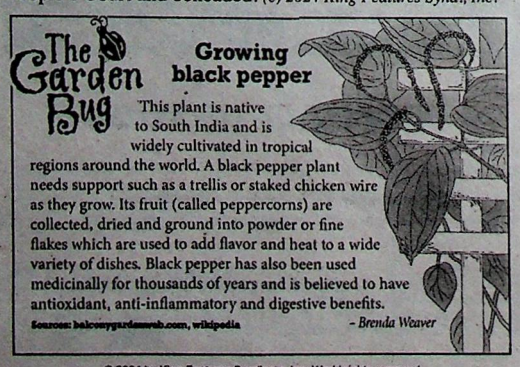
• On **Feb. 14, 1984**, Jayne Torvill and Christopher Dean became the highest-scoring figure skaters in history at the Olympic ice skating championship in Sarajevo with their sensual, free-dance performance of Ravel's "Bolero."

• On **Feb. 15, 1965**, the maple leaf officially became Canada's official national flag symbol. It had already served in that capacity for more than a century, but the matter was only settled in the House of Commons the previous December, and approved by England's Queen Elizabeth II shortly afterward.

• On **Feb. 16, 2007**, British Education Secretary Alan Johnson's order for "difficult" classic authors including Jane Austen and Charles Dickens to be taught to 11- and 12-year-olds was not met with favor by teachers. They believed these classic works might prove daunting enough to turn students off of such material for life. Johnson argued that they were in fact essential to a well-rounded British education.

• On **Feb. 17, 2014**, the Saudi Gazette made Somayya Jabarti the newspaper's editor-in-chief, marking the first time a woman held that position in the country. Her successor, writing about the decision that represented a major step forward for Saudi women's rights, made sure to state that the position was granted solely on Jabarti's merit.

• On **Feb. 18, 1943**, a small group of German students from the University of Munich known as the White Rose movement were arrested after a janitor observed and reported them for distributing leaflets with anti-Nazi propaganda. Within days, all the members, including philosophy professor Kurt Huber, were sentenced to death for treason by the People's Court and beheaded. *(c) 2024 King Features Synd., Inc.*



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Quincy Schools May Seek Preschool Grant

Cont'd From Page 1

improves future school success for our students and school readiness and long-term positive outcomes, in particular for students who are maybe at higher risk of facing challenges in elementary school such as those living in low-income communities, English learners and students requiring special education services."

Presently, some children do not attend preschool at all, Perkins said. Others attend a district-run preschool, which, she said, "is for the most part a few hours a day, four days a week." Other children may attend a private childcare program that is tuition-based.

"The result is very fragmented for families and does definitely lead to a situation sometimes where it can be the haves and the have-nots – families that can afford to pay for full-day pre-k versus other families who cannot," Perkins said. "I think our kindergarten teachers are wonderful and they do a really great job trying to remediate those deficits based on that exposure when the students come into kindergarten."

Through the CPPI, the state Department of Early Education and Childcare (EEC) is providing school systems across the state the opportunity to develop partnerships between the school district and local private early education and childcare programs to expand access to preschool, Perkins said. It is a competitive grant program and up to $2.5 million will be awarded. The grants are renewable for fiscal year 2025, which begins on July 1.

Gateway cities like Quincy will be given a preference when it comes to awarding the grant, Perkins said. To be eligible, school districts must be serving a high percentage of high-needs students. The district must have a staff dedicated to early learning programming and a desire to expand access to the program. Perkins said Quincy meets both those criteria.

Districts must also have at least two EEC-licensed early learning providers that would partner with them. Perkins said administrators had yet to reach out to potential partners, but said the district has good relationships with providers like Head Start, the YMCA, Stars and Campus Kinder Haus.

In addition, districts must be able to identify at least two other funding streams to support grant-funded classrooms. Perkins said those sources could include other state and federal funding sources.

There are two possible entry points for the initiative, Perkins stated.

One is "Early Planning Stage" in which the district would receive $50,000 for fiscal year 2024, the current fiscal year, to develop partnerships with providers, establish a leadership team, and conduct a needs assessment. The district would receive $375,000 for fiscal year 2025, including $15,000 for a strategic action plan and $360,000 to implement the preschool programming. The preschool classrooms would open in September 2025 under that pathway.

The alternative is "Planning to Implementation." Districts would need to have already identified partners, a leadership team in place, and a needs assessment and strategic action plan recently completed or already underway. A district choosing that pathway would receive $375,000 in FY2024 and $750,000 for FY2025 and would open the preschool classrooms in September 2024.

"Our recommendation is that we apply for the Early Planning Stage grant. That would be our recommendation," Perkins said, because "it would be a very quick turnaround to have all of those things in place" for this fall.

Classrooms funded through the grant must operate six hours a day, five days a week, Perkins said; she added that she was waiting to hear if that would be different for districts like Quincy that have regular early release days. Districts can convert current classrooms into a CPPI classroom through the use of grant funding. Classrooms could also be located in other childcare facilities.

If Quincy were to apply for the grant, Perkins said the district has until Feb. 16 to do so. The grants will be awarded by March 1.

If Quincy did receive the grant, it would have to identify potential classrooms that would participate in the program and identify potential partners in March. A memorandum of understanding for those partners would be drafted in April; the leadership team would be established that month as well. The leadership team could begin meeting in May and a consultant for the needs assessment would be hired in May or June.

Perkins added that state officials anticipate the grant program would continue into fiscal year 2026, which begins on July 1, 2025, though there are no guarantees for fiscal year 2027 and subsequent years.

"They are anticipating that they would fund FY26 and then potentially if all the funding stays the same – they can't guarantee that – hopefully we would be eligible if we were to get it for the $750,000," she said.

Committee member Kathryn Hubley said the state grant program sounds amazing.

"I think this sounds amazing and I know there is such a huge need for early childhood classes," she said.

Committee member Emily Lebo said she thinks the program is great and asked how many children could enroll in the preschool programs. Supt. Kevin Mulvey said the grant could provide funding for two to three classrooms. Perkins said the district typically caps preschool classes at 15 students, but private providers may have different class sizes.

Committee member Courtney Perdios, who said the program sounds great, asked how families would apply for seats in the classrooms. Perkins said that would be likely be determined during the planning process.

"I think the idea would definitely be to support people who would not have historically had access to a pre-kindergarten program, either for financial reasons or because of access, transportation, whatever," Perkins said.

"But, that could be a lot of kids, so I think we would have to work with whatever consulting agency we bring onboard and that would be part of the need assessment and then the strategic action plan – how would we handle enrollment in those classes."

Councillors Seek Zoning Code Review

Cont'd From Page 1

on the request that I brought forward last year to commit to this work," Liang said during the Jan. 22 meeting. "I'm reintroducing it here today to keep that work moving in this term.

"I want to thank my colleagues who cosponsored it this year. It's going to take all of us working together to make it happen."

DiBona said he was happy to cosponsor the resolution for a second time, adding that it was important that the matter was brought up during the first regular City Council meeting of the new term.

"It gives us proper time to put this onto ordinance [committee] and get some discussions and sit down with some of the ward councillors and see within their existing zoning codes what areas or pocket wards and throughout the city of Quincy," he said. "I'm looking forward to more discussions and I'm happy this on the agenda for future discussions."

Council President Ian Cain noted councillors in December approved the creation of new overlay zoning districts in parts of North and South Quincy to comply with a state law that encourages the development of multi-family housing near MBTA stations.

"I think this discussion is very important considering we just went through this process with the state's compliance and looking at the northern and southern portions of the city and trying to come in compliance with housing regulations, so I look forward to working on this," Cain said.

In their resolution, councillors stated that the last citywide zoning review was completed in 1970 and that 295 "isolated but important" amendments have been made in the decades since.

The resolution asks the administration to put together a proposal to start the process of conducting a citywide review of the zoning code and maps. That proposal would then be submitted to the City Council as the first step in the zoning review.

"This proposal ought to reflect the needs of residents, including but not limited to addressing issues of density, protecting open space, establishing and promoting viable business districts and industrial areas, incorporating access to public transportation options and broadening the tax base," the resolution states. "This modernization of the City's Zoning Codes and Maps shall provide clear and sound planning directives which will ultimately result in cohesive development moving forward."

Kira Szilva On Chancellor's List At UMass-Lowell

Kira Szilva of Quincy has been named to the Chancellor's List for the fall semester at the University of Massachusetts-Lowell.

Szilva is a junior majoring in education at UMass-Lowell. She is graduate of Fontbonne Academy.

Scenes From Yesterday

THIS NOVEMBER 1939 real photo postcard reproduction is a view from the rear of the new home of Howard Johnson's candy and condiment factory at 180 Old Colony Ave. in Wollaston. The candy factory was previously in a small building on the corner in Norfolk Downs Center. The Howard Johnson's company – which began with one store just a few blocks from here in 1925 – had expanded to 100 locations and was outgrowing its offices that were in store fronts surrounding the first store. The City of Cambridge tried to lure Johnson into moving his burgeoning business headquarters there, but, after a struggle, the leaders of the Quincy Chamber of Commerce convinced him to buy this building instead. After extensive remodeling and renovations to what was the old Robert H. Stearns furniture building this was to become home to all of Howard Johnson's manufacturing and executive units employing about 500 people. Marketplace changes and World War II kept the executive offices from moving into the building, but this was home to its candy and condiment factory for almost 40 years. Today, this is the site of the new Dr. Rick DeCristofaro Learning Center. Photo courtesy Jim McArthur.

From the Tom Galvin Postcard Collection

READERS FORUM - MORE PAGE 13, PAGE 21

Eagle Scout Candidate Seeks Support For Project

Hello,

My name is Michael Miranda and I am an Eagle Scout candidate and Bernazzani alumni from Troop 42 and a junior at Quincy High School. For my eagle project I will be renovating the reflection garden behind Bernazzani Elementary School.

However, in order to complete this project I will need donations to help cover the cost of the materials.

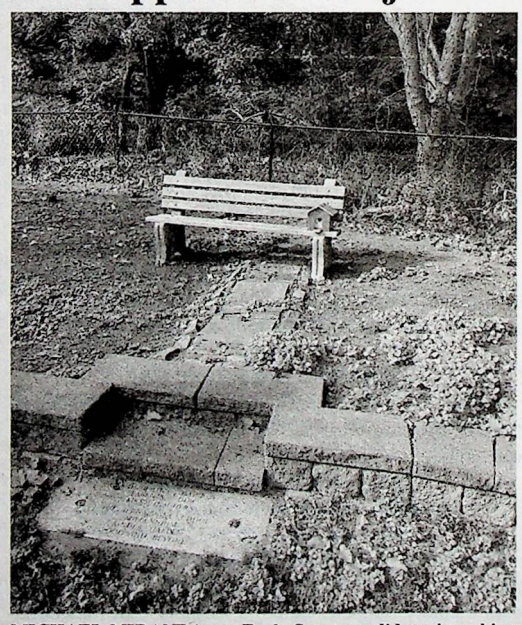
This project will include the following: The installation of a new masonry walking path and bench, removing weeds, cleaning up trash and adding new mulch to the garden. The impact of the project will be significant to the community as it will give the students a safer and more appealing environment to spend their time in. More students will be able to utilize this space and spend more time outdoors.

My goal is to carry out this project this spring. Donations will cover the cost of all the materials and tools needed to complete the project and make Bernazzani School a better place to be around. I am asking for your help and any donations are greatly appreciated. Please make checks payable to Quincy Friends of Scouting at 21 Puritan Dr.. Quincy, MA 02169. Any excess proceeds will be donated to the Bernazzani Parent-Teacher Organization.

Thank you for your generosity.

Yours in scouting,

Michael Miranda
Troop 42 Quincy



MICHAEL MIRANDA, an Eagle Scout candidate, is seeking donations to help cover the cost of materials and tools needed to renovate the reflection garden behind the Bernazzani Elementary School (shown above). *Courtesy Photo*

Be A Good Neighbor In The Community

The City of Quincy limits its snow removal efforts to roadways, city public buildings and the impeccably maintained Hancock Adams Common.

Meanwhile thousands of homeowners and businesses neglect properly clearing sidewalks for Quincy pedestrians to move safely and freely about the city. Pedestrians who do not have access to a vehicle often have to risk walking in streets because sidewalks aren't cleared for the entire length of the block.

If Quincy wants to promote itself as a walkable city it needs to step up snow removal on sidewalks especially on major roadways such as Newport Avenue, Hancock Street and Quincy Avenue. Pedestrians cannot safely walk on these streets when the sidewalks are not cleared or treated.

The city could use the snow removal equipment used at Hancock-Adams Common to clear the sidewalks for citizens trying to travel on foot in sections of Quincy not cleared of snow and ice on sidewalks.

I recall during the Wollaston Station shutdown during snowy weather the contractor used a mini snow plow to clear the Hancock Street sidewalks between North Quincy T Station and Wollaston Station. That was a tremendous help.

Trust me, no one wants a fractured hip.

Mary Lally
Wollaston

More Quincy news:
The Quincy Sun.com

Quincy's Yesterdays

This Week
1988
36 Years Ago

Storm Wipes Out Snow Funds

The city has exceeded its snow budget by $17,868 so far this winter season but is allowed under state law to spend additional funds without first seeking appropriations from the City Council, Mayor Francis McCauley said.

"We will either charge the difference to next year's tax rate or take the money from any surplus that is available at the end of the year," McCauley said.

The city had budgeted $300,000 for snow removal this year. So far four storms this season has cost a total of $317,869.94. That breaks down to $67,161.10 for payroll and $250,707.84 for hired contractors and equipment maintenance, the mayor said.

McCauley noted the difficulty in estimating how much money should be appropriated in the yearly budget for snow removal.

"We haven't had severe winters since the Blizzard of '78. The $300,000 amount is usually in the ball park," the mayor added.

McGRUFF JOINS QUINCY POLICE

McGruff, the Crime Fighting Dog, has become a permanent member of the Quincy Police Department.

McGruff will work with Officer Bob Hanna in the department's Crime Prevention Unit, according to Chief Francis Finn. The program is under the direction of Capt. Fred Laracy.

Among his many duties, McGruff will present a three-part Crime Prevention Program to elementary school children. The program focuses three topics: warning children about drugs, personal property (youngsters can't rake what isn't theirs) and a guide to personal safety.

QUINCYISMS

Brian Buckley of Sims Road, Wollaston, has been appointed assistant executive director of the Park, Forestry and Cemetery Department by Mayor McCauley. . . The mayor appointed **John F. Keenan** of Lincoln Avenue, Wollaston to the Commission on Handicapped Affairs and **Kendall H. Kiley** of Wallace Road, Quincy, to the Council on Aging Board. . . **Richard Noonan** donated $10,000 to Quincy Junior College to establish a college scholarship in memory of his father, **Herbert T. Noonan**. The income from the gift was to provide a scholarship annually to a student returning for his or her second year who displays human concern and has worked to enhance community life for all. . . . Mayor McCauley appointed **Thomas P. Koch** of Newbury Avenue, North Quincy, as director of the Council on Aging effective Feb. 8. . . . Quincy Sun staff reporter **Robert Bosworth** returned to his alma mater, the University of New Hampshire, to cover a Democratic Presidential Debate in Durham. Debate participants were **former Arizona Gov. Bruce Babbitt, Tennessee Sen. Albert Gore, Illinois Sen. Paul Simon, Missouri Rep. Richard Gephardt, Rev. Jesse Jackson, former Colorado Sen. Gary Hart** and (eventual nominee) **Massachusetts Gov. Michael Dukakis**. The two-hour debate held three weeks before the first-in-the-nation New Hampshire primary was moderated by **John Chancellor** of NBC News. . . **Eleanor Reidy** was elected president of the Quincy Chapter of the American Association of Retired Persons. . . **Former Ward 3 Councillor John Lydon** presented a $5,000 general purpose donation to **Peter Eleey**, chairman of the Quincy Junior College . . . **John H. McDuff, Jr.,** was re-elected president of the Quincy Animal League for 1988 at the organization's annual meeting. . . Westminster Dodge, Morrissey Boulevard, advertised a 1988 seven-passenger Dodge Caravan for $12,150 delivered. . . **William F. Henderson**, director of Community Relations-Development at Quincy City Hospital since 1981, was hired as the director of the Carney Hospital Foundation. . . **Ted Stevenson**, leading scorer in the Suburban League and of the area's top three-point shooters, led the North Quincy boys' basketball team to wins over Quincy and Waltham. He scored 20 points in the Raiders' 75-55 win over the Presidents and 14 in North's 58-48 victory over Waltham . . . Senior **Lynne Maloney** of Quincy was awarded a letter as a member of the women's tennis team at Tufts University. . . The comedy "Trains, Planes and Automobiles" starring **Steve Martin** and **John Candy** and "Nuts" with **Barbra Streisand** were playing at the Wollaston Theater, 14 Beale St. Admission $2.50, Monday and Tuesday Dollar night. . . "Roxanne" with **Steve Martin** and **Darryl Hannah** was the number one video rental at Dean's Video Express in North Quincy. . . . **Cpl. Edward A. Grabowski**, a fire team leader with the 9th Infantry, Fort Wainwright, Alaska, completed a U.S. Army primary leadership course. . . **Joshua T. Goodman**, son of **Dr. and Mrs. Harold F. Goodman** of Quincy, was granted early admission to Harvard.

Council On Aging February Activities At Kennedy Center

By MARIE FERENT
Assistant Director
Quincy Elder Services

The Quincy Council on Aging announces the following events are scheduled during the month of February.

The COA is located at the Kennedy Center, 440 East Squantum St., North Quincy.

Book Club
Thursday, Feb. 1st at 1:30 P.M.

The book club meets the first Thursday of every month at 1:30 p.m. The selection for Feb. 1 is "Becoming Mrs. Lewis: The Improbable Love Story of Joy Davidson and C. S. Lewis" by Patti Henry. The book for the March 7th meeting is "The Boys in the Boat" by Daniel James Brown.

Computer Classes with Grace Buscher

Tuesday Classes 1 - 2:30 P.M.
Individual Appointments Wednesday
by appointment from 1:00-3:30 P.M.
Individual Appointment times on
Thursday by appointment 9:00 A.M. - 11:30 A.M.
Please Call 617-376-1506 to register.
Tuesday, Feb. 6th - iPhone/iPad class
Wednesday, Feb. 7th - Individual Appointments
Thursday, Feb. 8th - Individual Appointments
Tuesday, Feb. 13th - Chromebook Class
Wednesday, Feb. 14th - Individual Appointments
Thursday, Feb. 15th - Individual Appointments
Tuesday, Feb. 20th - Email Handling
Wednesday, Feb. 21st - Individual Appointments
Thursday, Feb. 22nd - Individual Appointments
Tuesday, Feb. 27th - Uber and Car Rides
Wednesday, Feb. 28th - Individual Appointments
Thursday, Feb. 29th - Individual Appointments

Nails to You Manicures
Friday, Feb. 2nd and Friday, Feb. 16th

Join us for a manicure event at the Kennedy Center. Manicures will be $20 payable to Nails to You on the day of the event. Nails to You will now be at the Kennedy Center twice a month for manicure appointments. LeeAnn will now be offering Dazzle Dry which is a healthy alternative to gel. It is long lasting, vegan, healthy and completely dry in 5 minutes. Dazzle Dry Manicures will now be $25 and regular Manicures will increase to $20. Please call 617-376-1506 to schedule your appointment.

Scattergories
Tuesday, Feb. 6th at 12 Noon
Wednesday, Feb. 21st at 12 Noon

Come play the word game Scattergories! If you don't know how to play, it is quick to pick up and easy to learn. Have some fun exercising your brain and make some new friends. No registration required.

Benefits Specialist
Wednesday, Feb. 7th
and Thursday, Feb. 22nd

Benefits Support Specialist Nadia Montrond from South Shore Elder Services will be at the Kennedy Center to assist members with the following services: SNAP application, Senior MassHealth Application or renewal, MassHealth questions/concerns and Community Home Care Services/ Resources for seniors. Appointments are required. Appointments will be 30 minutes long. Please call 617-376-1506 to make an appointment.

Men's Discussion
Thursday, Feb. 8th at 10:00 A.M.

Men's Discussion Group meets the second Thursday of each month at 10 a.m.

Women's Discussion
Thursday, Feb. 8th at 1:30 P.M.

Women's Discussion Group meets the second Thursday of each month at 1:30 p.m.

Valentine's Party
Friday, Feb. 9th at 12:30 P.M.

It's Valentine's Day, love and friendships are in the air! Let's celebrate this sweet day! Join us for a luncheon and enjoy music from the Magic Moments. Tickets are $10 PP and can be purchased at the Kennedy Center. Payment is due at time of registration. Space is limited.

Bingo
Monday, Feb. 12th at 1;00 P.M.

Join the Quincy Rotary Club/Friends of The Kennedy Center for an afternoon of Bingo and a chance to win prizes! Registration is required. Please call 617-376-1506 to register.

Acrylics
Tuesday, Feb. 13th at 1:00 P.M.

Join acrylics teacher Karen Kelley for an acrylics class. No painting experience required. Cost is $20 and includes all supplies. Payment is due at time of registration.

Fabulous Florals Class
Thursday, Feb. 15th at 10:30 A.M.
OR Thursday, Feb. 29th at 10:30 A.M.

Come join Brookdale Quincy Bay at the Kennedy Center for a floral arranging class. All supplies provided. Only one class per person, space is extremely limited. Please call 617-376-1506 to register.

Monthly Bereavement Support Group
Thursday, Feb. 15th at 1:00 P.M.

All are welcome. This is a monthly group which provides a space of sharing and support for those who are grieving the loss of a loved one. Sponsored by Hamel Lydon Chapel Cremation Service of Massachusetts.

Gather Health Bingo
Friday, Feb. 16th at 1:00 P.M.

Come join us for bingo and prizes. Space is limited and registration is required Please call 617-376-1506 to register.

Secrets From an Interior Decorator
Friday, Feb. 16th at 10:00 A.M.

Many of you may know Barbara Graceffa, aka Secretary of the Interior, from the decorating advice column she writes in The Quincy Sun. She has written her first book and wants to share some secrets with you that she hasn't heard outside of decorating school. She'll also address universal design for aging and disabled residents, outdated decorating rules, tried-and-true formulas, when to shop for sales, and much more. Space is limited. Registration is required. Please call 617-376-1506 to reserve your spot.

St. Patrick's Day Rainbow Wreath Class
Tuesday, Feb. 20th at 1:00 P.M.

Join Erika from Alliance Health at Marina Bay for a rainbow wreath making class. All supplies provided. Space is limited and registration is required. Please call 617-376-1506 to register.

Rock Painting Thursday, Feb. 22nd at 2:00 P.M.

Come join us in the Art room and paint a rock with your own unique design! Paint supplies provided. Registration is required. Please call 617-376-1506 to register.

Trivia
Friday, Feb. 23rd at 11:00 A.M.

Come play trivia and test your knowledge! Have some fun with friends and a chance to win a prize! No registration is required.

Quincy's Memory Café Hosted by
Standish Village at the Kennedy Center
Monday, Feb. 26th at 12 Noon

Brought to you by Julie Williamson, Director of Communications for Standish Village Assisted Living & Compass Memory Support, Quincy's Memory Café welcomes those living with memory loss or dementia and their care partners, family and friends. While Memory Café is open to anyone in the community, any guest who requires a personal care attendant must have a caregiver present. Please call 617-376- 1243 to register for the café or with any questions.

Alzheimer's Support Group
Wednesday, Feb. 28th at 1:00 P.M.

The Alzheimer's Support group meets on the 4th Wednesday of the month at 1:00 P.M. For more information about the group, please call Marge Donaher at 617-376-1243.

Trips available for sign up beginning Feb. 1st

Newport Playhouse and Cabaret
Thursday, April 11th

The Newport Playhouse and Cabaret Restaurant is a family run business that has been a favorite of locals and tourists since they first opened. We have reserved seating in the intimate theater to enjoy the show "The Ladies Foursome." A comedic and heartwarming story of friendship. 3 women gather for a round of golf in honor of their recently departed friend's funeral. At the golf course they are joined by another woman whom they had never met. The 4 women harbor secrets that surface as they proceed from one tee to the next over the course of 18 holes. The confessions are revealed through the humorous interactions between the 4 as they discuss love, sex, children and everything in between. The show is a fun filled romp from beginning to end. Before the performance, we will enjoy a great buffet that does not skimp on quality or selection. After the performance, we head back to the dining room for a delightful Cabaret where the company members continue to entertain us with songs and laughter.

Cost is $123 per person includes all tax and gratuities. Checks only payable to Landmark Tours. Must be a Kennedy Center member. Bus will leave from Squantum Point park at 9:30 a.m. and return at approximately 5:30 p.m.

❑

Join us on this special overnight trip to the Green Mountain State to experience "A Few of Our Favorite Things" and learn about the von Trapp Family and the Trapp Family Lodge!

April 24th - April 25th, 2024

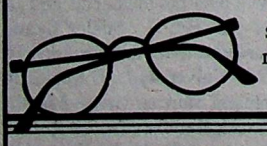
On this fantastic Overnight trip, you'll start your adventure off at King Arthur's Baker Store, where you can shop and/or grab something to eat. Next, you're off to the Trapp Family Lodge for a Family History Tour and The Real Maria Documentary. Afternoon Tea and Cookies are served before you check into this iconic Lodge. Enjoy a delectable 3 Course Plated Gourmet Dinner before your unforgettable performance by Elisabeth von Trapp! In the morning you'll have a delicious Buffet Breakfast before departing for your tour of the Ben & Jerry's Factory which includes a sample of ice cream to try. Then it's onto the Cold Hollow Cider Mill for Vermont made products including mouth-watering Cider Donuts! You'll also have a chance to grab some lunch at their Café. Your last attraction is the Rock of Ages in Barre, where you will have a guided tour, visit the gift shop and get to take a look at the incredible work they do from their observation deck.

Trip includes transportation, 1 night's lodging at the Trapp Family Lodge, Afternoon tea, Trapp Family History Tour and talk with a Von Trapp Family member, 1 plated gourmet dinner, 1 buffet breakfast, visits and tours of Ben and Jerry's, Cold Hollow Cider Mill, and Rock of Ages Quarry and Visitor's Center, visit to King Arthur's Baker Store, dining room taxes and gratuities, and performance by Elisabeth Von Trapp.

Cost is $509 per person for a double, $629 per person for a single. Insurance is available for $25 per person. Checks made payable to Royal Tours. Payment is due at time of registration and must be a Kennedy Center member to attend. This is a shared trip with another COA, so space is limited!

Brendan Cavin On Dean's List At Cedarville University

Brendan Cavin of Quincy has been named to the Dean's List for the fall semester at Cedarville University in Ohio.

See Your Future Clearly!

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February Children's Events, Activities At Crane Library

By JULIE RINES
Children's Coordinator
Thomas Crane Public Library

The following events and activities for children are scheduled during the month of February at the Thomas Crane Public Library.

Winter Reading Challenge
Join us for our winter reading challenge!

Participants aged 5-13 are invited to join our read-and-bead program, tracking every 15 minutes of reading with a bead of their choice, to create a brag tag full to celebrate their winter of reading. The more you read, the fancier beads you can earn and trade up to, building up to the coveted 24-hour winter charm!

Participants aged 0-5 will earn special winter-themed stickers for every 15 minutes of reading. These can be added to their very own set of mitten reading challenge cards!

Everyone will receive a special reading chart of winter characters to track their reading. If you're doing the reading or being read to, all reading counts! Come into any of the Quincy library locations to sign up and come back to get reading signed off and collect beads or stickers!

How many can you collect by Feb. 29?

This program is for children from birth to age 13 and their families.

Music and Movement with Miss Rubi ages 0-2

We invite our youngest patrons ages 0-2 to join Miss Rubi from 10:30 – 11 a. m. on Saturday, Feb. 3rd for a Music and Movement program especially designed for them. These sessions will feature baby bounces, tickles, wiggles, finger plays and nursery rhymes with parent participation.

This programs are especially for children ages 0-2 accompanied by an adult.

Music and Movement with Miss Rubi ages 3-6

We invite Miss Rubi's fans ages 3-6 to join us on Saturday, Feb. 3rd from 11:15 – 11:45 a.m. for a Music and Movement program full of large scale movements, rhythm clapping, finger plays and nursery rhymes including early literacy and music activities. Parent participation highly encouraged.

So put on your favorite dancing shoes and join us for this lively mix of music and movement. Please bring a stuffie along with you to join the fun.

These programs are especially for children ages 3-6 accompanied by an adult.

Read for World Read Aloud Day

Celebrate World Read-Aloud Day, Feb. 7th, with us by dropping in to any library location from 1:30- 3:30 p.m. and enjoying a book. Read by yourself, read a book from our collection out loud, or listen to a book read by a librarian. We welcome kids of all ages to join us for these two hours of celebrating reading and listening!

Pajama Storytime for ages 1-5

Join us on Wednesday, February 7th at 6:30 pm for our monthly family pajama storytime for the whole family. This program is especially for children ages 1-5 accompanied by an adult.

Preschool Discovery- Magnets for ages 3-5

Join us for Preschool Discovery a hands on parent and child science program that meets once a month at each library location. Activities, experiments and instructions will be provided for science you can do with your child.

This month come in and play with magnets: Make magnets float above each other, chase each other around, use them to go fishing and more!

The program will be at the Wollaston Library on Thursday, February 8th from 3 to 4 p.m., the North Quincy Library on Saturday, Feb. 17th from 10 to 11 a.m., the Adams Shore Library on Wednesday, Feb. 21st from 3 to 4 p.m. and the in the Main Library Children's Room on Saturday, Feb. 24th from 10 to 11 a.m.

Night Owls Book Club for Grades 3 and 4

We invite children in grades 3 and 4 to join us to discuss a chapter book or graphic novel on the second Thursday of each month at 7 p.m. We'll vote for upcoming titles at the end of each meeting.

On Thursday, Feb. 8th we'll get together discuss to discuss "Knights vs Dinosaurs" by Matt Phelan.

Let me tell you a secret about the Knights of the Round Table: they don't have much to do. The realm is at peace and dragons are few and far between. So Merlin decides to send the knights out on a real adventure to a world filled with the most terrible lizards of all: DINOSAURS!

Copies of the book are available to check out at the Main Library, as an ebook through Libby.

Homeschool Hangout for ages 5-13

Join us on the second Friday of each month for a homeschool program for kids and caregivers, covering topics from STEM to art and beyond!

Join us on Friday, Feb. 9th at 10 a.m. for Mock Caldecott Awards, Homeschool Hangout Edition!

Every year the American Library Association gives a Caldecott award for the illustrator of the best picture book published in the previous year. This month we'll be doing our own picture book award competition! Come ready to learn about what makes a good picture book and to vote on your favorite. Supplies will also be provided for creating a picture book of your own!

Double Booked Book Club

A book club for parents/guardians and their 3-5th grader. You can read the book together or separately and join us to discuss what you read on the second Saturday of each month.

On Saturday, Feb. 10th at 10 a.m. we will be meeting to discuss" Where the Mountain Meets the Moon" by Grace Lin.

Minli an adventurous girl from a poor village, buys a magical goldfish, and then joins a dragon who cannot fly on a quest to find the Old Man of the Moon in hopes of bringing life to Fruitless Mountain and freshness to Jade River.

Copies of the book are available for pick up in the Children's Room or as an audiobook and ebook through Libby.

Lion Dances for Lunar New Year

Join us on Saturday, Feb. 10th at 11 a.m. at the North Quincy Library or at 11:30 a.m. at the Main Library as students from the Hung Gar Kung Fu and Lion Dance Academy perform a lion dance throughout the library to welcome in the Year of the Dragon. After the dance, stay and make a Lunar New Year craft with us!

This event is open to all ages.

Sponsored by the Friends of the Thomas Crane Public Library.

PJ Storytime at North Quincy for Ages 1-5

Join us at the North Quincy Branch on Tuesday, Feb. 13th at 6:30 p.m. for an evening pajama storytime for the whole family! Children ages 1-5 will particularly enjoy this storytime, as we'll sing songs, read books, recite rhymes, and more!

Panels and Pages Graphic Novel
Book Club for grades 5-7

Children in grades 5-7 are invited to join us on the 2nd Tuesday of each month at 7 p.m. for our Grades 5-7 Graphic Novel book club. Each month we will discuss a different graphic novel.

On Tuesday, Feb. 13th we'll be discussing "Donner Dinner Party" by Nathan Hale

Copies of the book are available to check out in the Children's Room and as an ebook on Hoopla and Libby.

Puppy Pages @ Adams Shore Ages 6-8

On Wednesday, Feb. 14th from 1 -2 p.m. meet Elliot the therapy dog at the Adams Shore Library and spend some time practicing your reading with him.

Young readers ages 6-8 are invited to spend 10 minutes reading aloud to Elliot.

Reading takes practice and reading aloud with a patient and non-judgmental canine friend is a great way for young readers to practice and become more confident.

Registration is not required. 10 minute timeslots with Elliot will be assigned on a first come first served basis.

Elliot and his owner Michelle are volunteers trained by Dog B.O.N.E.S. therapy dogs of Massachusetts.

Review Crew for Grades 5-7

Join us on the third Thursday of each month and be a part of the Review Crew.

On Thursday, Feb. 15th at 7 p.m., this month's theme is "hot takes," so bring a book, movie, or video game that you have an unusual opinion about!

Chinese Dulcimer and Drums
Demonstration for All Ages

Join us on Saturday, Feb. 17th at 10 a.m. as we celebrate Lunar New Year with Shirley Wong as she presents a demonstration of two special Chinese instruments. The yangqin, a hammered dulcimer and tanggu drums. After we are introduced to the instruments there will be time for everyone to try out the instruments for themselves.

Children's Movie @ Adams Shore– Frozen

Join us at the Adams Shore Library on Tuesday, Feb. 20th at 10 a.m. as we watch Frozen and sing along with Elsa, Anna, Olaf and friends! We'll provide the lyrics if you provide your enthusiastic singing!

All ages are welcome.

Rated PG Runtime 108 minutes

Dungeons and Dragons for ages 10-15

New and experienced players are invited to join us in person at 7 p.m. on Tuesday, Feb. 20th for this introduction to D&D 5th edition game play. Take on the role of a fantasy hero in this Dungeons & Dragons game. We will meet for an hour and a half to play this campaign. Please note: There is no wait list for this program, but we will be running more campaigns in the coming months.

Registration is required for this program. Register through our online calendar. This program is for ages 10-15.

This program will take place in the Main Library Children's Room. Character sheets will be provided.

Super Awesome Hangout Club for Grades 3-5

Calling all 3rd, 4th & 5th graders! Come hang out with old friends and make some new ones! Come hangout with us on the third Wednesday of each month in the Children's blue program room.

Join us at our hangout on Wednesday, Feb. 21st at 2:30 p.m. as we make different styles of bookmarks. Make some to keep for yourself and some to leave here at the library for others to pick up. How many can you make during our meeting?

No registration required.

ExPLORE @Wollaston for Grades 4-6

ExPLORE (Experiment, Play, Learn, Observe, Read, Examine) is a series of monthly hands-on science workshops for children in grades 4-6, covering a wide variety of topics.

Meeting at the Wollaston Branch Library on the third Wednesday of each month from 7 to 8 p.m. each workshop has a short portion of instruction and then exploration and experimentation. Topics range from forensic science to bubbles and parents/caregivers are welcome to participate as well alongside their children.

Join us at the Wollaston Library on Wednesday. Feb. 21st at 7 p.m. for Robotics. Explore basic programming concepts with robotics. We'll try to make our robots solve a maze and do other basic tasks.

Storytime with Leigh and her Puppet Pals far ages 3+

Join us on Thursday, Feb. 22nd at 10a.m. to see a captivating puppet show with the talented Leigh Baltzer!

Join the Office of Healthy Homes on an exciting journey to learn about the hazards of Lead Paint with Newton and his friends! With the help of enchanting puppets and engaging storytelling, this will be a show you don't want to miss!

Sponsored by the Office of Healthy Homes.

Writing Center for ages 18 Months and Older

Stop by the Children's Room from 2:30 to 4 p.m. on Thursday, Feb. 22nd and check out the Writing Center.

Parents are encouraged to work with their children in tracing letters and shapes and playing games to practice prewriting and early writing skills.

Various activities will be available suitable for children ages 18 months to school age.

Toy Time for ages 9 to 23 months

Come to the library for a free playtime session with your baby, ages 9- 23 months full of age appropriate toys and activities plus socializing with other children and caregivers.

A fun time for all and a chance to practice large and small muscle development. This program will meet in the large meeting room from 10 to 11 a.m. on Friday, Feb. 23rd.

This program is for children ages 9 – 23 months accompanied by an adult. Space is limited and the doors will be closed when the room is full.

Tween Crafternoon Grades 5-8

Tween Crafternoon is a monthly craft program just for grades 5-8. Join us at 1 p.m. on the fourth Wednesday of each month to try your hand at a different project.

On Wednesday, Feb. 28th at 1 p.m.join us to make DIY bath bombs!

Page Turners Graphic Novel Book Club for Grades 3-5

Children in grades 3-5 are invited to join us on the 4th Wednesday of each month at 6:30 p.m. for our Page Turners graphic novel book club. Each month we will discuss a different graphic novel and make our own.

On Wednesday, Feb. 28th we'll get together to discuss Twins by Varian Johnson.

Maureen and Francine Carter are twins and best friends. They participate in the same clubs, enjoy the same foods, and are partners on all their school projects. But what happens when they start to like different things?

Copies of the books are available for pick up in the main library children's room and as an audiobook or ebook on Libby.

Winter Program Series Schedules

The following drop in Winter storytimes began Monday, Jan. 29th:

ABC Storytime @North Quincy for ages 3-5
Mondays 1/29, 2/5, 2/12, 2/26 and 3/4 at 10 a.m.

StoryLab – Life Sciences @Wollaston ages 4-8
Mondays 1/29, 2/5, 2/12, 2/26 and 3/4 at 3 p.m.

Toddler Storytime @Adams Shore for ages 2-3
Tuesdays 1/30, 2/6, 2/13, 2/27 and 3/5 at 10 a.m.

Singing Storytime for ages 2-5
Wednesdays 1/31, 2/7, 2/14, 2/28 and 3/6 at 10 a.m.

Rock-a-bye Baby Storytime for ages 4-11 months
Thursdays 2/1, 2/8, 2/15, 2/29 and 3/7 at 9:30 am

All programs sponsored and supported by the Friends of the Thomas Crane Public Library.

WHAT'S COOKING with *Marie & Suzie*

By MARIE D'OLIMPIO and SUZIE FALCO

Stuffed Chicken Thighs With Bacon

By MARIE

My niece, Jean, found this recipe for stuffed chicken thighs with bacon on the internet and it sounded both quick and easy to make.

Chicken is always a nice hearty meal, especially at this time of year. You can serve this dish with any favorite side such as mashed potatoes, a favorite rice, or any salad or vegetables that you enjoy!!

Preheat oven to 425 degrees; Grease a 9 x 13-inch pan

Ingredients and Directions

6-8 boneless chicken thighs
12-16 slices bacon
1 small package of stove top stuffing (Or your own homemade or favorite stuffing)

Directions:

Lay out each chicken thigh and place stuffing in the center (approximately 2 tablespoons per thigh. If chicken thighs are bigger, add a little more stuffing.

Once stuffing is in place, fold each chicken thigh closed around the stuffing and secure with a toothpick.

Wrap each thigh with 2 slices of bacon and secure with a toothpick.

Place seam side down in a 9x13 baking pan (or size to hold all the chicken thighs).

Bake for 35 minutes until tops are golden brown.

Remove from oven when done and be sure to remove all toothpicks before placing on a serving platter.

Sweet Potato Skins

By SUSIE

Here is a great recipe for that big game coming up on Sunday later this month (or even for those not-so-big games).

It is a healthy twist on your usual potato skin recipe or the ones you get while dining out. This one utilizes sweet potatoes and healthier toppings.

You can substitute full fat Greek yogurt if you are really missing that sour cream. I like doing that as well as adding some cooked and chopped organic turkey bacon, cooked nice and crisp. You wont be missing out on anything with these on your plate! Your kids will love them as well.

SWEET POTATO SKINS

- **6 medium sweet potatoes**
- **4 tablespoon extra-virgin olive oil**
- **1 cup shredded raw cheddar or your favorite raw cheese**
- **2 tablespoons grated Parmesan**
- **2 or 3 scallions, thinly sliced**
- **1/2 cup salsa verde**
- **1 avocado, pitted and cut into small pieces**
- **1 can of black beans or refried beans (OPTIONAL)**

Directions

• Position an oven rack in the top of the oven, and preheat to 350 degrees F. Put the sweet potatoes on a rimmed baking sheet, and bake until fork-tender, 40 to 50 minutes. Let cool completely. Split each in half lengthwise, and scoop out most of the flesh, leaving about a 1/4-inch border all around. (Save the scooped-out flesh for making mashed sweet potatoes later.)

• Preheat the oven to 400 degrees F. Put a rack on a rimmed baking sheet. Arrange the potato skins skin-side up on the rack, and brush with 2 tablespoons of the oil. Bake until the skins are slightly browned, 20 to 30 minutes. Let cool completely, then cut each in half crosswise.

• Arrange the pieces skin-side down on the rack, and sprinkle each with raw cheese, Parmesan and scallions. Bake until the cheese melts, 8 to 10 minutes. Remove the potato skins from the oven, and drizzle with the remaining oil. Top each with some salsa verde and avocado.

• If you would like some beans on your potatoes, simply spoon some on before you use the cheeses. Enjoy!

NQHS Team Competing On High School Quiz Show

17 Schools Square Off On GBH Beginning Feb. 3

A team of students from North Quincy High School will be among the schools competing in High School Quiz Show, GBH's academic tournament for Massachusetts high school students.

Quiz Show will premiere its 15th season on Saturday, Feb. 3. Over 16 weeks, 17 teams from across Massachusetts will go head-to-head for the chance to advance in the bracket.

"For more than a decade, High School Quiz Show has provided a consistent and exciting opportunity for local high school students to showcase their academic excellence within our community," said Susan Goldberg, GBH president and CEO. "As we kick-off the 15th season, I wish the best of luck to all of the competing teams and look forward to seeing who will be crowned High School Quiz Show State Champion!"

Joe Hanson, creator and host of PBS Digital Studios' Be Smart, will host the upcoming season, replacing long-time host Billy Costa who stepped away to focus on other professional ventures.

Hanson is a science writer, biologist, educator, and YouTube creator. He is the creator and host of Be Smart, an award-winning science education show from PBS that celebrates curiosity and the pleasure of finding things out. He received his Ph.D. from the University of Texas at Austin, and his science writing has been published by WIRED, Nautilus, Scientific American and Texas Monthly.

"I am unbelievably excited to host the 15th season of High School Quiz Show and to have the opportunity to celebrate curiosity and the pleasure of finding things out, the very premise of Be Smart, within a new format and community," said Hanson. "I was the captain of my junior high academic team and feel as though life has come full circle. I look forward to getting to know this season's coaches, team members, and school communities and to an exciting competition amidst so many others who know that it's okay to be smart!"

Each week, teams of four students representing schools from across the Commonwealth will compete in categories including math, history, science, literature, civics and current events. At the culmination of the competition on May 18, the top-scoring team will be named Season 15 High School Quiz Show state champions.

Season 14 State Champion, Buckingham Browne & Nichols School will return to the competition after an impressive win last year against Mansfield High School. Several previous champions are also competing to reclaim their titles including Acton-Boxborough Regional High School (season 5), Andover High School (season 9), Lexington High School (seasons 7 and 8), and North Quincy High School (seasons 4 and 13).

Four schools will be making their High School Quiz Show debuts including Boston College High School, Maynard High School, Roxbury Latin School and Saint John's High School.

The season premieres with a Wild Card match between Maynard High School and Saint John's High School, airing Saturday, Feb. 3 at 6 p.m. on GBH 2 and the High School Quiz Show YouTube channel.

"We are thrilled to be celebrating our 15th Season of High School Quiz Show and could not be more grateful to Billy Costa for his tremendous contribution to the success and longevity of the series," said High School Quiz Show co-creator and Executive Producer Hillary Wells.

The 17 teams competing in Season 15 of High School Quiz Show are:

Acton-Boxborough Regional High School, Acton; Andover High School, Boston College High School, Dorchester; Buckingham Browne & Nichols School, Cambridge; Commonwealth School, Boston; Hopkinton High School, Lexington High School, Littleton High School, Mansfield High School, Maynard High School, North Quincy High School, Phillips Academy, Andover; Roxbury Latin School, West Roxbury; Saint John's High School, Shrewsbury; Somerville High School, South High Community School, Worcester and Weston High School.

Get A Jump Start On Managing Plant Pests This Winter

By MELINDA MYERS

Just like us, insects spend their winters in different locations. Unlike us, they spend their winters in different stages of development. Some may overwinter as adults, others in their immature stage as grubs, caterpillars, or nymphs, while others will be in the pupal stage like a chrysalis or cocoon. Understanding their lifecycle and location can help us support beneficial insects while managing problem insect pests.

Invite beneficial insects like lady beetles, parasitic wasps, and predatory mites to your landscape to help manage populations of plant-damaging pests. Add a birdbath to encourage insect-eating songbirds into your gardens. Most songbirds eat insects or feed them to their young while adding color, movement, and entertainment to your garden.

THIS LILAC is infested with scale insects that form a grayish to dark brown protective covering called a test that resembles an oyster or mussel shell. It is an insect pest of more than 130 species of plants.

Photo Courtesy MelindaMyers.com

Keeping your plants healthy with proper care is the first and an important step in any pest management strategy. Healthy plants are better able to tolerate pest attacks and are more likely to recover from the damage.

Despite your best efforts, insect pests may attack and damage your plants. Birds and predaceous insects often manage small populations but there may be times you decide to intercede. Winter is a great time to monitor and, in many cases, manage plant-damaging insects.

Scale insects can be one of these and come in a variety of colors and shapes, but all grow and reproduce under a waxy covering. This covering protects them from predators, desiccation, and pesticides. Depending on the scale species they may overwinter as an immature scale, fertilized female, or eggs under the protective covering.

Treating plant damaging scale in late winter or early spring is one way to jump-start control of this pest while having minimal or no impact on beneficial insects that will help manage this pest. Take some time now to check plants for problem pests like the invasive oystershell scale.

This insect is not native to North America and is a pest of more than 130 species of plants including poplars, ash, beech, maple, willows, dogwood, cotoneaster, and lilacs. Adult scale insects form a grayish to dark brown protective covering called a test that resembles an oyster or mussel shell. In the fall the mated female lays 20 to 100 eggs inside the test, dies and the eggs remain there throughout the winter.

Removing heavily infected twigs and branches is an option when the scale population is contained in a small portion of the plant. You can also gently scrape the scale off branches and stems with a plastic dish scrubber. Be careful not to damage thin-barked plants.

Another option is to apply organic lightweight horticulture oil like Summit Year-Roundâ Spray Oil when plants are dormant. The temperatures must be 40 degrees or higher when treating. As always, read and follow label directions for effective and safe control. Since the eggs are so well protected, a second application of the horticulture oil can increase success. Make a second application, if needed, when the eggs hatch and the immature insects known as crawlers emerge in spring after the buds have burst.

As you survey your landscape this winter, pay special attention to stressed plants and those susceptible to oystershell scale and other insect pests common in your area. Plants exposed to road dust and pesticides may also be more vulnerable as these conditions negatively impact predators and parasites that help manage plant pests.

Regularly monitoring plant health, working with nature, and strategically managing invasive pests like the oystershell scale can help improve the health, vigor, and longevity of your landscape plants.

Melinda Myers has written more than 20 gardening books, including the Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" instant video and DVD series and the nationally syndicated Melinda's Garden Moment TV & radio program.

Myers' website is www.MelindaMyers.com.

Social Security Matters

Will Withdrawing From 401(k) Affect My Social Security?

By RUSSELL GLOOR
National Social Security Advisor
at the AMAC Foundation, The Non-Profit Arm
of the Association of Mature American Citizens

Dear Rusty: My full retirement age (FRA) is 66 and 8 months, which I'll reach in September 2024. I'm still working 3 days a week. I want to cash in my 401K and want to know if I have to wait until my FRA for IRS purposes or can cash it in anytime in 2024. I don't want to affect my Social Security or end up paying taxes on my benefits. **Signed:** ***Seeking to Avoid Taxes***

Dear Seeking: We're not experts on IRS matters here at the AMAC Foundation so I can't address 401(k) questions, but we can provide information on your Social Security circumstances and how 401(k) withdrawals may affect your SS. I assume from your question that you are now receiving early Social Security and wish to avoid any tax consequences thereto by cashing in your 401(k), as well as from working. Here's what you need to know:

• Since you will reach your full retirement age (FRA) in 2024, your 2024 work earnings limit will be $59,520 up to the month you reach FRA. If you were born in January 1958, you'll attain FRA in September 2024. After you have reached your FRA there is no longer a Social Security limit to how much you can earn from working, so your work earnings thereafter will not affect your monthly Social Security benefit regardless of how much you earn. If your part time work between January and August 2024 won't put you over the $59,520 limit, your work earnings will not negatively affect your gross monthly Social Security benefit.

• Assuming you are on Medicare, the premium for which is deducted from your Social Security payment, withdrawals from your 401(k) might affect your net monthly Social Security payment in two years hence. Medicare premiums are based upon your combined income from all sources, including 50% of the SS benefits you received during the tax year. If your 401(k) withdrawal(s) put you over an income threshold for your tax filing status, you may be required to pay an "IRMAA" (Income Related Monthly Adjustment Amount) on top of the standard Medicare premium. That IRMAA supplement would be deducted from your Social Security, which would affect the net amount of your Social Security payment. Your Medicare premium for each coming year is determined by your combined income from two years prior, so if you "cash in" your 401(K) in 2024, it would affect your net Social Security payments in 2026.

• Whether you will pay income tax on your Social Security benefits is determined by your combined income from everywhere, which the IRS calls your "Modified Adjusted Gross Income" or "MAGI." MAGI is your income from all sources (except ROTH IRA withdrawals) and includes half of the SS benefits you received during the tax year. If you file your taxes as a single, and your MAGI is over $25,000 – or if you file your taxes as "married-jointly" and your MAGI is over $32,000 – then 50% of the Social Security benefits received during the tax year becomes part of your overall income taxed by the IRS (at your normal IRS tax rate). But if your MAGI as a single filer is more than $34,000 – or as a married/jointly filer over $44,000 – then up to 85% of the SS benefits received during the tax year becomes part of your overall income taxed by the IRS.

So, to recap:

1. Your part time work earnings in 2024 won't affect your monthly Social Security benefit, unless your 2024 work earnings prior to September 2024 exceed $59,520.

2. Depending on the amount of your 401(k) withdrawals, your 2026 net Social Security payments may be impacted by Medicare's IRMAA provision. But your 401(k) withdrawals will not affect your gross Social Security payments.

3. Depending on the amount of your 401(k) withdrawals, some of the Social Security benefits received during the 2024 tax year will likely be subject to income tax. That is, if your annual total income, including your 401(k) withdrawals, exceeds the MAGI thresholds described above.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadvisor@amacfoundation.org.

Municipal Broadband, MBTA Among Cain's Priorities

Cont'd From Page 1

cil by his peers in January. First elected in 2015, he is now in his fifth term representing Ward 3 on the City Council.

Cain discussed his priorities for the upcoming year in a recent interview, saying that, as a ward councillor, he will continue to field calls from constituents.

"I can say I'm still the same person. I'm still a ward councillor, right, so at the end of the day I'm still focused on the quality of life issues – the streets and the sidewalks – and those move pretty well. We have good relationships with the city departments. There are capital plans that are paving the streets and doing the infrastructure and roadway work, and people care about that a lot. Responsiveness to requests for tree trimmings," and other items like snow removal, Cain said.

"I think I was interested in the City Council president role to have a more proactive relationship with the mayor. It's a great opportunity to be able to sit with him on a regular, frequent basis to talk about all of the issues that are going on in the city, understand his perspective, understand his goals, and then calibrate from the council perspective how can we either work more collaboratively or try to be more effective stewards of some of the issues that my colleagues would like to see advanced.

"I see the role as largely ceremonial. We run a meeting, and I like to run a meeting pretty efficiently. From what I feel already, I feel like this is a cohesive body. I think it's me and Noel [DiBona] and Nina [Liang] who have been there for eight years together now. Dave [McCarthy] has been around for a while. Our new colleagues are no strangers to the city and sort of how it works. I'm looking forward to sort of a new level of collaboration amongst us to get things done."

Cain said he and his colleagues each have their own priorities, and his include the municipal broadband network and the MBTA.

"Now, I know there are the particular things that I care about advancing and then there's the agenda of my colleagues on the City Council. My number one is still broadband. We have been moving this for six years and we're just about heading toward the pilot phase, which is a big deal. This is a transformative project for the city of Quincy," he said.

"More personally, I think we've got a ton of congestion issues in the city and I attribute those largely to the fact, and I think this connects to housing too, is that we've got a failing public transit system. I know the mayor is very much involved in that level with the state, but I'm ready to kind of figure out how we can work to move that needle because that is a huge problem, that people cannot reliably access public transit to get where they need to go. So, they get in their cars and now we've got congestion on the roads locally, congestion on the roads on the highway, and that makes for unpleasant mobility for people. And if we're talking about things like lowering emissions in the context of climate change and we're talking about equity and giving people access to public resources, that's a huge, huge issue. So, that's something I want to be paying attention to.

"And then of course the issues of some of my colleagues. You've got Councillor Liang who's just reintroduced a couple of concepts. One is around zoning. That's an important issue that people certainly care about in the neighborhoods and residents care about. And I know she has been very consistent on focusing on a residential tax exemption. That's a big nut to crack but certainly worth the effort. I think there are places where we would have to a hard look at making some reductions in the budget and that takes fortitude, that takes some courage, if we're going to make some difficult decisions in order to reduce the tax burden."

Cain has been leading the effort to bring the fiber-optic municipal broadband network to Quincy since 2018. Last year, he announced a pilot program would be launching in parts of Merrymount and Quincy Point.

"We are currently waiting on design plans for the two pilot areas we had outlined I believe last year," Cain said in the recent interview. "So, the two pilot areas we had looked at are Merrymount and Quincy Point. We are on designs and cost figures so that we can present them to the City Council. Ideally, we would advance construction of the pilot project by the summer – in an ideal situation if we get the support we need. At the same time, the design and engineering firm that we're working with called Tilson are preparing citywide designs."

Under the model Quincy is pursuing, the city would not act as an internet service provider, or ISP, once the new fiber-optic network is installed. Instead, the city will open up the infrastructure to other ISPs, giving residents and businesses who participate in the new network the chance to pick and choose who they get internet service from. The goal is to provide residents with an alternative to Comcast, which is currently the only provider of broadband in Quincy.

"The ultimate policy position here is that internet or digital infrastructure is essential. It's now become necessary to participate in the financial and digital economy. If you don't have internet, you lose access to information, potentially searching for job, in some cases educating with young people, older people," Cain said. "So, this is creating a competitive marketplace in a town that lacks competition to offer higher quality service at a lower rate."

Plans to market the new network to potential customers are now being developed, Cain said, and will likely include a door-to-door campaign.

"We're currently designing a marketing effort," he said. "Cable was traditionally sold door-to-door, so this is going to end up being a door-to-door effort. It will be available on the QuincyFiber.com website and then there will also be a concerted marketing effort."

During the interview, Cain was asked if he would consider inviting the general manager of the MBTA or other officials to a future council meeting. Cain replied that he wants to bring in community groups to participate in meetings, and noted he previously held town hall meetings in Ward 3 so residents could meet various city department heads.

"I think there's two parts to that," Cain said. "One, I've already extended to my colleagues, we want people from the community to come in and participate in the meetings as well, and not only from an engagement perspective with the council and the issue of the day but have different community groups come in to do the pledge and to participate in that way. We're putting together a spread sheet so that people can sign people who may want to participate in those aspects.

"I think that's a great idea, what you suggest. A couple years ago I used to do town hall meetings in Ward 3, and I'd bring a department head in so that people could directly connect to departments that serve them in the city.

"Inviting the general manager of the T would be nice, but I think the general

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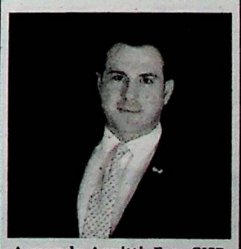

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Real Estate

Quincy Real Estate Transactions Jan. 22 - Jan. 26

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER	BUYER	AMOUNT	ADDRESS
Pt Investments LLC	Bao L. Zhan	$895,000.00	15 Dunbarton Road
Christopher D. Cogdill	Kenny W. & Li Juan Li	$700,000.00	92 North Bayfield Road
Owen J. McCosker	Kang G. & Kim J. Hyun	$1,000,000.00	17-19 Taft Street
NQ3 Development LLC	David Weng & Sandy Ruan	$690,000.00	511 Hancock Street Unit 207
City of Quincy	Commonwealth of Massachusetts	$1,800,419.00	6-10 McGrath Highway
Estate of Evelyn A. Fitzgerald	Annie Q. Chen	$420,000.00	15 Bower Road Unit E-12
Gene Silverman	Han T. Hua & Ngoc T. Le	$318,000.00	79 Holbrook Road Unit 79-2
James W. Morrissey Family Irrevocable Trust & Arlene L. Morrissey Family Irrevocable Trust	Jonathan A. Cannon	$875,000.00	7 Andrews Road
Maryanne Murphy	Jing Zheng	$690,000.00	55 Florence Street

Norfolk Registry Of Deeds Food Drive Collects 270 Pounds Of Food

Last month, with the help of community members, real estate professionals, and area businesses, the Norfolk County Registry of Deeds collected more than 280 pounds of food and household goods during its Annual Holiday Food Drive as a response to the growing need for food assistance.

"I would like to extend our deepest gratitude to the companies, community groups, families, and individuals who donated," said Norfolk County Register of Deeds William O'Donnell. "It is my pleasure to deliver these items to food pantries in Norfolk County and to help those with hardships during the winter season."

There are more than 33 food pantries in Norfolk County, and each of these organizations relies in part on food donations from the local community.

"Community donations are immensely important. They are a big help and give us a good deal of variety that we wouldn't otherwise have," said Ann Toland, co-director at the Marge Crispin Center in Braintree.

According to Project Bread, household food insecurity in Massachusetts has been fluctuating between 20 and 26 percent. Many Norfolk County food pantries have seen a significant increase in demand in the last year.

"We (Interfaith Social Services) are experiencing a 30 percent increase in the demand for food assistance, which is the highest it has been in our 53 years of operation," said Rick Doane, executive director for Interfaith Social Services in Quincy. "We would be extremely grateful for any assistance that the local community could provide."

According to the United States Bureau of Labor and Statistics, consumer prices for all items rose 3.4 percent from December 2022 to December 2023. All food prices increased 2.7 percent, with a 1.3 percent increase in prices for food at home.

"Many Norfolk County residents face both long-term and temporary hardships, including children, families, and individuals, and may be helped by a donation that you could provide," O'Donnell said.

Children are especially vulnerable to food insecurity. Recent trends indicate that food insecurity among households with children in Massachusetts is increasing, with one out of four considered food insecure.

"Hunger does not stop after the holidays," O'Donnell said. "It is a persistent issue affecting many of our neighbors. I encourage residents to consider dropping off food supplies at their local pantry. Pantries are requesting canned goods, breakfast cereals, pasta, sauces, toiletries, and paper products. Dropping off a food donation at a local pantry can make a world of difference in helping a family in need."

To see a list of Norfolk County food pantries, visit the Registry of Deeds website: https://www.norfolkdeeds.org/support/faqs/where-are-the-norfolk-county-food-pantry-locations-142.

To learn more about these and other Registry of Deeds events and initiatives, "like" us on Facebook at facebook.com/norfolkdeeds. Follow us on Twitter and Instagram at @norfolkdeeds.

The Norfolk County Registry of Deeds, located at 649 High St., Dedham, is the principal office for real property in Norfolk County. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities, and others with a need for secure, accurate, and accessible land record information.

All land record research information can be found on the Registry's website, www.norfolkdeeds.org.

Residents in need of assistance can call the Registry of Deeds Customer Service Center at (781) 461-6101 or email registerodonnell@norfolkdeeds.org.

NORFOLK COUNTY Register of Deeds William P. O'Donnell carries in food donations collected during the Registry of Deeds Annual Holiday Food Drive with the help of Ann Toland, Marge Crispin Center Co-Director and Natalie Lee, 15-year volunteer at the Marge Crispin Center in Braintree. *Courtesy Photo*

Margaret Power On GSU President's List

Margaret Power of Quincy has been named to the President's List for the fall semester at Georgia State University in Atlanta.

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Quincy Awarded Cybersecurity Awareness Training Grant

The Healey-Driscoll Administration recently announced the 2024 Municipal Cybersecurity Awareness Grant Program award recipients.

The recipients include the City of Quincy, Quincy Housing Authority and Quincy Public Schools.

Administered by the Executive Office of Technology Services and Security and its Office of Municipal and School Technology, the program will provide 78,000 employees from 227 municipalities and public school districts across Massachusetts with critical cybersecurity training to better detect and avoid cyber threats.

The 2024 Municipal Cybersecurity Awareness Grant Program is designed to support local government efforts to improve overall cyber readiness through comprehensive online end-user training, evaluation and threat simulation. Awarded communities will receive licenses for end-user training, assessment and phishing simulation procured by the Executive Office of Technology Services and Security (EOTSS).

Program participants begin their training with an initial cyber strength assessment to measure baseline cybersecurity awareness. Following the assessments, periodic assessments consisting of training modules and simulated phishing email campaigns help participants build good cyber hygiene habits to increase their awareness of deceptive techniques used by bad actors to gain unauthorized access to government systems. At the end of the program, participants complete a final cyber strength assessment to measure their progress.

"Our administration is committed to partnering with our municipalities to move forward on our shared IT and cybersecurity goals" said Go. Maura Healey. "We are thrilled to see so many cities and towns prioritize cyber readiness through the Municipal Cybersecurity Awareness Training Grant Program."

"Programs like the Municipal Cybersecurity Awareness Grant really move the needle with our municipal workforce, which is where the rubber meets the road on cybersecurity," said Lt. Gov. Kim Driscoll. "This program, provided at no cost to municipalities or employees taking the training, makes clear that cybersecurity is everyone's responsibility, whether we have IT in our job titles or not."

"In my time as the Commonwealth CIO I've had a chance to talk to municipal officials from all over the state." said Secretary of Technology Services and Security Jason Snyder. "In every discussion, cybersecurity comes up as a top priority. EOTSS is proud to advance the Healey-Driscoll Administration's priority of supporting municipal cybersecurity readiness. We work best in Massachusetts when state and municipal organizations work together, and this grant program exemplifies this commitment."

The Commonwealth offers the training program free to municipal organizations, who are further supported with quarterly threat briefings and weekly newsletters with cybersecurity best practices and program updates provided by the EOTSS Office of Municipal and School Technology. Municipal information technology officials also receive monthly summary progress reports that detail the number of employees who inadvertently clicked on malicious links contained in the simulated phishing emails, offering important visibility on the threat landscape.

In addition to the Municipal Cybersecurity Awareness Grant Program, The Healey-Driscoll Administration offers a number of other programs to further support municipal officials in their cybersecurity and information technology modernization efforts, including a Free Cybersecurity Health Check Program, the Community Compact IT Grant Program, and the Community Compact Municipal Fiber Grant Program.

For more on the Municipal Cybersecurity Awareness Grant Program, visit: https://www.mass.gov/municipal-cybersecurity-awareness-grant-program.

For more information on the full list of municipal cybersecurity and IT program offerings from the Executive Office of Technology Services and Security's Office of Municipal and School Technology, visit: https://www.mass.gov/info-details/all-office-of-municipal-and-school-technology-omst-programs.

Jordan Della Barba On U. Of Alabama Dean's List

Jordan Della Barba of Quincy has been named to Dean's List for the fall semester at the University of Alabama in Tuscaloosa, AL.

Quincy College is proud to participate in

MassReconnect

The state's new **MassReconnect scholarship** program supports residents age 25 and older seeking Associate's degrees and certificates. It's aimed at Massachusetts residents who have a high school diploma or equivalent but no higher education credential, empowering them to **acquire education and training necessary for in-demand jobs** in fields including health care, education and biotechnology. The program funds tuition and fees, and students would receive assistance to pay for books and supplies.

Whether you're considering college for the first time or want to return to earn a degree or certificate, **there's never been a better time to enroll at Quincy College!**

Learn more, contact:

Admissions
admissions@quincycollege.edu
(617) 984-1710

QUINCY COLLEGE

Municipal Broadband, MBTA Among Cain's Priorities

Cont'd From Page 9

manager of the T has a job and that's making sure that the T operates. It's the legislature and the executive of the state that are more responsible for the entire I guess rehabilitation of the system, because that's a huge capital requirement."

This past September, some residents of Quincy and other nearby communities were sent a poll asking if they would vote for Cain or incumbent Stephen Lynch in a Democratic primary for the Eighth District's seat in Congress. In the recent interview, Cain said he was not behind that poll and currently not enrolled in any political party.

"It wasn't something I was behind. I got calls from family and friends about that one, which was funny. It was funny to see the snapshots of the thing and see my name on that thing. My name was spelled wrong, first of all, and we didn't do it," Cain said.

"I worked for Stephen Lynch 20 something odd years ago when he was in the state Senate and when he was first elected to Congress. It was interesting to have my name put next to his for that role, but I have no intentions and I'm also not a Democrat…I am currently unenrolled and if I did run for anything I would probably run as a Republican. That's not even a scenario to primary him."

Asked about future aspirations, Cain said he wants to finish the work has already begun.

"I'm here right now. I'm taking it as it comes," he said. "Probably for a long time in my life when I was younger, I used to plot out the course. Chasing a phantom that you do or do not know exists is a very exhausting thing, so I'm enjoying what I'm doing right now. The City Council president role, I think, will be fun, and let's get this broadband thing up and running. I want to finish the stuff that I started before I start thinking about running for something else."

In response to a follow up question, Cain said he had thought about other opportunities but is focused on his current work.

"It's circumstantial. It's opportunistic," he said. "I like the local level. I started Qubic. Qubic is doing well. We're thinking about the next five to ten years of growth there and how we can continue to complement the residential or the real estate growth with commercial and startup activity. I have these paths going and I like where I am right now. I would be lying if I said I didn't think about these things, but realistically I'm not going for any of them right now."

Qubic Labs is the nonprofit that Cain co-founded in 2019 with the goal of bringing startups to the Quincy area.

"Qubic is a startup and innovation hub. We started in 2019 with the idea of spreading entrepreneurship and innovation south of Boston. Where there's a lot of activity going on in Cambridge and Somerville and that whole area, we wanted to see some of the economic development activity by way of real estate sort of complemented with sort of startup and innovation," Cain said.

"Over the past four years, we've supported 35 or so businesses plus, which have led to the creation of probably about 150 jobs. We're a 501(c)(3) tax-exempt nonprofit, and so our mission is economic development, the creation of jobs for the purposes of economic growth in this area. We've fulfilled on that mission so far.

"We've broadly been focused on supporting founders who are creating businesses around financial and government technologies. And within sort of that space we've found an opportunity to support a nascent, emerging technology called blockchain. We are looking at blockchain as an enabling technology for existing industries like finance, like government, parts of supply chain, parts of health care, and how can we enable those industries to be more efficient and innovative with blockchain.

"I'm just putting together numbers now in an impact study and, in financial and in-kind contributions to the non-profit, we've raised almost $7 million toward that effort. As I said, right now we're focused on the next five to ten years of growth, but we've done that by building an ecosystem of these startups through our growth program. We've got an R&D program that we run in collaboration with Massachusetts Technology Collaborative, which has supported us with a $2 million grant that we were awarded in 2022. We support community and ecosystem. For the past two years, we've hosted an event called Boston Blockchain Week in Quincy Center right in Kilroy Square, which has brought in a few hundred people each year from around the world to come and talk on their various components of the space they're involved in.

"We are really focused on trying to make Quincy a destination for innovation, for technology and for sort of frontier technology, and we're having fun doing it."

Cain also helped launch the first PorchFest Quincy in 2016 in the Wollaston Hill neighborhood. The event, which features scores of performers playing on porches, yards and driveways, has since expanded to Merrymount and Squantum as well. This year's PorchFest Quincy will take place on Saturday, June 29.

"It's been such a fun thing to see grow over – I guess we've done it seven years because we missed one year," Cain said. "This is now a marquee annual community event that people look forward to, they plan family cookouts around, invite family and friends into town to participate.

"We usually hope for over 100 performers and about 60 to 80 locations, which is usually the sweet spot."

Though he plays the piano, Cain has never performed at a PorchFest. He left open the possibility of doing so in the future.

"I've got my repertoire and it's some jazz and classical. Over the last year I've started composing my own music and did perform at like a little revue at the Anglican church last April," he said.

"I just haven't been performance ready for myself. Maybe in a future PorchFest we'll do some stuff."

MBTA Proposes Low-Income Fare Program to Benefit Riders In 170+ Communities

Public Comment Open Through Feb. 29

The MBTA recently announced several fare change proposals that aim to improve equity, increase ridership, and simplify fare rules, including the introduction of a reduced fare program for riders with low income, which would provide discounted fares to make public transportation affordable for those who need it most.

Building upon the Healey-Driscoll Administration's FY24 budget that includes $5 million for the MBTA to develop a low-income fares program, the new program would provide riders who are aged 26-64, non-disabled, and have low income with reduced fares of approximately 50% off on all MBTA modes. Program participants will demonstrate eligibility via existing enrollment in programs with a cutoff of 200% of the federal poverty line (or lower). This exciting new program would apply on the Commuter Rail, unlocking affordability for residents along those corridors and in the Gateway Cities, and would apply to the MBTA paratransit customers on the RIDE, cutting the price for ADA trips in half for eligible riders.

"We are incredibly excited about this program, which will make a difference in the lives of residents across the state and provide greater affordability, opportunity, and access to all MBTA service for residents as they travel throughout the week," said Massachusetts Transportation Secretary and CEO Monica Tibbits-Nutt. "This underscores the bold vision and commitment of the Healey-Driscoll Administration to deliver equitable, reliable, and resilient transportation in a big way."

"I'm thankful for the Governor and Legislature for the funding that allowed us to develop this proposed new reduced fare eligibility for riders with low income. As we rebuild and restore MBTA service, we are also focused on making fares more affordable, improving quality of life, boosting economic mobility across the entire MBTA service area, and encouraging more riders to return to the system following the pandemic," said MBTA General Manager and CEO Phillip Eng. "As we offer these proposed fare changes for consideration, ensuring robust public engagement is imperative, and I hope riders will join the T at any of the eight upcoming public meetings to share their thoughts on these proposals. We welcome the public's feedback."

If approved by the MBTA Board of Directors, these fare changes would go into effect in spring and summer 2024.

The MBTA estimates the cost of the program to be approximately $52-62 million (including administrative costs, operating costs to meet induced demand, and fare revenue loss). According to prior research, riders with low income would be expected to take 30% more trips with a reduced fare, significantly increasing mobility while saving on transportation costs. More than 60,000 riders are expected to qualify for and enroll in the program, which is expected to result in 7 million more trips per year.

The MBTA welcomes public comment on these proposals at public meetings to be held in February. More information on each public meeting is available at mbta.com/events. The public is also welcome to submit comments online through Thursday, Feb. 29, or by email to publicengagement@mbta.com.

The proposed program for riders with low income is a multi-secretariat effort with the Commonwealth's Executive Office of Health

Cont'd On Page 13

License Board Grants Five Requests

By SCOTT JACKSON

A restaurant specializing in Korean fried chicken is poised to open in North Quincy.

The Board of License Commissioners on Jan. 23 granted a common victualler license to Common Mesquite Corp. d/b/a Bonchon for the premises at 65 Newport Ave, which is within the Stop & Shop plaza. That was one of five requests approved by the board that afternoon.

Now headquartered in Dallas, Bonchon was founded in 2002 in South Korea and has locations around the world, including five others in Massachusetts. Jack Tran, the manager of the Quincy franchise, said he spent more than two years looking for a suitable location in the city.

"I'm glad to be in Quincy," he said. "I'm very familiar with the city."

Tran said he also operates a fast-casual restaurant in Dorchester. He spent two weeks training to prepare for the opening of the new Bonchon location.

Once it opens, the North Quincy location's hours of operation will be 11 a.m. to 10:30 p.m. seven days a week.

In other business on Jan. 23, the board:

• **Granted** the request of the Houghs Neck Congregational Church, 310 Manet Ave., for a one-day liquor license for its 13th annual Chili Cook Off which will be held Saturday, Feb. 3, from 1 to 4 p.m. Tickets to the event cost $5.

• **Granted** the request of Break Rock Brewing, 534 Victory Rd., for a temporary extension of premises to 540 Victory Rd. (including Aria Salon and Capella Yoga) for its annual Galentine's Day Market on Sunday, Feb. 4, from noon to 4 p.m. Patrons will be able to purchase beer and other beverages from the brewery and bring them to the market as they browse.

• **Granted** the requests of Quincy Asian Resources Inc. for special-use permits for its annual Lunar New Year Festival and its annual August Moon Festival. The Lunar New Year Festival will take place at North Quincy High School, 316 Hancock St., from 11 a.m. to 3 p.m. on Sunday, Feb. 18. The August Moon Festival will be held on Sunday, Aug. 18, from 11 a.m. to 3 p.m. on Coddington Street.

• **Granted** the request of Pho Hoa Restaurant Inc., 409 Hancock St., to change the d/b/a on its all-alcohol liquor license to Le Madeline from Pho Linh. Tam Le said the rebranded restaurant will offer a "modern take on Vietnamese food."

In addition, the licensing board issued a written warning to SR Auto Design at 138 Brook Rd. City Clerk Nicole Crispo said officials had received complaints about work taking place after hours, work being done outdoors, noise, and water running off site into the city's storm drains. A representative from the shop said they were working to address those concerns so the issues do not reoccur.

Abhiram Venigalla Earns Master In Science Degree

Abhiram Venigalla of Quincy recently graduated from Trine University in Angola, IN.

Venigalla earned a master in science degree in information studies.

Let's Save The Adams Arcade Facade Petition Results

Dear Readers:

The purpose of this letter is to provide an important update on my advocacy to encourage the property owner to consider preserving and restoring the 1920 era Art Deco style facade of the Adams Arcade Building. To gather support, I posted a digital petition on social media published a copy of the same Dec. 14th edition of The Quincy Sun. I am happy to report that the petition enjoyed a favorable reception in a short period of time! Between Nov. 21 and Dec. 26th, 86 respondents signed the petition. In addition, 63 of the respondents shared their thoughts on the issue, some notable ones are included below:

• As a descendant of the Adams family, in addition to an appreciation of the Art Deco style, I have a personal interest in preserving my family's heritage. Especially in this time when so many historical monuments are being destroyed for political reasons, even when I may agree with the sentiment behind the actions, I feel strongly that we lose touch with the struggles that went into the founding of our nation and the fight to maintain it. With less and less being left in place to remind us, to prompt our children and grandchildren to ask who and why when they see such architectural pieces, we forget the lessons learned.

• I am a big admirer of the Art Deco architecture style and I think it's vital to keep parts of history intact when we can. Quincy is a wonderful place to live and its vital to keep its original design elements for the future generations to enjoy. Facades like this one provide such a fun perspective as you walk down the street and lift-up your gaze as so much thought and care were poured into creating this building. I am encouraging the property owner to preserve this unique piece of Quincy history and set an example to other developers as well!

• I believe we need to balance development with the careful preservation of important architecture in our city to ensure we can maintain its charm and character.

• Even as we move ahead in our lives it is smart not to erase our past but leave signs for the generations ahead. Our stories are important.

• Quincy Center needs to retain some of its historical charm and history rather than pave it all for new urban development. Quincy has been approving construction on numerous pre-fab design-less condo complexes and should aim to keep historical buildings and facades whenever possible.

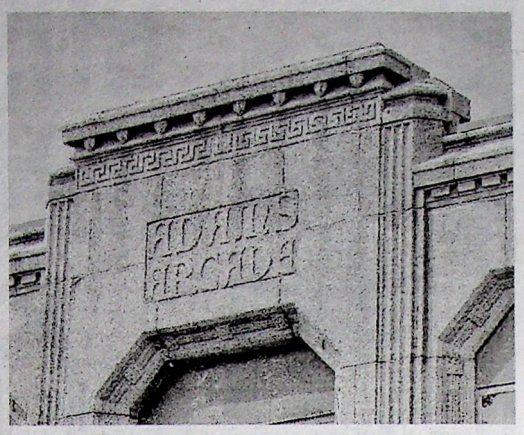
• The City of Quincy is fortunate to have buildings in a multitude of architectural styles. It's one of the things that makes the city a one-of-a-kind destination in Massachusetts and what drew me to Quincy. We should make every effort to preserve this piece of the city's history and avoid looking like every other new building project in Greater Boston.

• We have some beautiful old buildings in this city, and it would be a shame to lose them. I like the idea of saving the facade of the second floor and incorporating it into a new building. That would keep the downtown from feeling completely soulless and cookie-cutter.

• Quincy Center should have a historic district to protect it from becoming nothing but boring high-rises. We need to protect what's left of the older buildings, in particular ones such as this rare Art Deco building. Other cities (Boston for one) do a much better job protecting significant building facades from rampant over-development.

• It is a rare art deco building in the city and the facade should be preserved.

• I stand with the residents who value the art deco facade and history; would love to see this architecture retained and integrated into the new building.



ADAMS ARCADE FACADE - *Photo by Dana Smith*

• I was disappointed to hear about this building being torn down. While it has not been in good condition since Milton's moved to S Shore Plaza, I like the idea of using the facade in the new building. I was disappointed when the oriel windows were replaced with the flat windows that are currently there. It lost a lot of character, in my opinion. I look forward to the economic benefit of a new building but hope that the facade can be maintained.

• While understanding that the City of Quincy is continuing to grow and develop new properties, including housing, I feel it is important to save some of the historically important pieces of our city, including architecture, buildings, and other important features like the Ruth Gordon amphitheater. The unique art deco of the Adams arcade is one example of a historic feature with not only meaning but architectural importance.

• These are the types of things that make Quincy unique! History, preservation of structures and facades that have depth & character!! Think old City Hall against the glass block of a new one. Integrating the old buildings makes them interesting to citizens & tourists alike. You can see many flat, lifeless facades in lots of places and homes as well. The Character of this facade adds some charm that is sorely needed in downtown. Thank you!

With this significant support from the arts community, I encourage the City to collaborate with the property owner and explore ways to weave this historic artifact into the streetscape to create a truly unique experience for the next generation of young, diverse folks in the heart of Quincy Center!

How can you help? Phone/email Mr. Joe Shea at Granite City Partners, the Owner's Project Manager, at 617-481-9351 / (info@granitecitypartners.com) and share with him your support for this project!

A rendering of the development can be found at this link (https://slaterfamilyholdings.com/1469-hancock-st).

Feedback welcome!

Maria Mulligan, AIA,
Architect
(1mariamulligan@gmail.com)
21 Winthrop Ave.
Quincy, MA 02170

Quincy Residents On The Hook For Millions

Let me get this straight: The city planning board has given developers of this new medical boondoggle project a promise of forty years without property taxes.

Gosh, why not fifty? Why not eternity?

If a Quincy homeowner is forty minutes late paying their taxes, the city is practically ready to foreclose.

The developers had the brass to issue a statement saying that given the economy today, it was the only way to get the project done.

If they can't afford to be in their line of work, they need to get another line of work. Quincy residents are now on the hook for millions. Given the pace of medical facility consolidations and closures in this state, Quincy will be lucky to get a decade out of this place.

Mark Perigard
Quincy

New Medical Building And Hospital Hill

It is comical to read about the Planning Board Ok-ing Quincy Center Medical Building. This new expensive and expansive project could just as well have been situated on Hospital Hill.

The mayor had no interest in retaining or rebuilding the Quincy Hospital. The neighborhood was destroyed, jobs were lost for so many. The mayor gave a blind eye to that loss which was vital i.e., a hospital for the residents of Quincy and neighboring towns. Now, "FoxRock properties" is involved in building the Quincy Center Medical building. They are the same group who had the task of destroying Quincy Hospital and doing all the new building at Hospital hill. Aren't they the lucky group!!!

The group are also the mayor's buddies. As others have responded, the no tax exemption for forty years seems quite extreme. A Quincy resident if late on their home taxes has to pay 14 percent fee. The home taxes have escalated! We are being charged according to assessments made by the city. But, incomes per house hold do not rise and we are expected to pay over $500 more per year!

Here again, the residents do not profit at all, but the mayor and his associates are smiling. The same issues are at stake with the mayor back in office. Roadwork, neglect and care of trees, several of which have fallen on homes in the Beechwood knoll area. The roots of huge Oak trees were cut to put in sidewalks. Would you not think this may be a bad idea? Sad, isn't it?

What do other residents think?

Joan Smith
Quincy

MBTA Proposes Low-Income Fare Program To Benefit Riders In 170+ Communities

Cont'd From Page 12

and Human Services (EOHHS) and Registry of Motor Vehicles (RMV). Existing MBTA reduced fare programs already provide support to students, seniors, riders with disabilities, and young people aged 18-25 with low income. These programs provide half-priced fares and passes on all modes (excluding the RIDE).

To make the program further accessible throughout Massachusetts communities, the MBTA will partner with third-party Community-Based Partners to manage in-person customer service and eligibility verification. These efforts include providing physical in-person locations where people can receive support with their applications and offering additional support whenever automatic systems are unable to successfully process applications. A Request for Proposals to select one or more Community-Based Partners was released Jan. 24.

Two additional proposed fare changes include:

• Replacing "Change Tickets" with CharlieCards: The issuance of paper CharlieTickets with stored value as change (a "Change Ticket") will be phased out. This is due to limitations in the fare collection technology. Riders are encouraged to load stored value on plastic CharlieCards.

• Permanently expanding the $10 Weekend Commuter Rail Pass to include federal holidays: The $10 Weekend Commuter Rail Pass would include federal holidays. This pass allows for unlimited Commuter Rail trips on all three days of federal holiday weekends. For federal holidays that are observed mid-week, passengers can purchase a $10 Holiday Pass for that day.

The Title VI analysis, which assesses whether a proposed transportation project or service will have a disparate impact on minority populations or a disproportionate burden on low-income populations, will be shared with the MBTA Board of Directors and posted to mbta.com prior to the scheduled March 2024 Board meeting. This analysis is required by the Federal Transit Administration (FTA) for all projects that receive federal funding.

SUBSCRIPTION FORM

FILL OUT THIS SUBSCRIPTION BLANK AND MAIL TO

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

1372 HANCOCK STREET, QUINCY, MA 02169

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STREET _____

CITY _____ STATE _____ ZIP _____

CHECK ONE BOX IN EACH COLUMN

[ ] 1 YEAR IN QUINCY $48.00
[ ] 1 YEAR OUTSIDE QUINCY $50.00 [ ] CHECK ENCLOSED
[ ] 1 YEAR OUT OF STATE $60.00

A Job Well Done

By OFFICER GREGG HARTNETT
Public Information Officer
Quincy Police Department

On Saturday, Jan. 27, at about 3:35 p.m., Officer Paul Matthews was sent to a residence on Shea Street, in the Quincy Point section of Quincy, for the report of a breaking and entering.

On arrival, Officer Matthews spoke to the caller who informed him that he saw three people exit his neighbor's residence. A description was provided and shared with other Officers in the area. Sergeant Dan Flaherty and Ryan Donnelly, assigned to the Community Services, were in the area and began to look for the suspects.

A short time later they located a male and female at the 600 block of Washington Street, who fit the description provided by the reporting person. The male suspect had on his person a credit card which belonged to the victim, even bearing her name. It was determined that the female detained was not involved in the Breaking and Entering and she was sent on her way.

The male suspect was placed into custody for Breaking and Entering in the Day Time with the Intent to Commit a Felony and Larceny of a Credit Card. He was transported to police headquarters by Officer Leuchte and booked by Sergeant Jennifer Tapper. He will be arraigned at Quincy District Court.

Job Well Done!

❑

Members of the Quincy Police Department participated in the 8th annual BFit Challenge powered by National Grid on Sunday, Jan. 28. This is a one-of-a-kind event that invites first responders, military members, and anyone in the community to walk, run or step to benefit First Responder and Military charities.

Sergeant Sean McCormack organized a great team, who all wore the same shirts and participated as a group. A few of our Officers kids also stepped up to participate and support this great cause. Chief Kennedy was not able to participate this year but shared how proud he was that we had a solid group representing the Quincy Police Department.

Job Well Done!

QUINCY POLICE CRIME AWARENESS JOURNAL

Entries submitted by the Quincy Police Department

FRIDAY, JAN. 19

DISORDER (two males arguing), 12:09 p.m., Alltown Check Cashing, 34 School St. Two males fighting out front. Peace restored. All advised and sent on the way.

SHOPLIFT(return fraud), 4:57 p.m., Home Depot, 177 Willard St. Trespass issued to suspect. All items recovered. Sent on and way and advised.

SATURDAY, JAN. 20

No entries on log.

SUNDAY, JAN. 21

SHOPLIFT (past), 2:43 p.m., BJs, Crown Colony Dr. Happened last night. Report to be filed.

DISORDER (road rage), 3:12 p.m., 999 Quincy Shore Dr. Involved vehicles located on Coddington Street, near Faxon Field. Verbal argument/road rage. Vehicle stopped, advised and sent on way.

DISORDER (in progress), 5:43 p.m., Father Bill's, 39 Broad St. One male sent on the way and advised.

DISORDER (male), 8:38 p.m., Mina Halal Meat Market, 139 Water St. No disorder. Both parties advised. Clear.

MONDAY, JAN. 22

RECOVERED/VEHICLE (no damage), 8:01 a.m., Squanto Road. Vehicle towed, no damage. Owner notified.

DISORDER (two males arguing), 9:02 a.m., Temple Street. Two males arguing. One male cleared by EMS. Report to be filed.

LARCENY (laundry delivery), 11:14 a.m., 400 East Squantum St. Report to be filed.

DISORDER (in progress), 11:22 a.m., Father Bill's Place, 39 Broad St. Peace restored, person sent on the way and advised.

SHOPLIFT (male), 1:30 p.m., Walgreen Pharmacy, 132 Granite St. Spoke to employee, wanted to inform officers of situation. Store to handle.

DISORDER (females), 3:10 p.m., McDonald's, 275 Hancock St. Argument between employees, one transported to local hospital for panic attack.

LARCENY (stolen package), 4:20 p.m., 552 Victory Rd. Case number provided. Report to be filed.

LARCENY (50-inch TV), 4:31 p.m., 1000 block Southern Artery. Report to be filed.

DISORDER (unwanted photo), 7:43 p.m., CVS Pharmacy, 321 Quincy Shore Dr. Person in pharmacy area upset for being asked for identification. Peace restored. Customer advised and sent on the way.

DISORDER (male), 8:36 p.m., Father Bill's Place, 39 Broad St. Male trespassed, advised and sent on the way.

SHOPLIFT (detained), 11:02 p.m., Walmart, 301 Falls Blvd. Suspect issued trespass, advised and sent on the way. Merchandise returned.

TUESDAY, JAN. 23

BREAKING AND ENTERING/MOTOR VEHICLE (just occurred), 2:16 a.m., Connell Street. Vehicle entered, unlocked. Report to be filed. Units to continue plying the area.

BREAKING AND ENTERING/MOTOR VEHICLE (past), 7:33 a.m., 10 block of Stoughton Street. Happened sometime overnight. Report to be filed.

BREAKING AND ENTERING/MOTOR VEHICLE (past), 9 a.m., 450 block of Quarry Street. Caller does not wish to speak to an officer.

DISORDER (with movers), 3:20 p.m., Sextant Circle. Parties being evicted, have their belongings and are on their way. Peace kept.

SHOPLIFT (male), 5:08 p.m., Star Market, 130 Granite St. Trespass notice issued. Items returned and suspect sent on way.

DISORDER (female throwing items), 6:27 p.m., Father Bill's Place, 39 Broad St. Female is throwing items and computer in the lobby. Trespass notice issued and involved person sent on the way. Peace restored.

DISORDER (banging on door), 10:44 p.m., 90 block of Brook Road. Involved persons uncooperative, units to clear.

WEDNESDAY, JAN. 24

BREAKING AND ENTERING/PAST (construction box), 8:02 a.m., 99 Quarry St. New construction for new animal shelter. Supplement report to be filed.

LARCENY (package), 8:59 a.m., 20 block of Main Street. Report to be filed.

SHOPLIFT (with one), 12:20 p.m., Stop and Shop Supermarket, 65 Newport Ave. Suspect issued trespass and sent on the way. Merchandise returned to store.

BREAKING AND ENTERING/MOTOR VEHICLE (past), 1:12 p.m., Walmart, 301 Falls Blvd. Passport and money taken. Report to be filed.

VANDALISM/PROPERTY (to motor vehicle), 1:40 p.m., 50 block of Greenleaf Street. Case number given. Report to be filed.

ASSAULT AND BATTERY (large group), 4:46 p.m., YMCA, 79 Coddington St. Parent of victim responded to the scene. Suspects were gone on arrival. Report and court complaints to be filed.

DISORDER (possible), 1250 Hancock St. All involved advised and sent on way. Peace restored.

DISORDER (with customer), 7:20 p.m., 67 Billings Rd. Peace restored. Caller sent on the way.

THURSDAY, JAN. 25

BREAKING AND ENTERING/MOTOR VEHICLE (items stolen), 7:25 p.m., 275 Hancock St. Report to be filed.

VANDALISM/PROPERTY (slashed tire), 8:16 a.m., 130 block of Whitwell Street. Tires slashed. Report to be filed.

VANDALISM/PROPERTY (to vehicle), 11:01 a.m., YMCA, 79 Coddington St. Vehicle keyed. Report to be filed.

SHOPLIFT (male), 2 p.m., Walgreen Pharmacy, 132 Granite St. Suspect trespassed and sent on the way. Items returned.

SHOPLIFT (5 minutes ago), 7:18 p.m., Walgreen Pharmacy, 418 Quincy Ave. Items returned and suspects fled. Store to handle.

Bored? Think Twice Before Taking That Facebook Quiz

By BETTER BUSINESS BUREAU

Social media is used as a fun distraction for some people, and taking a Facebook quiz may seem like a harmless way to pass the time. But are you giving away more information than you think?

How this scam works

A fun quiz pops up on your Facebook feed or another social media platform. A few questions are answered to prove how well you know a friend. Or a short personality test is offered to match with a character from a favorite TV show.

These quizzes appear to be meaningless, but the intent behind them is to collect information. For example, questions like: "What was the first car you owned?" "What is your mother's maiden name?" or "What is the name of the street you grew up on?" These are common security ques-

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Quincy Photographer Unleashes Pooch Playoffs National Competition, Fundraiser

Wendy Adams, owner of Wendy Adams Fine Art Photography, has always loved pets. So when the opportunity to help the Quincy Animal Shelter presented itself, she jumped on it.

"This year has been especially hard for charities. So a group of photographers and I got together and decided to host a competition to find the Ulti-Mutt Cutie as a way to help out the Quincy Animal Shelter" Adams said.

The bracket style competition is unleashed in February with 16 pooches photographed. Each week in March, 2 dogs will face off in an online vote and competing for exciting prizes. Each winner advances with the goal to be voted the Ulti-mutt Cutie of Norfolk County. The winner will move on to a national winner takes all competition where one pooch will be crowned.

Adams will photograph 16 pooches for a $150 fee, donated to the Quincy Animal Shelter. The $150 donation includes a complimentary key chain portrait of your pooch and a fun swag bag of goodies from some generous local businesses. There are prizes for first, second and third place winners. And an additional prize for the winner of the national competition.

"It's funny. Our pets are such important members of our families yet most of us don't think to have a professional photo taken of them. Pooch Playoffs gives everyone a fun way to get a portrait of their pet made, by a professional who knows how to photograph pets, while also supporting Quincy Animal Shelter," said Adams.

Contact Wendy to include your adorable pooch. Follow along and get ready to vote. You can find Pooch Playoff information on the website www.WendyAdamsFineArtPhotography.com or follow the business Facebook page: Wendy Adams Fine Art Photography.

WHO WILL BE TOP DOG? Wendy Adams, owner of Wendy Adams Fine Art Photography, is hosting a competition to find the Ulti-Mutt Cutie. The online competition will raise money for the Quincy Animal Shelter. You can find Pooch Playoff information on the website www.WendyAdamsFineArtPhotography.com or follow the business Facebook page: Wendy Adams Fine Art Photography. *Photo Courtesy Wendy Adams*

Life Line Health Screenings March 14 At Sons Of Italy

Life Line Screening will host health screenings for cardiovascular disease, osteoporosis, diabetes, and other chronic, serious conditions March 14 at the Quincy Sons of Italy Hall, 120 Quarry St.

Screenings can check for:

• The level of plaque buildup in your arteries, related to risk for cardiovascular disease, stroke and overall vascular health.

• Narrowing of the smaller arteries of your ankles and feet, called Peripheral Arterial Disease

• HDL and LDL Cholesterol levels

• Bone density as a risk for possible osteoporosis

Screenings are affordable and convenient. Free parking is also available.

Special package pricing starts at $159, but consultants will work with you to create a package based on your age and risk factors. Call 1-877-237-1287 or visit www.lifelinescreening.com. Pre-registration is required.

Four Quincy Students On URI Dean's List

Four students from Quincy are on the Dean's List for the fall semester at the The University of Rhode Island in Kingston, R.I.

They are:

Devin Campbell, Melanie Chretien, Molly Cronin and Mia Ryan.

PRESIDENTIAL PRIMARY

Tuesday, March 5, 2024

Last Day To Register To Vote
Saturday, February 24, 2024

Voter Registration Can Be Done at City Hall
1305 Hancock St.
8:30 AM - 5:00 PM or
at www.sec.state.ma.us/OVR

Board of Registrars
Nicole Crispo, City Clerk
Bonnie C. Marcel
John Carl Swanson
John P. Dumas

VOTE BY MAIL IN THE MARCH 5, 2024 PRESIDENTIAL PRIMARY

VOTE BY MAIL APPLICATIONS ARE AVAILABLE ON THE CITY'S WEBSITE AT QUINCYMA.GOV.

Applications may also be requested by calling the Quincy Election Office at 617-376-1144.

TO RECEIVE A BALLOT BY MAIL FOR THE 2024 PRESIDENTIAL PRIMARY, APPLICATIONS MUST BE RECEIVED BY THE ELECTION DEPARTMENT BY **5:00PM ON TUESDAY, FEB. 27, 2024.**

Ghost Bike Honors Bicyclist Killed In Crash

Cont'd From Page 1

– to serve as a memorial and a tribute to his life and a stark reminder of the dangers faced by bicyclists and pedestrians as they traverse the city's roadways.

Guang Hui was one of two bicyclists killed on Quincy's streets last year while a third suffered life-threatening injuries. This new year began with a fatal pedestrian accident.

"While this ceremony today is heartbreaking, we hope that this ghost bike will remind people of the need we have to take care of each other and think of each other on our roads so that we all get home safely, however we travel, whether in a car, on foot, on a bike," said Quincycles President Irene Lutts. "We all deserve to arrive at our destinations safe and sound."

Quincycles is a group of Quincy residents advocating for improvements of bicycle infrastructure in the city and promotes responsible bicycling as a means of transportation, recreation, and exercise.

During the dedication ceremony, the bike was placed on the sidewalk and chained to a sign pole. After a few remarks, the family was joined by officials as they gathered around the bike and placed their hands on it, quietly reflecting for a few moments.

Guang Hui lived in Quincy for 30 years where he enjoyed "all the love and joy" of the city, explained his daughter-in-law, Rachel Yan. She said how her father-in-law enjoyed his backyard garden, his friends, neighbors, and family and how the recent holiday season was so difficult without him and that her son keeps asking when his grandfather is coming back.

"We experienced the loss of a family member, but we hope Quincy can be a community for everyone and not have to worry about riding on the road," she said, adding, that the ceremony "supports us and means a lot to us."

Galen Mook, executive director of the Massachusetts Bicycle coalition, MassBike – a street safety advocacy group – said that the memorial has a two-fold purpose.

"We hope this memorial is a memorial not for pain and loss, but as a memorial for memory and that we can remember Mr. Gao for what he was, as a family member and as a community member," he said. "Every time we pass this site, we redouble our efforts to work towards a day when we no longer need to put memorials on our roadways, and everyone can feel safe going about their daily life."

State Rep. Tackey Chan of Quincy urged motorists and pedestrians to obey the rules of the road, noting that during the ceremony alone, three people had crossed Hancock Street without using the nearby crosswalk.

"It's a learning lesson going forward about sharing the road and being conscious about what is around you and of course following the rules of the road regarding traffic lights and pedestrian crossings," he said. "It's one of those things that everyone has a part to do themselves of knowing what's around you."

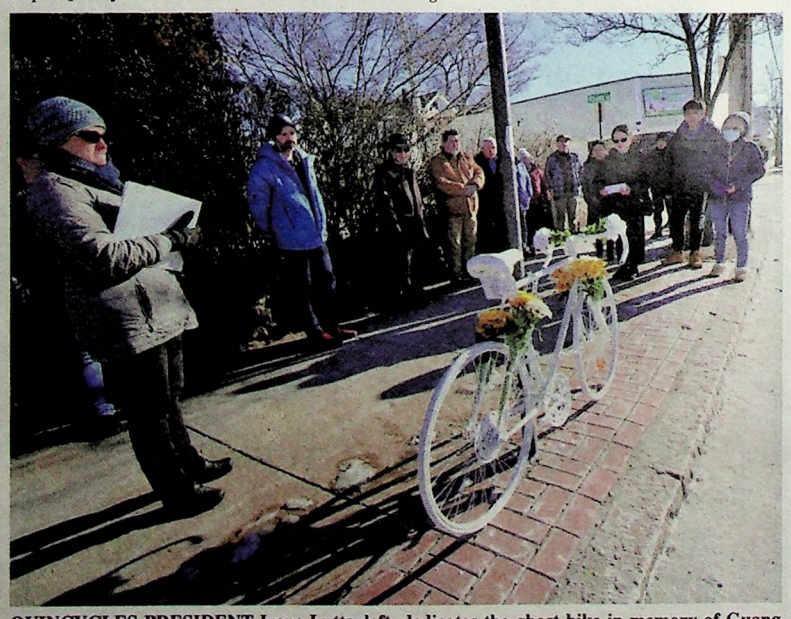
Ward 5 City Councillor Dan Minton, an "avid bicyclist" who he said enjoys bicycling with his family, opined that texting while driving has been a major issue since the Covid pandemic shutdown that forced people to use electronic communication. He said police do what they can to enforce and crack down on distracted driving.

"What is the answer?

Cont'd On Page 17

RACHEL YAN, right, stands by the ghost bike that honors her father-in-law Guang Hui Gao who was killed while riding his bicycle on Hancock Street near Albion Road, telling the gathering the memorial "supports us and means a lot to us."

WARD 5 COUNCILLOR Dan Minton, left, joins Guang Hui Gao's family and other local officials as they place their hands on the ghost bike that serves as a memorial to the Quincy man who was struck and killed while riding his bicycle on Hancock Street at Albion Road.



QUINCYCLES PRESIDENT Irene Lutts, left, dedicates the ghost bike in memory of Guang Hui Gao who was struck and killed while riding his bike on Hancock Street near Albion Road, saying "this ghost bike will remind people of the need we have to take care of each other and think of each other on our roads."

MASSBIKE EXECUTIVE DIRECTOR Galen Mook secures the ghost bike that will serve as a memorial to Guang Hui Gao who was struck and killed while riding his bicycle on Hancock Street near Albion Road. *Quincy Sun photos/Tom Gorman*

Ghost Bike Honors Bicyclist Killed In Crash

Cont'd From Page 16

It's educating drivers," Minton said, noting that the ghost bike memorial serves as "a tragic and sad way to get the message across."

City Councillor Nina Liang said the untimely tragedy has caused emotions of "frustration, sadness and anger" and told the Gao family at the very least they should "honor his memory and honor his life and honor your family that you chose to call Quincy your home."

"As a city, we take this very seriously," she said. "It is our responsibility to make the lives of everyone who comes here better. This is a very clear indication to me that we are a family and this I think shows we have a long way to go and need to do better, and we will."

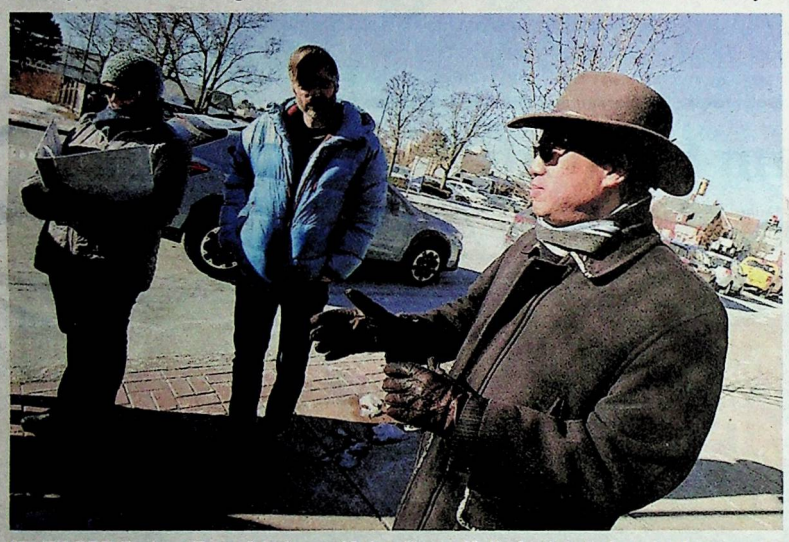
According to Quincycles, the city's Traffic, Parking, Alarm, and Lighting Department has a goal of zero traffic fatalities and serious injuries by 2040 as outlined in the department's Transportation Safety Action Plan revised in 2022. The group also noted that data from the Mayor's Bicycle Commission has shown a steady increase of people taking to biking in the city from 2020 to 2022.

Lutts noted that her group is working to make the city streets safer for pedestrians and bicyclists. She said investing in better roadway design would make biking and walking safer.

"We will continue to work with the city to develop a safe network of bike lanes that will allow people to travel by bike if that's the choice they want," she said. "Bicycling and walking should be a safe and comfortable choice in our city."

THE FAMILY of the late Guang Hui Gao pause by the ghost bike that serves as a memorial to him at the intersection of Hancock Stret and Albion Road in North Quincy where he died last September after being struck by a car while riding his bicycle. From left, his wife Qiuying Huang, Jing Yang, daughter, Ivy Gao, son, Chris Gao, and daughter-in-law Rachel Yan.

Quincy Sun photos/Tom Gorman



STATE REP. Tackey Chan of Quincy said that Guang Hui's death is "a learning lesson going forward about sharing the road."

QUINCY CITY COUNCILLOR Nina Liang, center, tells the Gao family that the city has the "responsibility to make the lives of everyone who comes here better."

Yan had some advice for motorists.

"If you are a motorist, slow down a little bit," she said. "This is an important issue for our city. We love Quincy, we live here, we are part of the community. We hope Quincy can be the community that when you're going out you shouldn't worry about not coming back."

According to Ghostbikes.org, the first ghost bike memorials were created in St. Louis, Missouri in 2003. To date there are more than 630 ghost bikes in over 210 locations throughout the world.

Craft & Cocoa Night At Wollaston Library

The staff of the Thomas Crane Public Library will present a Craft & Cocoa for Adults event Wednesday, Jan. 31 from 6 to 8 p.m. at the Wollaston branch library, 41 Beale St., Quincy.

The public is invited.

During the event, attendees can work on a craft and sip hot cocoa amongst other crafters. Attendees are encouraged to bring their own craft supplies and a project of their choice.

Thomas Crane's staff will provide cocoa and basic supplies, including scissors, pencils and paper towels.

This event is free to attend, and no registration is required.

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SNUG HARBOR ELEMENTARY SCHOOL students enjoy the Kids Corner initiative at the TD Garden at a recent Boston Celtics game. *Courtesy Photos*

Local Union Electricians Team Up With Boston Celtics To Host Snug Harbor School Students A TD Garden

A group of Quincy youths had a memorable experience attending Jan. 17's exciting Boston Celtics game at TD Garden, where the Celtics overwhelmed the San Antonio Spurs on the way to a 117-98 victory.

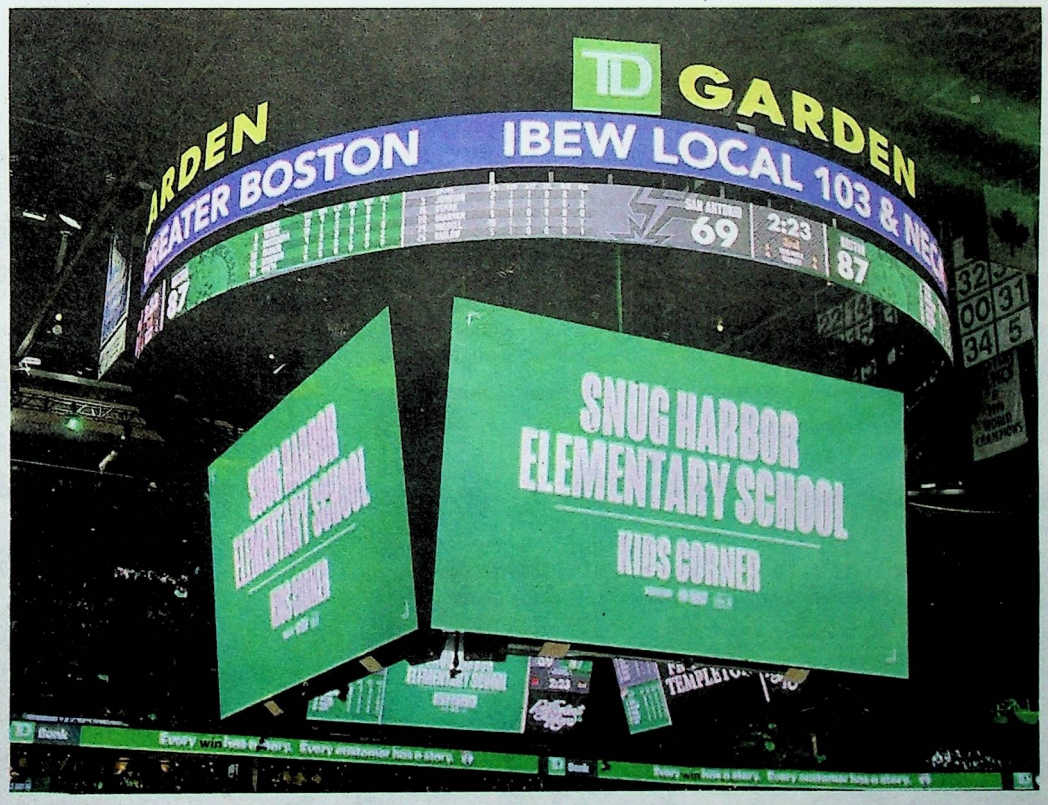
Thanks to the generous sponsorship of Local 103 IBEW and NECA Greater Boston, the Kids Corner initiative welcomed a group of enthusiastic kids from Snug Harbor Elementary School to an action-packed evening and gave the youngsters an amazing experience by placing them at the heart of an exciting NBA game.

Local 103 and NECA recently became official partners of the Boston Celtics, teaming up to create unforgettable experiences for young people throughout Greater Boston through the Kids Corner initiative. The initiative aims to inspire and uplift young people by emphasizing the importance of teamwork and partnership.

Part of the evening included the kids getting to see themselves featured on the TD Garden jumbotron and several goodies from the Celtics.

"IBEW Local 103 is very excited about this new partnership. Our goal is to put a smile on these kids' faces and give them an experience they won't forget," said Lou Antonellis, Business Manager of IBEW Local 103. "They had a great time and got to see the NBA's best team in action."

"We're very proud of our partnership with the Boston Celtics and proud to provide this opportunity to children throughout the greater Boston area," said Kristen Gowin, NECA Greater Boston, Executive Manager. "Together, we're creating unforgettable moments where we can show more young people teamwork right here in their community."



SNUG HARBOR ELEMENTARY SCHOOL and Kids Corner display on TD Garden jumbotron.

Eastern Nazarene's Francis Ferguson Named To Preseason All-America First Team

Senior Francis Ferguson (Jefferson, Mass.) of the Eastern Nazarene College baseball team garnered D3Baseball.com Preseason All-America first team accolades, as the organization unveiled its Preseason All-America Teams Tuesday.

Ferguson earned American Baseball Coaches Association (ABCA)/Rawlings All-America second team honors and D3Baseball.com All-America third team laurels at the end of last season. He was voted the New England Collegiate Conference (NECC) Pitcher of the Year to go with New England Intercollegiate Baseball Association (NEIBA), D3Baseball.com, and ABCA/Rawlings All-Region first team honors.

At the dish, Ferguson posted a .429 batting average with a .588 slugging percentage. He also paced the squad with 51 hits while adding 33 runs scored, 31 RBIs, and 15 stolen bases.

On the mound, Ferguson started 10 games and finished the year with a 7-2 record with four complete games. He owned a 2.06 ERA and ranked second on the pitching staff with 90 strikeouts in 65.2 innings.

Last spring, Eastern Nazarene finished with a 26-14 overall record and reached the New England Collegiate Conference (NECC) Tournament championship game.

Ferguson spent last summer with the Vermont Lake Monsters of the Futures Collegiate Baseball League (FCBL). He was tabbed the FCBL Pitcher of the Year and received All-FCBL first team honors after posting a 6-1 record with a league-best 2.25 ERA. Ferguson also racked up 50 strikeouts in 52 innings of action.

Quincy/North Quincy Girls' Hockey Bows To Norwell

By TOM JOYCE

It was a competitive game, but the Quincy/North Quincy High girls' hockey team came up short last Saturday night.

The Presidents battled the Norwell/Scituate/Abington High girls' hockey team at the Quincy Youth Arena. While Q/NQ fell behind in the first period, they kept the game competitive as it progressed. Ultimately, they fell 4-2. With the loss, QNQ fell to 2-10-0 on the season.

Although the Presidents fell and trailed 3-1 at the end of the first period, they struck first in this one.

Less than one minute into the game, with 14:03 remaining in the first period, the Presidents lit the lamp.

Forward Ciara Folan slapped the puck into the upper left-hand corner of the Norwell net, giving Q/NQ a 1-0 lead. Her goal came off a pass from Emily Lim, who recovered a loose puck along the boards after a Norwell player missed a pass from her teammate.

After that, however, Norwell shined in the first period, getting all the goals it needed to win the game. However, all of this scoring came late in the first period. For over 10 minutes following Q/NQ's first goal of the game, neither team scored.

With 3:07 remaining in the period, Norwell tied things at one apiece. The team capitalized on a second-chance scoring opportunity. After the Presidents made the initial save, the puck deflected, and another Norwell player got an opportunity to take a shot on net. She buried it, erasing Q/NQ's lead. It wouldn't take Q/NQ long after that to score again. Additionally, Norwell scored two more goals in the span of about 30 seconds with under two minutes left in the first period. The final goal of the goal of the period came after Norwell won a faceoff following its previous goal, rushed down the ice, and found a scoring opportunity.

The second period was a low-scoring affair, but Q/NQ cut their opponent's lead in half. With under two minutes left in the period, Megan Caldwell outmaneuvered a Norwell defender in front of the net and got a successful shot off for a goal, making it a 3-2 game.

Ultimately, Q/NQ was unable to make a comeback in this one. Norwell added an insurance goal with about 8:05 remaining, giving itself a 4-2 advantage. The goal came on another second-chance opportunity where Q/NQ successfully defended the first shot.

Although Q/NQ came up short last Saturday, they won a game last week where they had a strong scoring effort. Q/NQ took down Cambridge Rindge & Latin on the road Jan. 24. Q/NQ won the game 8-1. Megan Caldwell and Mackenzie Ilacqua led the team's scoring effort with two goals apiece in the win, while Ciara Folan, Ashlinn Folan, Maddie Case, and Lucy Morkan also scored goals. QNQ's eight goals in the win over Cambridge Rindge & Latin was its best offensive performance of the season as of the start of this week.

Additionally, the game against Norwell marked the second time these two teams played each other this season. Norwell defeated Quincy/North Quincy 9-3 at Rockland Ice Arena on Dec. 20, meaning this more recent game was more competitive.

QNQ has a young team this season, with just two seniors. The roster for QNQ this season includes: senior goalie Tayah Quinn, freshman forward Mackenzie Ilacqua, junior forward/defender Madeline Case, sophomore defender Casey Perdios, sophomore forward/defender Siena Nichol, senior defender Caroline Snyder, freshman forward Lucy Morkan, junior forward Megan Caldwell, junior forward Ciara Folan, freshman forward Elizabeth Dawe, junior defender Ashlinn Folan, junior forward Maggie Webber, sophomore forward Emily Lim, eighth grade forward/defender Tess Ronan, eighth grade forward Caroline McGrail, junior forward Chloe Melchin, freshman forward Anna Green, eighth-grade defender Audrey Perry, freshman forward Julia Christian, sophomore defender Lila Cook, and freshman goalie Amanda McClory. The team's head coach is Jay Ronan.

The next game for Quincy/North Quincy will take place Saturday, Feb. 3, on the road against the Duxbury Dragons. They will play at The Bog in Kingston (7:40 p.m. start time).

Quincy Hockey Falls To Plymouth S.

By TOM JOYCE

The Quincy High boys' hockey team was unable to avenge its prior loss to Plymouth South this season last Saturday night.

The Presidents hosted the fellow Patriot League team at the Quincy Youth Arena in what was a high-scoring affair. There were 10 goals combined in this one, but the Presidents came up short. They lost 8-2 and fell to 1-13-0 on the season.

Plymouth South's offense was strong in the early going. With about 10 minutes left in the first period, it lit the lamp for the first goal of the game. However, it wouldn't take the team long to expand its lead. The team added another goal less than a minute later after winning the ensuing faceoff and rushing down the ice.

Plymouth South made it 3-0 with another goal a few minutes later before the Presidents also got on the scoreboard. Forward Cole Quigley recovered the puck in enemy territory, rushed down the ice, and took a shot from the left side of the rink uncovered and converted for a goal. Quigley's shot made it a 3-1 game with 4:37 left in the first period.

The second period was the lowest-scoring stretch of the game. Plymouth South netted the lone goal of the period with 4:25 remaining. A Plymouth South forward broke free past two Presidents defensemen, creating a fast break opportunity for himself right before the net; he connected and made it a 4-1 game.

The third period ended up being the highest-scoring period of the game, with a combined five goals. Plymouth South was able to expand its lead over the final 15 minutes.

The Presidents found the scoresheet again with about 8:30 left in the final frame. Quigley scored again on a fast break. This time, forward Ethan Johnson cleared the puck out of Plymouth South territory, sending a loose puck sliding down the ice. Quigley picked it up, charged to the net undefended, and put up his second goal of the game. The goal made it a 6-2 game, as Plymouth South netted two goals earlier in the period.

Plymouth South added two more goals in the second half of the third period while preventing the Presidents from scoring again.

This was the second time these two teams played each other this season. They also had a game at Armstrong Arena in Plymouth Dec. 20. Plymouth South won that game 9-3. With a combined 12 goals, the first time the Presidents played Plymouth South was the highest-scoring game they had been a part of as of the start of this week.

As of the start of this week, the Presidents' lone win of the season came in its opener: a 5-4 road win against Bellingham Dec. 13.

The Presidents have a relatively small roster this season, with 17 players listed. However, they have a mix of youth and experience, with six seniors on the team. The roster for the Presidents this season includes: senior captain and forward Teddy Lynch, junior forward David Mellyn, junior forward and captain Anthony Tibbetts, senior forward Sam Schaaf, junior forward Coleman Quigley,

Cont'd On Page 20

Quincy Youth Hockey News

Our U-10 and U-14 A teams represented QYHA in Lake Placid at the CanAm Tournament this past weekend. Stay tuned for updates next week. This tournament is a special and memorable one the kids never forget.

Registration is open for the next session of Learn to Skate (LTS) and Learn to Play (LTP) beginning Feb. 10th and running through April 6th (with no instruction during February break). Visit the QYH website for additional information and to sign up.

Is your player looking to become a more powerful skater? Don't miss out on joining Coach Fred on 1/2 day Wednesdays at Quincy Youth Arena. Drop-in fee is $20 a player. Offered to all Mites through Bantam level ages in Quincy AND surrounding towns. This is a great way to supplement weekly practice and skills.

For more information on any QYHA programs please reach out to: administrator@qyha.net or visit our website at www.quincyyouthhockey.net

Follow us on social media:
Facebook: Quincy Youth Hockey
Instagram: qyh_official

ELECTED OFFICIALS from Quincy including (from left to right) School Committee Member Doug Gutro, Councillor-at-Large Scott Campbell and Ward 2 Councillor Richard Ash attended the recent Massachusetts Municipal Association's Annual Meeting and Trade Show at the Hynes Convention Center, Boston. The event featured more than 100 vendors, workshops, speakers and networking opportunities for elected officials and municipal employees from all over the state.

Courtesy Photo

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Public Access Channel 8	Government Access Channel 9
Thursday, February 1 6:00pm: Bethany Congregational Church 8:00pm: High School Basketball	Thursday, February 1 4:00pm: Board of License Commissioners 1/23 5:00pm: Zoning Board of Appeals 1/23
Friday, February 2 11:30am: LIVE: Currently in Quincy 7:00pm: AM Quincy: State Rep. Tackey Chan	Friday, February 2 10:30am: Health Links: Aging Strong 8:00pm: TCPL Events Calendar: Golden Lane 8:15pm: Home Sweet Healthy Home Podcast #4
Saturday, February 3 12:00pm: ALL Friends Cabaret 1:00pm: High School Basketball	Saturday/Sunday, February 3/4 9:30am: For Your Health: Hypertension 12:00pm: MA House of Representatives 3:15pm: Home Sweet Healthy Home Podcast #4 4:00pm: Board of License Commissioners 1/23 5:00pm: Zoning Board of Appeals 1/23 8:30pm: In the Know: Norfolk County Sheriff
Sunday, February 4 11:30am: Quincy Point Church Good News 1:00pm: The Call	
Monday, February 5 11:30am: LIVE: Currently in Quincy 9:00pm: Greater Boston Paranormal Society	Monday, February 5 6:00pm: In the Know: Senior Circuit Breaker Tax Credit 6:30pm: LIVE: City Council
Tuesday, February 6 7:00am: LIVE: AM Quincy with Joe Catalano 7:00pm: AM Quincy: Mayor Thomas Koch	Tuesday, February 6 4:00pm: LIVE: Board of License Commissioners 6:00pm: LIVE: Zoning Board of Appeals
Wednesday, February 7 6:00pm: Quincy Point Church Good News 7:00pm: The Call	Wednesday, February 7 6:00pm: In the Know: Senior Circuit Breaker Tax Credit

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

MSTCA Coaches Invitational Quincy-North Quincy Track Results

MSTCA Coaches Invitational Sat. 1/26/2024 Reggie Lewis Center							
First	Last	Gen	Event	perf	place	comp	notes
Jayden	Francois	M	55mHH	8.06	9	52	D2 Qualifier
Jayden	Francois	M	Longjump	18'11.75"	36	55	
Jayden	Francois	M	300m	37.58	39	62	D2 Qualifier
Sofija	Slezas	F	300m	44.08	24	44	SR D2 Qualifier
Sophia	Edwards	F	55mHH	9.47	12	42	PR D2 Qualifier
Sophia	Edwards	F	Longjump	15'10.5"	19	38	
Maddy	McGillicuddy	F	600m	1:38.99	2	35	PR D2 Qualifier
Salma	Boukhtam	F	1000m	2:57.21	3	27	PR D2 Qualifier
Aluna	Coogan-Coyne	F	Mile	5:13.13	3	20	PR D2 Qualifier
Grace	McGough	F	Shotput	27'08"	46	47	
Aluna Coogan-Coyne	Maddy McGillicuddy	F	4 x 800 Relay	9:48.31	3	14	D2 & Nat. Qualifier
Hannah Moriarty	Salma Boukhtam	F					
SR = Seaon Best, PR = Personal Best							

Quincy Hockey Falls To Plymouth S.

Cont'd From Page 19

junior forward Ian Manning-Harvey, freshman forward Chris Sheehy, junior forward Ethan Johnston, senior forward Will Curtin, sophomore forward Travis Garrett, junior forward Joseph Curtin, freshman defenseman Andrew Griffin, senior defenseman Liam Foley, senior forward and captain Jack Dunn, sophomore forward and captain Joseph MacNeil, senior goalie Nathaniel Hall, and sophomore goalie Brayden O'Connell. The team's head coach is Ted Walsh Jr.

The next game for the Presidents will take place Saturday, Feb. 3, at home against the Whitman-Hanson Panthers (6 p.m. start time). Although the two teams are both in the Patriot League, this is their first matchup this season.

Additionally, the Presidents will conclude their regular season two weeks later with a home game against the North Quincy Raiders at the Quincy Youth Arena on Saturday, Feb. 17 (6:30 p.m. start time). When the two teams faced each other on Dec. 26, the Raiders defeated the Presidents, 4-2.

Movie Review: 'The Beekeeper'

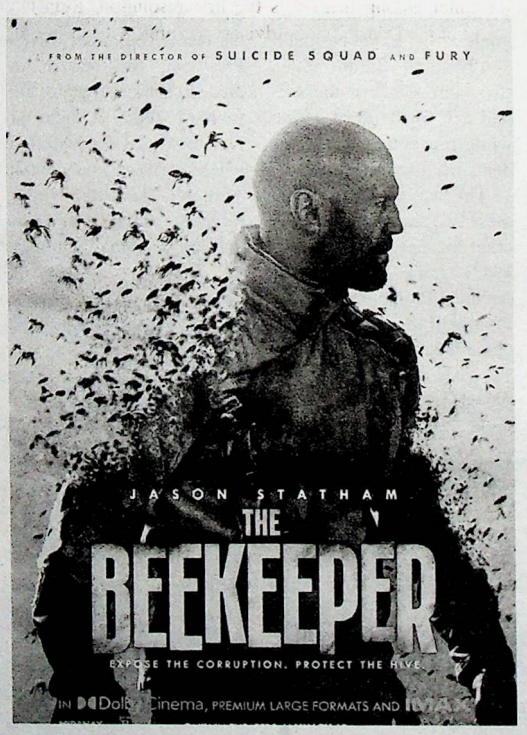
By **BOB GARVER**

Last week I wrote about "Mean Girls" and the problem of having seen a version of the movie before, which made it too familiar and predictable. I meant it in a very literal sense – there was a 2004 movie called "Mean Girls," written by Tina Fey, with basically the same characters and story (though no musical numbers, those were a nice addition). Now I'm making the same complaint about "The Beekeeper," but in a figurative sense. There is no other movie called "The Beekeeper" that resembles this movie or involves the same people, nor is this movie technically based on any other intellectual property. And yet you'll know what I mean when I say that I've seen this movie so many times before.

Jason Statham plays Adam Clay, a drifter given work by the kind Eloise (Phylicia Rashad). Online scammers take every penny of Eloise's savings, including over $2 million earmarked for charity. Eloise's FBI agent daughter Verona (Emmy Raver-Lampman) gets involved and has Clay arrested. He complies with the arrest, but this is the kind of character that only complies because he cares about Verona's peace of mind and not because he is actually conceding power. He's soon released, and while he has no hard feelings toward Verona, he does want to shut down the scammers permanently. They don't know it, but they've made an enemy of the world's deadliest assassin.

Clay starts out burning down the call center where the scammers worked, but of course the path of destruction doesn't stop there. He works his way up to the highest levels of the operation, inching ever-closer to… "mastermind" isn't really the word here, but figurehead Derek Danforth (Josh Hutcherson). Danforth has the help of his powerful mother (Jemma Redgrave) and a former CIA director (Jeremy Irons), who's smart enough to have a great deal of respect for Clay. Verona is assigned to bring down Clay for his unlawful actions, and she's really good at figuring out where he's going to go next. She's not good at knowing what to do with this information once she figures it out, but no one else on the law enforcement side is doing any better.

It seems the bad guys kicked a hornets' nest and angered a guy that was once assigned to protect the hive that is the United States. Also he had an amateur beekeeping/honey collecting operation in the barn where he lived. The movie makes every bee joke and metaphor it can muster, because the beekeeping gimmick is the only thing separating this movie from hundreds like it where an apparent nobody or everyman turns out to be an unstoppable action hero. Ten years ago, Liam Neeson was the face of this genre, though it's not like Hollywood hasn't been mining this formula for decades.



"The Beekeeper" doesn't do too much to stand out from the swarm, but it's enjoyable at times. Statham is his usual charming self, some of the action set pieces are pleasingly implausible, and the scummy bad guys are fun to punish. If you're looking for nothing more than a movie where the most fun comes from speculating if the villain of the moment will get gunned down or blown up, this might be the movie for you. I'm looking for something where I can get a little more invested in the characters and story, which is why I can't recommend it. I know this movie probably wants me to give it the next letter grade up, but I'm afraid it will have to settle for a…

Grade: C

"The Beekeeper" is rated R for strong violence throughout, pervasive language, some sexual references and drug use. Its running time is 105 minutes.

Quincy/North Quincy Track Results Vs. Hanover Jan. 26 At Reggie Lewis Center

Girls Hanover 65 QNQ 35
Boys QNQ 63 Hanover 34

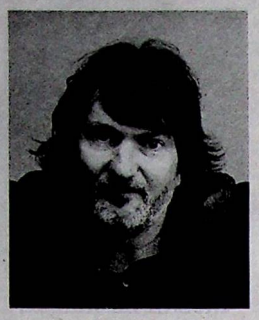
QNQ vs Hanover 1/26/2024 @ REGGIE LEWIS CENTER						
First	Last	Gen	Event	11'02"	Score	Comment
Marielle	Kouassi	F	55	8.46		
Amy	Tan	F	55	8.87		PR
Livia	Fantin	F	55	8.87		
Mikilah	Aubrey	F	55	9.13		PR
Alexandra	Guia	F	55	9.24		PR
Lakshiga	Periyasamy	F	55	9.25		PR
Mia	Tratzinski	F	55	9.37		SR
McKenna	Lawton	F	55	9.41		
Guliana	Wilkinson	F	55	9.71		
Anna	Kuang	F	55	9.75		
Maggie	Potts	F	55	9.90		PR
Christine (Yan)	Lin	F	55	9.96		
Julia	Zynda	F	55			
Sofija	Slezas	F	300	44.43	1	
Piper	Henderson	F	300	51.08		
Alexandra	Guia	F	300	52.88		PR
Mary	McNally	F	300	54.06		PR
Lakshiga	Periyasamy	F	399	56.39		PR
Amelija	Slezas	F	600	1.51.21	3	PR
Hannah	Moriarty	F	600	1.56.86		
Sophie	Hagstrom	F	600	2.28.04		
Zoe	Nelson	F	1000	3.34.27	1	PR
Grace	Cody	F	1000	3.41.36	2	SR
Sophia	Edwards	F	HH	9.69	2	
Julia	Zynda	F	HH	11.12		
Amy	Tan	F	HH	11.26		
Guliana	Wilkinson	F	HH	14.00		
Laura	Lin	F	HH	14.83		
Sophia	Edwards	F	HJ	4'04"	2	
Julia	Zynda	F	LJ	12'11"		
Sophia	Edwards	F	LJ	14'00"	3	
Paige	Grippi	F	LJ	11'02"		
Caroline	Zuffante	F	Mile	6:26.38	2	PR
Charlotte	McConville	F	Mile	6:45.46		
Mikilah	Aubrey	F	SP	20'10"		
Grace	McGough	F	SP	27'05.5"		
Bassma	Torky	F	SP	29'01.25"	3	PR
Brooklyn	Rizzo	F	SP	29'10.25"	2	PR
McKenna	Lawton	F	SPJV	19'09.25"		PR
Paige	Grippi	F	SPJV	19'09.75"		PR
Anushka	Raj	F	SPJV	20'01"		
Nora	Ganno	F	SPJV	21'06"		
Christine (Yan)	Lin	F	SPJV	22'05"		SR
Caroline	Zuffante	F	Two Miles	13:55.32	3	
Leo	Steinberg	M	55	6.94	1	PR
Gavin	Brown	M	55	7.28	3	PR
Josh	McCants	M	55	7.38		PR
Jonas	Ala	M	55	7.42		
Nate	Sampson	M	55	7.52		PR
Jordan	Leathers	M	55	7.54		
Quadir	Essex	M	55	8.01		PR
Alex	Zhao	M	55	8.07		PR
Vincent	Lin	M	55	8.12		
Tedsen	Pierre	M	55	8.14		
Kyle	Lin	M	55	8.24		PR
Daniel	Setow	M	55	8.46		
Justin	Nguyen	M	55	8.64		
Lanjun	Lin	M	55	8.73		PR
Miguel	Lemay	M	55	8.92		PR
Vincent	Lin	M	300	45.40	3	
Quadir	Essex	M	300	45.46		
Kyle	Lin	M	300	46.56		PR
Lanjun	Lin	M	300	54.10		
Miguel	Lemay	M	300	54.57		
Jayden	Anderson	M	600	1:33.60	1	PR
Jayden	Zhong	M	600	1:47.17	3	PR
Eric	Chen	M	600	1:56.67		
CJ	Xu	M	600	1:59.39		
Alden	Belfort	M	600	2:00.02		
Nick	DiBiasi	M	600	2:13.31		
Carter	Bishop	M	1000	3:03.27	2	PR
Warrick	Quon	M	1000	3:22.51		PR
Jakub	Wilson	M	1000	3:36.22		PR
Andrew	Perkins	M	1000	3:39.01		PR
Arpon	Chowdhury	M	1000	3:41.68		PR
derek	Zhu	M	1000	3:43.20		PR
Darwin	Dao	M	1000	4:25.49		
Kyle	Clements	M	2Miles	11:24.33	1	PR
Jayden	Francois	M	HH	8.18	1	
Adrian	Pena	M	HH	9.51	3	PR
Jordan	Leathers	M	HH	10.37		PR
Darryl	Wright	M	HH	11.08		
Jonathan	Cole	M	HH	11.98		
Darryl	Wright	M	HJ	5'02"	2	PR
Nate	Sampson	M	HJ	5'06"	1	PR
Gavin	Brown	M	LJ	15'01.25"		
Jonas	Ala	M	LJ	16'07.5"		
Leo	Steinberg	M	LJ	17'06.5"	3	
Jayden	Francois	M	LJ	18'08.25"	1	
Kyle	Clements	M	Mile	5:03.53	1	
Wilson	Chen	M	Mile	5:31.04	2	
Tyler	Sharkey	M	Mile	5.44.03		PR
Tedsen	Pierre	M	SP	31'02"	3	PR
William	Lanergan	M	SP	34'10.25"	1	
Wellington	Ortiz	M	SPJV	27'05.5"		PR
Leo	Steinberg	M	SPJV	34'00.75"		PR

SCORES: Girls Hanover 65 QNQ 35, Boys QNQ 63 Hanover 34 SR = season best, PR = personal best. Coaches note: Several Girls sat out for State Coaches Invit the next day

Policy Considerations: Deliberating The Integration Of Seemingly Safer Firefighting Agents To Replace Toxic AFFF In Massachusetts

By JONATHAN SHARP

Fire departments across the U.S., including Massachusetts, have used aqueous film-forming foam (AFFF), a highly toxic firefighting foam, since the 1960s. AFFF is a Class-B firefighting foam, a commercial surfactant solution designed to combat flammable fuel fires. Because AFFF is a highly efficient fire extinguisher, it has been widely used by firefighters at municipal fire departments, commercial airports, and military installations. The problem with AFFF is that it contains per- and polyfluoroalkyl substances (PFAS), a group of synthetic chemicals known as a major source of groundwater contamination, leading to adverse health conditions in humans and non-humans.



JONATHAN SHARP

PFAS contamination has become a national concern over the past decade. Numerous scientific studies conducted by The Centers for Disease Control and Prevention, the National Institute of Environmental Health Sciences, and the Agency for Toxic Substances and Disease Registry have shown that once PFAS enter the environment, they do not break down, bioaccumulate, move through soil and contaminate drinking water. Long-term exposure to PFAS leads to the development of various cancers.

Op-Ed

Because firefighters are directly and regularly exposed to PFAS by using AFFF and by working in an environment that is polluted by PFAS-containing waste material, studies show that the rates of cancer diagnosis and cancer-related deaths are higher among them compared to the general population.

Switching to fluorine-free firefighting foam, another B-class foam that does not contain PFAS, could be a significant step towards protecting firefighters from developing fatal illnesses. However, the transition has been slow because of concerns about the effectiveness of fluorine-free foams and the scarcity of scientific data on the ecotoxicity and human health impact of such foams.

What is Massachusetts doing to regulate the use of AFFF?

As there is no overarching federal regulation concerning the use of AFFF, states can adopt their legal provisions and practices concerning AFFF and PFAS. While the Commonwealth of Massachusetts recognizes the dangers posed by PFAS on the population, and some steps have been taken towards decreasing its impact, AFFF is still used by fire departments across the state.

As one of the significant first steps, in 2018, the Massachusetts Department of Environmental Protection (MassDEP) removed and destroyed a total volume of 149,016 pounds of so-called "legacy" AFFF produced before 2003, which contain long-chain PFAS and are known to be more toxic than the short-chain PFAS made after 2003.

In 2021, 12 bills have been filed in the General Court of the Commonwealth of Massachusetts addressing the production and disposal of PFAS-containing products, including firefighters' protective equipment. Bill H.3836 is directly concerned with firefighting foams, prohibiting the removal of certain AFFF by incineration.

Without current legal requirements, the Massachusetts Department of Fire Services (DFS) and the Massachusetts Department of Environmental Protection (MassDEP) advise fire departments to stop using AFFF produced before 2003 and only use post-2003 AFFF when necessary in emergency fire situations.

Cont'd On Page 31

Readers Forum

Reaction To Mayor's Inaugural Speech Compared To 2023 S&P Bond Rating Report

While everyone loves a spender with promises of great things to come, there appears to be financial storm clouds on the horizon. Here's why.

According to the Standard and Poor's Global Rating issued 4/21/23, the city budget increased 7.7% from 2022. City reserves are now tapped for 5 to 6% of the budget. The report further states that the city has a high debt burden and escalating debt service costs. They issued a warning that if Quincy further decreases its reserves to weak levels and if it is unable to make "spending adjustments" given the high debt and unfunded liabilities, its bond rating could be further lowered making it more expensive for the city to borrow money. The city bond rating has dropped from AA+ to AA.

In 2023, property taxes funded 68% and state aid 24% of the general fund reserves. The state is anticipating a decrease in tax revenues this year which can impact state aid to cities and towns. The S and P report states that in 2023, Quincy had 1.1 billion outstanding direct debt and sizable other post city employment benefits (OPEB) owed such as retiree health, life insurance and deferred compensation benefits. The city will issue additional debt over the next two years for downtown and park improvements. The mayor borrowed from the Quincy reserves fund during his election year to decrease 2024 tax bills. A bond payment of 31 million comes due in 2024.

Now, FoxRock has been granted 40 years of no taxes for the new medical building because it is being built in a "blighted area". Seniors are being priced out of their homes and are seeking property tax relief, similar to Boston and other cities, and there has been no accounting for taxpayer funded ARPA monies. Three point five million of taxpayer funded pension money taken by an e mail scammer has yet to be recovered.

According to MA Department of Revenue, the Quincy debt per person in 2021 was $3,384. It increased dramatically to $9,031 per person in 2022. Rising costs of labor and materials makes it more urgent that the city council does its job to make cuts to the budget when necessary, obtain the best financial deals for city purchases and thoroughly scrutinize city contracts. There needs to be an audit of city finances made public. Taxpayers are watching and there has been considerable outcry on at least one neighborhood social media site regarding the increase in property taxes.

Anyone can spend beyond their means; the challenge is to maintain and promote quality services through sound, sustainable fiscal management. The city council plays a vital role representing taxpayers. As coach Belichick used to say, "Do Your Job!"

Jeanne King M.S., R.N.
Quincy

Readers Forum

Citizen Advocates Seek Reinstatement Of Quarry Hills Advisory Committee

Reinstatement of the Quarry Hills Advisory Committee.
January 24, 2024

On 1/7/24 we wrote to each City Councillor requesting that 5 key resolutions introduced by Councillors in 2023 be re-introduced as soon as possible for Council approval and for action in 2024 with Mayor Koch's cooperation as needed.

Chief among them was the first resolution, Reinstatement of the Quarry Hills Advisory Committee.

It reads as follows:

"INTRODUCED BY: COUNCILOR AT LARGE – ANNE M. MAHONEY

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2023-100

ORDERED: October 02, 2023

Reinstatement of the Quarry Hills Advisory Committee

WHEREAS, the 2002 lease between the City of Quincy and the Quarry Hills Associates

(QHA) established the "Quarry Hills Advisory Committee" (QHAC); and

WHEREAS, the "Quarry Hills Advisory Committee" (QHAC) has been inactive for the several years; and

WHEREAS, the lease established the QHAC to be an independent commission which shall be composed of a representatives number of residents, elected officials, and appointed officials of the City of Quincy; and

WHEREAS, the 2002 lease established that the QHAC could hold public meetings, have audit rights, plan review, operational collaboration with QHA, financial oversight and act as the alternate despute resolution board.

THEREFORE, BE IT RESOLVED, that the Quincy City Council requests that by last City Council meeting of 2023 on December 18, 2023 the Administration reestablish the QHAC. The updated committee should include at least four members of the Quarry Hills Citizen Advocates as well as neighbors, representatives from the Quincy Park Department, Quarry Hills Association, representative from City Council and Mayor's Office."

It is necessary to review some recent relevant history regarding the current and proposed lease agreements between the City of Quincy and Quarry Hills Associates concerning this muncipal property.

In 2023, the group Quarry Hills Citizen Advocates publicized at two public forums and an interview on QATV (https://am-quincy.castos.com/episodes/quarry-hills-citizen-advocates-april-19-2023) unfulfilled agreements and issues with the current lease which extends for 30 plus more years. Quarry Hills Associates, the developer, has neglected to create public walking paths. They have not completed an extensive public "recreational complex", not provided necessary maintenance of playing fields, not adequately addressed traffic/safety issues on the Ricciuti Drive access, not resolved the open space status of the area, or provided independent audits and required oversight. Very significant and necessary for such oversight is the required Advisory Committee which was disbanded.

With more than three decades left on the current lease, Quarry Hills Associates proposed to the City an extension of the current lease for 99 more years with no corrections to the current inadequacies and with terms even less financially beneficial to the City. This lease extension would require a Home Rule Petition from the Quincy City Council approved by the State. This is usually granted only to non-profits and for "air rights" and public utilities, not for private, for-profit developers. Despite considerable public concern and opposition there was minimal scrutiny by the City Ordinance Committee at meetings held 11/14/22 and 2/13/23. Prior to the November 2023 Mayoral and City Council elections, Quarry Hills Associates temporarily withdrew the proposal for the 99 year lease extension.

(Some have suggested the best course for the City would be to allow the current lease to expire, then turn the facilities built on City property over to a management company resulting in better financial returns and conditions. This should be explored.)

It is now expected that Quarry Hills Associates will feel free to resubmit its 99 year lease proposal (perhaps with minor changes) to the City to secure the most profitable terms. That's standard business.

It is the duty of the City Council and Mayor to assure the best financial, recreational and environmental lease agreement(s) for the residents of Quincy. That's good government.

A proper first step moving forward is to reinstate a truly representative and effective advisory committee as stipulated by the Resolve: "The updated committee should include at least four members of the Quarry Hills Citizen Advocates as well as neighbors, representatives from the Quincy Park Department, Quarry Hills Association, representative from City Council and Mayor's Office."

All citizens and taxpayers should be concerned with the outcome of the present and proposed Quarry Hills leases. Tens of millions of dollars of extra income to the City over time and public access to the best possible facilities at Quarry Hills are at stake.

To assure the best possible leases for Quincy, please write to Mayor Koch, the At-Large and Ward Councilors to support the resolve and Reinstate the Quarry Hills Advisory Committee

Sincerely,

Mike Cotter
Cyndy Cotter
Members of Quarry Hills Citizen Advocates

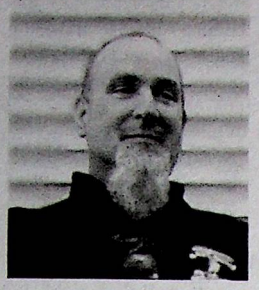
OBITUARIES

David F. DeCristofaro, 67

David F. DeCristofaro of Pawtucket, RI, formally a longtime resident of Quincy, passed away on Saturday, Jan. 20, 2024. He was 67.

He was born in Quincy to Laura B. (Lutes) and James A. DeCristofaro and raised in Quincy Point. David graduated from the Quincy Vocational Technical School and found a career as a pipe fitter. He went on to creating his own company, DFARO Enterprises, for many years.

David adored his family and very much enjoyed every moment spent with his children, grandchildren, siblings and extended family. He was an avid cook and loved making dinner for the family. If he wasn't fixing up dinner, he could fix just about anything else around the house. Summers were spent in the house he built on Sunrise Lake in NH with his late wife, Lisa. The two eventually lived there year-round before her passing. They took root and made many friends during



DAVID F. DECRISTOFARO

their time there. His brother owned the house next door, which made it easy to have the entire family up. He enjoyed going out on his boat on Sunrise Lake or going on a joyride in the golf cart with his dog, Oreo.

David was passionate and wore his heart on his sleeve. He truly loved and cared for his family and friends so deeply. It was tough love, but it was love through and through. He will be dearly missed by all who knew him.

Beloved husband of 23 years to the late Lisa E. DeCristofaro (Hellested). Devoted father to Damara Angelina DeCristofaro and her fiancé John Songer of Pawtucket, RI and Danette Elaine Welch and her husband Christopher of Marshfield. Loving brother to Paul DeCristofaro and his wife Ellen of North Easton, Linda Marani and her husband John of Halifax, and Joan Dunne and her husband John of Walpole. Cherished grandfather of Cooper David Songer and Christopher James Welch Jr. Also survived by his sister-in-law, Cynthia DeCristofaro, of Braintree and many nieces and nephews. Predeceased by his brother, Robert DeCristofaro and his parents, Laura B. (Lutes) and James A. DeCristofaro.

Visiting hours were held Friday, Jan. 26, at the Keohane Funeral Home, 785 Hancock St., Quincy. A funeral service was celebrated Saturday, Jan. 27, at the Keohane Funeral Home. Cremation followed.

Paula A. Damigella, 81

Paula A. Damigella (Merrill) of Quincy died on Jan. 21, 2024. She was 81. Beloved wife of the late Paul Damigella. Devoted mother of Paul Damigella Jr. and his wife Bonnie of Millis, Robert Damigella of Brookline, NH and his late wife, Elizabeth, Richard Damigella and his wife Amy of Weymouth, Kimberly Deitsch (Damigella) and Joseph Deitsch of Easton. Sister of the late Linda DeHart and David Merrill. Cherished Grammy of Paula, Joseph, Danielle, Michael, Katelyn, Robert, Ashleigh, Jessica, Melissa, Nicholas, Allison, Taline and Giulia. Great-Grandmother of Jacqueline, Christian, Aidan, and Landon Paul. She is also survived by many nieces and nephews.

Paula grew up in Revere and Winthrop. She attended the nursing program at Shattuck Hospital, where she earned her LPN. She worked as a nurse at Shattuck Hospital, Boston State Hospital, and Boston City Hospital. Later, she furthered her education by becoming a licensed social worker. She would work with the at-risk population at the homeless shelter on Long Island in Quincy. Her steadfast, calm, and generous demeanor, coupled with her dedicated care, caused her to often be recognized around town.

"I have always loved helping people who were facing a lot of challenges," Paula once said in an interview.

PAULA A. DAMIGELLA

During her entire life, she always tried to help people in need - and was always thinking of other people. She volunteered for many years at Rosie's Place and helped co-found DOVE (Domestic Violence Ended) in 1978, which is still doing good work to this day - something Paula was very proud of. Moreover, the women's shelter was the first of its kind in Massachusetts, so Paula had a 24/7 hotline set up in her own home. It is no surprise that many of her family would follow her into the medical field, carrying on her legacy of care, compassion, and hard work.

As Paula once reflected, "I think you have to look at situations that are sad, and think, 'what can I do to make that better?"

"Paula has a huge, huge heart full of empathy," said one of her fellow volunteers. Indeed, Paula's generous heart and giving soul lent her a radiance that drew people to her. In her free time, she enjoyed arts and crafts, cooking for her family, and attending the many, many events of her children and grandchildren.

During the past two years, when she lived at the Boston Home, where she became an integral part of the community. She contributed her paintings to the art shows, was celebrated as a "Woman Making the World a Better Place" on International Women's Day, and even partnered with local students interested in learning more about assistive technology.

Paula and her late husband Paul raised a wonderful, loving, and lively family. A family that stood by their Mom over the past few years while her health declined. Her children and grandchildren were the foundation of all that was truly important to her - they were the fabric of her life. "Mar" or "Grammy" will live on in all the memories they created over the years.

Visiting hours were held Monday in the Keohane Funeral Home, 785 Hancock St., Quincy. A Celebration of Life Service was held in the funeral home on Tuesday prior to the Funeral Mass in St. Ann's Church, Quincy. Burial in Blue Hill Cemetery, Braintree.

In lieu of flowers, donations in memory of Paula may be made to the Boston Home, 2049 Dorchester Ave, Dorchester, MA 02124. See www.Keohane.com for directions and online condolences.

Josephine M. Hidalgo, 87

Josephine Marie "Jo" Hidalgo of Hingham, formerly of North Quincy, passed away peacefully on Wednesday, Jan. 24, 2024. She was 87.

She was born in Boston to Guiseppina (Russo) and Salvatore Pistone and raised in South Boston. When she was 13, she met Ronald A. Hidalgo, who would become her husband and love of her life. Their story is truly a love story; Jo never dated anyone else her entire life. A few years after they met and started dating, Ron enlisted in the Marines and the two stayed in touch by writing love letters to each other. When Ron was scheduled to return home, Jo planned their wedding to welcome him back and they married a few months after her 20th birthday.

Shortly after Jo and Ron started a family in South Boston, they packed up and moved their family to Quincy where they would spend the remainder of their days together. She stayed at home and raised their five children and when the youngest was old enough, Jo went to work

JOSEPHINE M. HIDALGO

part-time as an administrative assistant at an insurance company. In her spare time, she enjoyed painting landscapes and portraits, shopping and traveling with Ron. After Ron's passing, Jo moved to Hingham and joined the Linden Ponds community where she made many friends. There she was a part of the Italian American Club which she very much enjoyed.

Jo was generous and caring and had a quiet strength about her that was admired by many, especially her family. She was also admired for her skills in the kitchen and will be remembered as an excellent cook. Her lasagna and meatballs were a family favorite. She will be deeply missed by all who knew her and loved her.

Beloved wife of 50 years to the late Ronald A. Hidalgo. Devoted mother to Diana M. Eysie and her husband George of Kingston, Ronald G. Hidalgo and his wife Elivia of Quincy, John J. Hidalgo of Plympton, Donna M. Mavromates and her husband Stan of Hingham, and Jo-Anne Glennon and her husband Sean of Quincy. Cherished Nana of John, Michaela, Olivia, Avery and Annabella, who were the light of her life. Loving mother-in-law to Kathy Dion. Also survived by many nieces, nephews and cousins.

Jo's family is deeply grateful for the staff at Linden Ponds who went above and beyond to care for her as one of their own.

Visiting hours were held Tuesday, Jan. 30th, in the Keohane Funeral Home, 785 Hancock St., Quincy. A Celebration of Life Service will be held in the funeral home at 9:45 a.m. on Wednesday, Jan. 31st, prior to the Funeral Mass in Sacred Heart Church, Quincy at 10:30 a.m. Burial in Pine Hill Cemetery, Quincy.

In lieu of flowers, donations in memory of Jo may be made to The Jimmy Fund c/o Dana-Farber Cancer Institute at jimmyfund.org/gift, P.O. Box 849168, Boston, MA 02284-9168. Please see www.Keohane.com for directions and online condolences.

Honor Your Loved One's Memory With Flowers

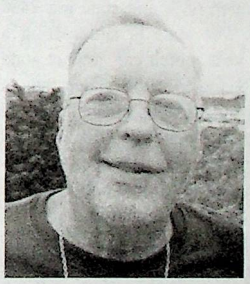
cliffords.com
1.800.441.8884

Joseph J. Lyons, 84

Joseph J. "Papa" Lyons, 84, of Quincy passed away at home surrounded by family on Jan. 24. 2024. Born and raised in Dorchester, he was a son of the late Robert and Alice (Walsh) Lyons.

Joseph served his country with honor in the United States Army and was stationed in Germany. He married Margery Tinlin on Oct. 8, 1966 in Saint Gregory's in Dorchester. They moved to Quincy and raised three loving children, as well as acted as foster parents to many children in need.

Joe worked for the Archdiocese of Boston at Saint Margaret's Hospital as a facilities director and was known for drawing cartoon murals in the children's wing. After retiring from the hospital, he worked for the City of Quincy Elder



JOSEPH J. LYONS

Services where he was affectionately known as the "singing bus driver."

Joe was dedicated to his community, serving as an active member in the Knights of Columbus and as an usher at Sacred Heart Church for many years. Joe was most happy on the beaches of Cape Cod and Nantucket with his grandchildren and extended family. He enjoyed watching Madaket sunsets sipping Jamison Whisky. He is survived by his loving wife Marge, his daughter Paula Lyons-Barry her husband Timothy Barry, his son Patrick Lyons and his wife Elizabeth Buckley Lyons as well as 7 grandchildren; Liam, Samuel, Padraig, Rannon, Declan, Mairin and Flynn. Joe was preceded in death by his loving son Joseph "Jay" Lyons Jr. as well as many other cherished family members.

Visiting hours were held Tuesday, Jan. 30, 2024, at the Hamel-Lydon Chapel, 650 Hancock St, Quincy followed by a funeral Mass in Sacred Heart Church, 386 Hancock St., North Quincy. Private burial at the Massachusetts National Cemetery, Bourne will take place at a later date.

In lieu of flowers the family would appreciate donations in Joe's memory be made to NVNA and Hospice, 120 Longwater Dr., Norwell, MA 02061 or online at NVNA.org. Hospice workers are gifts from God.

For more information and to leave online condolences visit HamelLydon.com.

NOTICE TO READERS

Obituaries appearing in The Quincy Sun and posted on the newspaper's website are written by the funeral home handling arrangements with input from the deceased's family.

They are not written by The Quincy Sun.

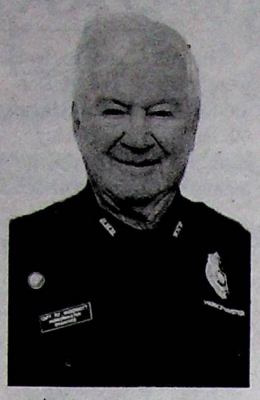
Obituaries are submitted by the funeral homes and are printed in The Sun space permitting.

OBITUARIES

Richard F. McDermott, 89

Richard F. McDermott, age 89, a longtime resident of Braintree, formerly of Quincy, died peacefully, Saturday, January 27, 2024 at Alliance Health at Braintree, in the comfort of his loving family.

Richard was born in Quincy, to the late John J. and Lillian C. (Gregory) McDermott. Raised and educated in Quincy's Houghs Neck, he was a graduate of Quincy High School, Class of 1952.



RICHARD F. McDERMOTT

In 1967 he was a graduate of Northeastern University, earning an Associate Degree in Mechanical Engineering and Bachelor of Science Degree in Industrial Engineering Technology; and several other certificates relating to municipal management and building construction management.

In parallel with his studies, he was employed by the Smithsonian Astrophysical Observatory in Cambridge, in the construction and maintenance of several satellite tracking stations worldwide. After graduation, he went on to work for several municipalities and engineering companies. Finally, he worked for the Tri-County Regional Vocational Technical High School as Plant Manager for 18 years before retiring in 1996.

His service to the community began in 1972 when he became charter board member and chairman of the Weymouth-Braintree Regional Recreation-Conservation District Commission. Initially, this was a flood control project to benefit the Weymouth Landing area which experienced devastating floods in the past. When finished, this project became known as Pond Meadow Park and is now enjoyed by the community year-round as a passive recreational area and nature preserve. He was also a supervisor for the Norfolk County Conservation District, and a member of the Boston Harbor Advisory Commission.

His love for boating began from an early age with his involvement with the sea scouts where he first learned the lessons of responsible boating and safety. This led to a lifelong involvement with recreational boating, especially throughout Quincy Bay and adjacent waters. This was a family past time where he was always accompanied by his wife and First Mate, Louise. He always prided himself to be one of the first into the water during springtime, and the last to come out for winter. He belonged to several area yacht clubs, namely Braintree Yacht Club, Quincy Yacht Club, and the Metropolitan Yacht Club.

His private studies in seamanship and the rules of navigation led to his earning his certification as a US Coast Guard Licensed Master and additional endorsements required for advanced navigation. As his professional engineering career was winding down, Captain McDermott went on to operate the cruise boats and commuters we all know well, and to supervise many other maritime operations requiring the services of a licensed master. What is more, he served for a time as Assistant Harbormaster, and for many years as Harbormaster for the Town of Braintree where he worked diligently with the police and fire departments in Braintree and surrounding communities, the Massachusetts State Police, US Coast Guard Auxiliary, and the Department of Homeland Security. He tirelessly worked with the other area harbormasters, the public boating community, and yacht clubs.

Richard also served for a time as a Braintree Town Meeting member. He is a Life Member of the Knights of Columbus, Braintree Council 1462 since 1972, and associated himself with several other professional organizations and societies.

Beloved husband of the late Louise M. (Gomez) McDermott. Devoted father of Richard P. McDermott and his wife Marie of Hollis, N.H., Kevin M. McDermott of Braintree, Lisa Nolan and her husband Thomas of Pembroke, Linda J. Solimini, and Karen Johnston, both of Braintree. Loving grandfather of twelve and great grandfather of thirteen. The last of four siblings, he was predeceased by Commander John G. McDermott, U.S. Navy, Ret., Roger W. McDermott, and Marilyn G. Mann. Richard is also survived by many nieces, nephews, and their families.

Visiting hours will be held at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy, on Friday, Feb. 2, from 4 – 7 p.m. Relatives and friends are invited to attend. A Funeral Mass will be celebrated in Saint John the Baptist Church, 44 School St., Quincy, on Saturday, Feb. 3, at 10 a.m. Interment to follow at Blue Hill Cemetery, Braintree.

For those who wish, donations in Richard and Louise's memory may be made to the National Kidney Foundation, Finance Department, 30 East 33rd Street, New York, NY 10016 or by visiting www.kidney.org/donate.

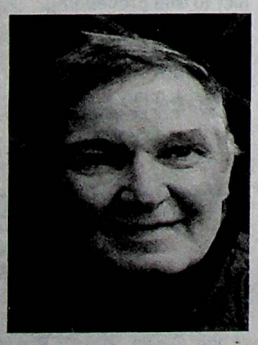
You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

Paul S. Gaudiano, 64

The family of Paul S. Gaudiano, 64, of Quincy is saddened to announce his passing on Thursday, January 4, 2024. Mr. Gaudiano passed away peacefully at the South Shore Hospital, Weymouth after a lengthy illness.

Paul was a graduate of Quincy High School, Class of 1977. He proudly served in the U.S. Air Force as a fighter plane mechanic. He was a gifted multi-instrument musician and songwriter.

Paul was an aviator, receiving his private pilot's license at the age of 16. He was a talented mechanic working with his father at the Triangle Filling Station in Quincy for many years.



PAUL S. GAUDIANO

His passions were his music and the skies.

He was the son of the late Michael and Frances (Florentine) Gaudiano, and nephew of the late Marie Pearce with whom he shared a birthday, all formerly of Quincy. He is survived by his siblings, Michael Gaudiano of Rhode Island, Janice Ronayne of Milton, and Frances Gaudiano of Quincy, along with several nieces and nephews.

A private burial with full military honors at Pine Hill Cemetery will be held in the Spring of 2024. Paul's family would like to thank the Quincy Veterans Services for their assistance.

Funeral arrangements are under the care of Hamel-Lydon Chapel. For online condolences, please visit HamelLydon.com.

More Obituaries Pages 24, 30

Allie S. Hassan, Sr., 83

Allie S. Hassan, Sr., age 83, of Rockland, formerly of Quincy, died peacefully, Tuesday, Jan. 23, 2024 at the Pat Roche Hospice Home in Hingham, in the comfort of his loving family.

Allie was born in Quincy, to the late Sam and Agnes (Abraham) Hassan. Raised and educated in Quincy, he attended Quincy High School. Allie lived in Rockland for twenty-one years, previously in Quincy for most of his life.

He was a proud U.S. Army veteran of the Vietnam Era. He served as a paratrooper, with the 82nd Airborne Division, achieving the rank of Sergeant.

As a young man, Allie worked in his family's restaurant, the former Ma's Lunch on Winter Street adjacent to the Fore River Shipyard.

He later worked at the former Fore River Shipyard in Quincy for seventeen years as a steel cutter and as a lead burner with both the Bethlehem Steel Company and General Dynamics.

ALLIE S. HASSAN, SR.

After retirement, Allie was the founder and manager of the Quincy Unity Club for many years.

He was an avid Boston sports fan. Most of all, Allie was devoted to his family and friends.

Beloved husband for thirty-seven years of Gayle A. (Walsh) Hassan.

Devoted father of Allie Hassan, Jr., Roberta Hassan of Stoughton, Ronnie Hassan of Weymouth, and the late Norman and Karen Hassan.

Father-in-law of Jaqueline Coull Hassan of Weymouth.

Loving grandfather of three and great grandfather of five.

Allie was the last of twelve siblings and is survived by many nieces, nephews, and their families.

Memorial Funeral Services will be conducted at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy, on Thursday, Feb. 1, at 10:30 a.m., with military honors to follow. Relatives and friends are invited to attend. Memorial Visitation prior to the service from 9:30 -10:30 a.m.

For those who wish, donations in Allie's memory may be made to Norwell VNA and Hospice, 120 Longwater Dr., Norwell, MA 02061.

You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

Pauline L. Verney, 98

Pauline L. (Davis) Verney, age 98, of Quincy, died peacefully, Friday, January 26, 2024 at AccentCare Inpatient Hospice Center in Milton, in the comfort of her loving family.

Pauline was born in Boston, to the late Bertram and Marguerite (Geary) Davis. Raised and educated in Dorchester, she was a graduate of the Jeremiah E. Burke High School.

She lived in Quincy for most of her life.

As a young woman, Pauline was employed as a telephone operator at the former New England Telephone Company before leaving the workforce to raise her family.

She enjoyed tending to her beautiful and fragrant flower gardens, watching sports, reading books, and two newspapers each day. Pauline was an avid crossword puzzle solver. She loved swimming at Nantasket Beach and Cape Cod with her family and took her children to swimming lessons at Mound Street Beach in Quincy. She also enjoyed music with her family; there was always an album playing on the big stereo in the living room. She was a great cook – a full delicious meal on the table every day. On holidays, in addition to a big meal, she would bake many luscious pies and a fabulous date nut bread. She loved spending time with her family and loved showering her children and grandchildren with beautiful gifts. She will be missed every day.

Beloved wife for fifty-five years of the late Richard F. Verney, Sr. They met in Dorchester, and raised their family in Quincy.

PAULINE L. VERNEY

Devoted mother of Richard F. Verney, Jr. and his wife Lee Ann of Weymouth, Robert P. Verney and his wife Cheryl of Quincy, Paula L. Hardiman and her husband Jack of Freedom, N.H., Karen A. Lake and her husband Michael of Abington, and Sue M. Verney of Braintree.

Loving grandmother of Sharon and her wife Lisa, Matthew, Keith and his wife Becky; Robert and his wife Christina; Jennifer, Kevin and his wife Marielle; Michael and his wife Maureen, Christopher and his wife Jessica.

Cherished great grandmother of ten.

Dear sister of the late Virginia McCann.

Pauline is also survived by many nieces, nephews, and their families.

Visiting hours will be held at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy, on Thursday, February 1, from 4 – 7 p.m. Relatives and friends are invited to attend. A Funeral Mass will be celebrated in Saint Joseph Church, 550 Washington St., Quincy, on Friday, February 2, at 10 a.m. Interment to follow at Blue Hill Cemetery, Braintree.

In lieu of flowers, donations in Pauline's memory may be made to Interfaith Social Services, 105 Adams Street, Quincy, MA 02169 or www.interfaithsocialservices.org.

You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

In Loving Memory of
RICHARD F. TAPPER
1/25/2022

Time after time we think of you, and wish for days gone by.

As this can't be, we send our love to you beyond the sky.

Lovingly remembered and sadly missed by Maureen, Family & Friends

OBITUARIES

Michael E. D'Andrea

Michael E. D'Andrea, age 90, of Quincy, MA passed away peacefully Tuesday, January 23, 2024.

Michael ("Mike") was an US Army Veteran who served in the Korean War. After retiring from the United States Postal Service in Boston, he joined his son Michael at D'Andrea Foods Inc. He enjoyed working on his home, yard and garden. He loved spending time with his late wife Shirley, his four children, six grandchildren and two great grandchildren. Michael was a long-time member of the American Legion in Quincy.

MICHAEL E. D'ANDREA

Beloved husband of 55 years to the late Shirley (Middendorf) D'Andrea. He was the brother of the late Anthony D'Andrea and Gloria Blanchard. The loving father of the late Michael D'Andrea and his surviving wife Joanne of Quincy, Cynthia D'Andrea of Holbrook, John D'Andrea and his longtime partner Elizabeth Harrington of Sagamore Beach, Laura Conway and her late husband, Norman Conway, of Haverhill. The proud Papa to Lauren and her husband Dillon Darcy of Charlestown, Rachel and her husband Justin Drum of Quincy, Michael D'Andrea and his fiancé Katie Burns of Quincy, Kelsey D'Andrea of East Bridgewater, Daniel Conway and his fiancé Caroline Spicer of Haverhill and Nathaniel Conway of Haverhill. He was the great grandfather of Collins and Hadley Drum and uncle to many nieces and nephews. He will be dearly missed by all.

A Funeral Mass was celebrated Monday (Jan. 29) in St. John's Church, Quincy. Burial was in Pine Hill Cemetery, Quincy.

Funeral arrangements were made by the McDonald Keohane Funeral Home, 40 Sea St., North Quincy.

In lieu of flowers, donations in memory of Michael's wife Shirley and son Michael, may be made to the Pancreatic Cancer Action Network, 1500 Rosecrans Avenue, Suite 200, Manhattan Beach, CA 90266.

Joanne M. Santos, 62

Born and raised in the South Shore town of Quincy, Joanne Mary Santos died peacefully and surrounded by her loved ones on Thursday, January 25, 2024, at the Beth Israel Deaconess Medical Center in Boston. She was 62.

JOANNE M. SANTOS

The middle child of 5, Joanne was a cherished daughter of Joan M. (Fanning) Santos (formerly a Cape retiree from Quincy, who now resides in Reading) and the late John M. Santos, who died in 2001. She is fondly remembered by her siblings Karin Samatis (husband William) of Reading, Brenda O'Brien (partner Craig Stevens) of Stoneham, Doreen Manning (husband Robert) of Shirley, and her late brother John Santos. Joanne also was a proud aunt of 7 nieces and nephews.

Joanne found the love of her life, John E. Seegraber of Quincy, 14 years ago. They lived together in Plymouth in a beautiful apartment overlooking the ocean. John was her partner, caregiver and solid rock that guided her days, and her family are forever grateful for their beautiful relationship.

Affectionately called Jo Jo by her close circle, Joanne had a lovely group of friends with whom she kept in touch regularly. These friends stayed connected throughout her life, and Jo Jo was always there for them through thick and thin.

Joanne had a form of muscular dystrophy called myotonic dystrophy, a genetic condition that causes progressive muscle weakness. As this disease progressed, she persevered with a positive attitude. With the help of her partner, friends and family, Joanne continued to live a connected life full of fun and laughter.

Relatives and friends are respectfully invited to greet the family during visiting hours on Wednesday, Jan. 31, 4-8 p.m. in the Keohane Funeral Home, 785 Hancock St., Quincy.

Her funeral service will be celebrated on Thursday, Feb. 1, at 11 a.m. in Keohane Funeral Home, Quincy. Cremation will follow. Interment will be private.

In lieu of flowers, memorial contributions may be sent in Joanne's name to Muscular Dystrophy Association, Inc., 1016 W Jackson Blvd. #1073, Chicago, Illinois 60607 by visiting: mda.org.

See Keohane.com for directions and online condolences.

INVITATION TO BID **INVITATION TO BID**

Invitation to Bid
"Ornamental Fencing at Mount Wollaston Cemetery"

City of Quincy
Quincy, Massachusetts

Notice

Due Date: February 15, 2024, at 11:00 a.m.

The City of Quincy, acting through the Department of Natural Resources, is soliciting bids from qualified bidders to furnish all labor, materials, and equipment for the fabrication and installation of ornamental iron fencing at Mount Wollaston Cemetery at Merrymount Road, Quincy.

Bids will be received at the Office of the Purchasing Department; City Hall; 1305 Hancock Street; Quincy, MA 02169, until **Thursday, February 15, 2024, at 11:00 a.m.**

Each bid shall be accompanied by a bid security in the amount of five percent (5%) of the total value of the bid in the form of a bid bond or certified/treasurer's check.

Detailed specifications will be available on-line on January 31, 2024, at the City of Quincy's website, www.quincyma.gov and available at the Office of the Purchasing Department, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 a.m. and 4:30 p.m.

All inquiries regarding this bid should be directed to Kathryn R. Logan, Chief Procurement Officer by email: klogan@quincyma.gov and cc: mmarini@quincyma.gov. Inquiries will be accepted until February 9, 2024, at 12:00 p.m.

The City of Quincy reserves the right to withdraw the bids; to reject any and all bids; and to accept any bids deemed to be in the best interest of the City of Quincy.

The bidding and award of this contract shall be in full compliance with Massachusetts General Laws, Chapter 30, Section 39M, as last revised. All Federal, State and City of Quincy regulations and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law and/or any applicable federal rates. The City reserves the right to waive any informality in or to reject any or all bids when such an action is deemed in the best interests of the City.

Non-responsive and/or unbalanced bids may be rejected.

Thomas P. Koch, Mayor
David Murphy, Commissioner, Department of Natural Resources
Kathryn R. Logan, Chief Procurement Officer

2/1/24

INVITATION TO BID **INVITATION TO BID**

CITY OF QUINCY, MASSACHUSETTS
Department of Public Works

INVITATION TO BID

The Department of Public Works for the City of Quincy, Massachusetts invites bidders to submit sealed bids for **CY2024 Water Mains Replacement Contract 1** until **11:30 a.m. local time, February 15, 2024**, in the Office of the Purchasing Department, 1305 Hancock Street, Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud.

The work under this contract includes, which includes but is not limited to the replacement of 18,674 feet of 6-inch to 16-inch unlined cast iron water main; furnishing and installing related gate valves, hydrants, and appurtenances, and all materials, equipment, services, and construction inherent to the Work. Pricing is also sought on Alternate Items that include but is not limited to the replacement of 1,465 feet of 6-inch to 12-inch unlined cast iron water main; furnishing and installing related gate valves, hydrants, and appurtenances, and all materials, equipment, services, and construction inherent to the Work. The contract will be awarded based on the accurate representation of the Base Bid items, and not to include the Alternate Items.

The work shall be substantially complete by June 1, 2025. All Work shall be ready for final payment by July 1, 2025.

A non-mandatory pre-bid conference will be held at 10:00 a.m. local time on February 6, 2024, at the Department of Public Works, 55 Sea Street, Quincy, Massachusetts 02169. Bidders are encouraged to attend and participate in the conference.

Detailed specifications will be available on January 31, 2024 at no cost on-line at the City of Quincy's Website, https://www.quincyma.gov/govt/depts/purchasing/current_bids.htm.

Each Bid shall be accompanied by a Bid security in the amount of five percent (5%) of the total value of the Bid in the form of a Bid bond or certified/treasurer's check.

The bidding and award of this Contract shall be in full compliance with Massachusetts General Laws, Chapter 30, Section 39M, as last revised, all Federal, State and City of Quincy regulations when applicable in relation to Minority Business Enterprise, Women's Business Enterprise, Minority Work Force, Equal Employment Opportunity, and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, §26 to 27H and/or any applicable federal rates. The City reserves the right to waive any informality in or to reject any or all Bids when such an action is deemed in the best interests of the City.

Non-responsive and/or unbalanced bids may be relected.

Thomas P. Koch, Mayor
Alfred J. Grazioso, Commissioner of Public Works
Kathryn R. Logan, Chief Procurement Officer

2/1/24

LEGAL NOTICE

CITATION ON PETITION TO CHANGE NAME
Docket No. NO23C0488CA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate
and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
In the Matter of:
Surat Suwannarat

A **Petition to Change Name of Adult** has been filed by

Surat Suwannarat of **Quincy, MA**

requesting that the court enter a Decree changing their name to:

Kritphop Ganapati

IMPORTANT NOTICE

Any person may appear for purposes of objecting to the petition by filing an appearance at: Norfolk Probate and Family Court before 10:00 a.m. on the return day of 02/14/2024.

This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: January 2, 2024
COLLEEN M. BRIERLEY
Register of Probate

2/1/24

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services
ZONING BOARD OF APPEALS
CASE NO. ZBA-24-1

Pursuant to the provisions of the Quincy Zoning Ordinance of the Quincy Zoning Board of Appeals as amended, an Open Public Hearing will be held on **Tuesday, February 20, 2024** at **6:00 p.m.** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169, on the application of Felipe Magalhaes for a Variance to consider grandfathering a second short-term rental unit in violation of the Quincy Zoning Ordinance Section 6.12.2 Short-Term Residential Rentals (Conditions) on the premises numbered 59 POND STREET, QUINCY.

Plans and specifications may be viewed online at https://quincyma.viewpointcloud.com/records/113435.

Martin Aikens, Chairman

2/1/24, 2/8/24

CLASSIFIEDS

PERSONAL

Thank You
St. Jude, Blessed Mother, St. Anthony, St. Joseph, St. Peregrine, St. Theresa
J.D. 2/8

Thank You
St. Ann and Mary Mother of God for a miracle granted.
(Baby Mine) 2/1

PLEASE RECYCLE
THIS NEWSPAPER

HELP WANTED

Bookkeeper I

The Quincy Housing Authority has a position in its Finance Department for a Bookkeeper I. The Bookkeeper is responsible for performing bookkeeping functions, compiling and classifying information and documents, maintaining records, posting items in the Authority's computerized accounting system and reconciling same. Also assists in the performance of more complex bookkeeping tasks, as well as performing other bookkeeping functions in the absence of other bookkeeping personnel. A complete job description can be obtained by contacting Terry Champion at tachampion@quincyha.com. Annual starting salary is $48,976.20 plus benefits. Applications and resume may be submitted to Terry Champion, Administrative Assistant, Quincy Housing Authority, 80 Clay Street, Quincy, MA 02170. Job will remain open until filled. 2/8

HELP WANTED

MAGUIRES BAR & GRILL
Easton, MA
Now hiring full or part time
LINE COOKS.
Call for an interview
508-230-8888
Ask for Mike 2/1

HALLS FOR RENT

MORRISETTE LEGION POST
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Function Hall Available
Call for Details 617-770-4876
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Showers • Christenings • Meetings
After Funeral Gatherings TF

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THOMAS C. SWEENEY
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Shingle & Rubber Roofs
FULLY INSURED & LICENSED
Jim at 617-825-0592 2/22

HERITAGE PAINTING CO.
617-905-5755
Interior – Exterior
Power Wash – Wallpaper
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Potholes are a year-round p=roblem and should be reported to the
Department of Public Works
617-376-1914

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DECK SPECIALISTS
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GUTTER CLEANING 2/8

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MA Certified Horticulturist
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Daylight.Pruning@yahoo.com 2/8

Want to pick up a copy of The Quincy Sun?

Here are stores in Quincy that sell it on their newsstands:

Goodie's Store
1250 Hancock St., Presidents Place

New Store on the Block
1183 Hancock St., Quincy Ctr. T Station

Hancock Market
1520 Hancock St.

Mignosa's Fruit Basket
138 Granite St.

Star Market
130 Granite St.

Walgreens
132 Granite St.

Franklin St. BP
60 Franklin St.

7-11, 78 Franklin St.

Shop N Save Liquors
20 Independence Ave.

Donut + Donuts + Muffins
33 Scammell St.

Presidential Liquors
25 Scammell St.

Adams Variety
22 Independence Ave.

Daily Mart
291 Quincy Ave.

Walgreens
418 Quincy Ave.

Artery Grocery
1000 Southern Artery

7-11, 495 Washington St.

Dairy Farm
330 Washington St.

Quincy Market
33 Washington St.

7-11, 230 Washington St.

Stop & Shop
Southern Artery

CVS, Southern Artery

Walgreens
550 Adams St.

7-11, 650 Adams St.

Village Common Market
100 Willard St.

Copeland Liquors
273 Copeland St.

Granite Mart
308 Willard St.

7-11, Copeland St.

Joe's Place
260 Centre St.

Corner Food Mkt.
1060 Hancock St.

200 Food Mart
200 Sea St.

Adams Shore Supermarket
494 Sea St.

Palmer St. Market
231 Palmer St.

Bernie's General Store
1147 Sea St.

7-11, 721 Hancock St.

CVS, 42 Beale St.

Beale St. News and Tobacco
17 Beale St.

Supreme Liquors
615 Hancock St.

Squantum Market
205 W. Squantum St.

Stop & Shop
65 Newport Ave.

7-11, 363 Hancock St.

Walgreens
324 Hancock St.

Sam's Variety
125 Billings Rd.

Lucky's Wine & Liquor
66 Newbury Ave.

Atlantic Market & Liquors
247 Atlantic Ave.

Carmine's Café
69 Huckins Ave.

7-11, 751 E. Squantum St.

Lucky Shamrock
265 Beale St.

Everest Market
121 Standish Ave.

5 Corner Food Mart
163 Newbury Ave.

West Elm Variety
139 W. Elm Ave.

The Quincy Sun CLASSIFIED AD FORM

MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169

PAYABLE IN ADVANCE. Payment must accompany order.

INDEX
- ❑ Services
- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
- ❑ Flea Markets
- ❑ Yard Sales
- ❑ Instruction
- ❑ Day Care
- ❑ Personal
- ❑ Miscellaneous

RATES

1 WEEK ❑ $9.00 for one week, up to 20 words, 10¢ for each additional word.

2-4 WEEKS ❑ $8.00 per week up to 20 words for 2-4 weeks of the same ad, 10¢ each additional word.

5-10 WEEKS ❑ $7.50 per week, up to 20 words, for 5-10 weeks of the same ad, 10¢ for each additional word.

11 WEEKS OR MORE ❑ $7.00 per week, up to 20 words, for 11 or more weeks of the same ad, 10¢ for each additional word.

❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

COPY: _____

_____

_____

_____

_____

_____

NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION.

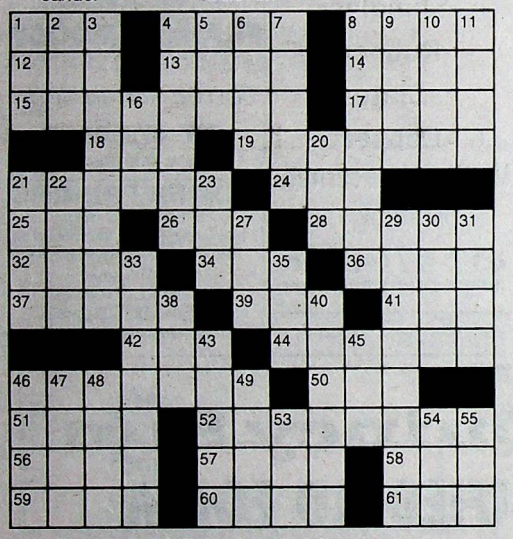
DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

SUN FUN PAGES

King Crossword

ACROSS
1 TV schedule abbr.
4 Rotate
8 Exerciser's target
12 Slithery fish
13 Layered cookie
14 Greek vowel
15 Selflessness
17 Seize
18 Chapeau
19 Slogan
21 Garden figurines
24 Use henna
25 Post-op area
26 Apply cream
28 College study
32 Close by
34 "Gee, ya think?"
36 Golfer's cry
37 Campfire leftovers
39 Clothing protector
41 Sandwich meat
42 "— been real"
44 By and large
46 Opposite of candor
50 Eggy quaff
51 Bern's river
52 Halite
56 Egyptian deity
57 Shrek, for one
58 Half of CIV
59 Society newbies
60 French perfume brand
61 Prom rental

DOWN
1 Afternoon get-together
2 Ann Patchett's "— Canto"
3 However
4 Praised loudly
5 Mentalist Geller
6 Take it easy
7 Wanderer
8 Biblical cover-up?
9 Petty of "Tank Girl"
10 — impasse
11 Innocent one
16 Ewe's mate
20 Workout venue
21 Actress Gershon
22 Mark Harmon TV series
23 Melancholy
27 Fella
29 "Atlas Shrugged" hero
30 Exam format
31 "Ratatouille" rat
33 Patty Hearst, for one
35 "Tell —" (Streisand/Dion song)
38 Fr. holy woman
40 Monopoly job
43 Seafood selection
45 Cyclades island
46 Stated
47 Lighten
48 Baby's bed
49 Boo-Boo's buddy
53 — -Magnon
54 Lucy of "Elementary"
55 Box office buys, slangily



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MAGIC MAZE ● GULF COAST BEACHES

J O L J H E C A X V A T R P N
L J H F D B Y X V N S T R P O
B R A D E N T O N Y E M K I Y
I C L E A R W A T E R S G E E
L D B Z X W M I T U O E T R K
O Q O N L A C J I O H L G N A
X F F O R T M Y E R S P D U T
I E C I N E V C A Y F A X C S
W V A P A L E Y T S L N R N E
N I T S E D R M U L U T P A I
S O N T R O P F L U G L K C S

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: PANAMA —, FL

Anna Maria Is.
Biloxi
Bradenton
Cancun
Clearwater
Destin
Fort Myers
Gulf Shores
Gulfport
Naples
Sarasota
Siesta Key
Tulum
Venice
Yelapa

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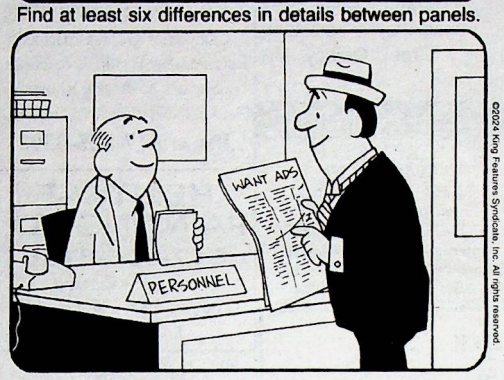
HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.



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Differences: 1. Newspaper is longer. 2. Hat is larger. 3. Lapel is missing. 4. File cabinet is taller. 5. Man is thinner. 6. Jacket sleeve is shorter.

Trivia test

by Fifi Rodriguez

1. ANIMAL KINGDOM: What is a beaver's home called?

2. U.S. STATES: In which state would you find Crater Lake?

3. TELEVISION: Which animated cartoon character says, "What's up, Doc?"

4. LITERATURE: Who is the author of "The Exorcist"?

5. MATH: In Roman numerals, what is XVIII times V?

6. ANATOMY: How many vertebrae are in the human spine?

7. GEOGRAPHY: Which nation is home to Europe's largest glacier?

8. MOVIES: In which film does Doris Day sing "Que Sera, Sera"?

9. SCIENCE: What is anemophily?

10. MUSIC: Who sang the hit "Girls Just Want to Have Fun"?

Answers
1. A lodge.
2. Oregon.
3. Bugs Bunny.
4. William Peter Blatty.
5. XC (90).
6. 33.
7. Iceland.
8. "The Man Who Knew Too Much."
9. Pollination by the wind.
10. Cyndi Lauper.

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Wishing Well®

8	3	2	3	4	6	4	5	8	3	8	2	4
D	Y	T	O	A	P	M	D	Y	U	N	U	A
5	4	2	6	3	8	6	2	5	8	3	7	4
U	R	R	R	R	A	A	N	T	M	L	H	R
6	5	2	6	8	6	5	7	6	3	7	3	4
C	I	O	T	I	I	E	O	C	I	N	F	I
7	8	6	5	3	5	4	3	5	4	7	2	4
O	C	E	S	E	I	A	A	N	G	R	N	E
8	4	2	5	4	3	8	4	2	6	4	8	2
C	O	C	C	F	P	A	L	H	F	O	R	A
6	4	5	4	6	7	8	7	6	8	5	8	6
A	V	R	E	I	P	E	A	T	E	E	R	H
5	3	7	3	2	7	2	7	5	3	7	5	7
A	O	R	E	R	E	M	N	S	M	T	E	S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19) Taking some time out of your usually busy social life could be just what you need. You can focus on putting some finishing touches on those plans for a possible career change.

TAURUS (April 20 to May 20) A misunderstanding about a colleague's suggestions could create a delay in moving on with your proposal. But by week's end, all the confusing points should finally be cleared up.

GEMINI (May 21 to June 20) You might feel overwhelmed by all the tasks you suddenly have to take care of. But just say the magic word – "help!" – and you'll soon find others rushing to offer much-needed assistance.

CANCER (June 21 to July 22) Finishing a current project ahead of schedule leaves you free to deal with other upcoming situations, including a possible workplace change or a demanding personal matter.

LEO (July 23 to August 22) Turn that fine-tuned feline sensitivity radar up to high to help yourself uncover any facts that could influence a decision you might be preparing to make. Devote the weekend to family activities.

VIRGO (August 23 to September 22) A state of confusion early in the week is soon cleared up with explanations from the responsible parties. Don't waste time chastising anyone. Instead, move forward with your plans.

LIBRA (September 23 to October 22) You might feel obligated to help work out a dispute between family members. But this is one of those times when you should just step aside and let them work out their problems on their own.

SCORPIO (October 23 to November 21) Your ability to resolve an on-the-job problem without leaving too many ruffled feathers earns you kudos from co-workers. You also impress major decision-makers at your workplace.

SAGITTARIUS (November 22 to December 21) Newly made and long-held friendships merge well, with one possible exception. Take time to listen to the dissenter's explanations. You could learn something important.

CAPRICORN (December 22 to January 19) Be prepared to be flexible about your current travel plans. Although you don't have to take suggestions, at least consider them from experts in the travel business.

AQUARIUS (January 20 to February 18) A problem with a recent financial transaction could lead to more problems later on unless you resolve it immediately. Get all the proof you need to support your position.

PISCES (February 19 to March 20) Daydreaming makes it difficult to stay focused on what you need to do. But reality sets in by midweek, and you manage to get everything done in time for a relaxing weekend.

BORN THIS WEEK: Your ability to reach out to those in need of spiritual comfort makes you a much-revered and much-loved person within your community.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: D equals I

DY U IBGBQUOHBIBO QUHBN U JMAEW SY KMJDSMN TOSQDNBN, ESMGK IWBZ JB TWSAB-Z EGUDQN?

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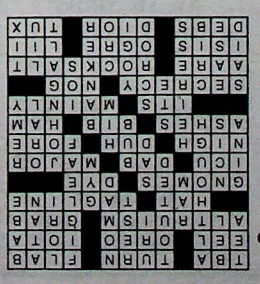
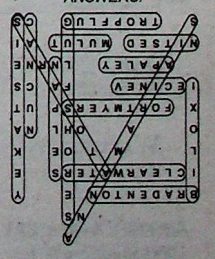
— King Crossword — Answers

Solution time: 25 mins.



Magic Maze ANSWERS:



CryptoQuip answer

If a telemarketer makes a bunch of dubious promises, could they be phone-y claims?

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD – Paramount Pictures has lost it biggest star now that Tom Cruise is moving his production company to Warner Bros. after 30 years. Cruise has been making pictures with Paramount since 1992, and his last release will be the upcoming eighth film in the *"Mission Impossible"* franchise. The seventh film, *"Dead Reckoning Part One,"* grossed $567.5 million. It will be a sad day for Paramount when the 61-year-old superstar moves to Warner Bros.

***

"Wonka," starring Timothee Chalamet, is impressive in an *"Oliver Twist"* kind of way. He sings, dances and acts great, but while it had some magic, it didn't have the appeal of the first two films with Gene Wilder and Johnny Depp. Still, you can't argue with half a billion in its first three weeks.

"Killers of the Flower Moon" was a disappointment at the box office – and at the Golden Globes when Robert De Niro, Leonardo DiCaprio and Martin Scorsese didn't score any wins. But Lily Gladstone won for Best Actress in a Motion Picture. Scorsese says that his next project will be an 80-minute film called *"A Life of Jesus."*

***

Six-time Tony winner, two-time Grammy winner, and Emmy winner Audra McDonald, recently seen in season two of Max's *"The Gilded Age"* (which was renewed for season three), will take on Mama Rose in a revival of *"Gypsy"* on Broadway. It's the first time a woman of color is taking the role on.

***

Oscar-winning director Guillermo Del Toro has picked his next project. He's developing a new Frankenstein film starring *"Priscilla's"* Elvis Presley, Jacob Elordi. Oscar Isaac will play Dr. Frankenstein, and two-time Oscar winner Christoph Waltz will be backing them up. At least Elordi won't have to learn any dialogue!

***

What we need even less than another Frankenstein film is another *"King Kong"* film (or another edition of *"Mean Girls"*). Still, *"Godzilla x Kong: The New Empire"* opens on March 29.

***

Linda Ronstadt, who was misdiagnosed with Parkinson's disease, has been rediagnosed with progressive supranuclear palsy, leaving her unable to sing anymore. A biopic will be made about Ronstadt's life, starring *"Only Murders in the Building's"* Selena Gomez.

***

Josh Hutcherson (of *"The Hunger Games"* franchise) scored big with *"Five Nights at Freddy's,"* which cost $20 million and grossed $294.6 million. A sequel is in the works. Meanwhile, he currently has *"The Beekeeper"* out in theaters, with Jason Statham, Jeremy Irons and Minnie Driver.

***

Paramount's revving up their *"Star Trek"* franchise, but probably won't have Chris Pine playing Capt. James T. Kirk. Pine played Kirk in 2009, 2013 and 2016; however, this one's a prequel, so Pine is probably too old to take us into the final frontier! Imagine being too old at 43! Stay tuned.

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★

★ Moderate ★★ Difficult ★★★ GO FIGURE!

	×		−		25
+		+		−	
	+		×		28
×		×		×	
	+		×		20
30		16		25	

1 2 3 4 5 6 7 8 8

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KOVELS Antiques & Collecting

By Terry and Kim Kovel

Mechanical Creatures — Robots may sound like cutting-edge technology or science-fiction dreams of the future, but automated mechanical creatures have captured people's imaginations for centuries. Animals and music were always popular themes.

Legends say that King Solomon surrounded his throne with mechanical animals, including lions that would raise their paws and roar when he approached and birds that would descend to give him his crown and a scroll. There are records from the Middle Ages and Renaissance of clever inventors in Europe and Asia creating mechanical animals and musicians.

Despite all this innovation, the "Golden Age of Automata" did not arrive until the 19th century. Technology had advanced enough to make automata accessible outside of royal palaces, but not so much that the novelty had worn off. All kinds of automata were made with different levels of complexity, from pictures with moving paper figures to life-size mechanical puppets. Music boxes with mechanical features were popular, too. A favorite style was the singing bird, like this one that sold for $4,560 at Morphy Auctions. It was made in Germany in the late 19th century and winds with a key. When it is wound, a small bird with red feathers pops out of the enameled box to chirp and flap its wings.

* * *

Q: I have a Boy Scout handbook, "Revised Edition, 13th Printing, One Hundred Thousand Copies." It has a list of copyrights from 1911 to 1930. It is in fair condition. The cover and first page are torn, and the back is taped. What is it worth?

A: The Boy Scouts of America started in 1910. The first handbook, titled "The Official Handbook for Boys," was published in 1911. The title of the handbook has been changed several times. From 1927 to 1948, it was "Revised Handbook for Boys." The copyright dates in your handbook indicate it was printed in 1930 or shortly after. A Norman Rockwell painting called "Spirit of America," originally made for a 1929 Boy Scout calendar, was used for the cover art on the handbook from 1927 through 1937. It pictures the profile of a Boy Scout against a blue background with profiles of Benjamin Franklin, George Washington, Abraham Lincoln, Teddy Roosevelt, Charles Lindbergh, a frontiersman and an American Indian. Copies in poor condition usually sell for $10 or less.

* * *

TIP: Spray the inside of a glass vase with nonstick food spray. It will keep the water from staining the glass.

* * *

CURRENT PRICES

• Card set, Funny Valentine, multicolor illustration and inscription on front, insult on reverse, black and white with red accents, Topps, 1959, 66 pieces, $85.

• Paper, Valentine, cutwork, watercolor, red, yellow, green, ring of eight hearts around center medallion, inscription in each heart, swags, stylized flowers, painted frame, 19th century, 11 inches, $500.

• Teddy bear, Teddy Baby replica, brown fur, stitched nose, red collar, yellow tag in ear, Steiff, 1980s, 11 inches. $945.

For more collecting news, tips and resources, visit www.Kovels.com

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Strange BUT TRUE

• In 2012, a 90-year-old Baltimore woman named Venus Green locked a police officer in her basement when he tried searching her home without a warrant. Afterward, she brought a civil rights lawsuit and won a $95,000 settlement.

• "Jeopardy!" contestants stand on adjustable platforms so that they all appear to be the same height on camera.

• Chess is a required school subject in Armenia.

• Before the modern glass versions we use today became commonplace, mirrors were made from bronze and were prized possessions of rich households in Egypt, Greece, Rome, China and Japan.

• The Statue of Liberty's full name is Liberty Enlightening the World.

• A study conducted at the University of Montreal showed that young people who played the 1996 game Super Mario 64 for only two months increased their spatial and episodic memory, which improves brain capacity and helps to ward off dementia.

• More than 20% of all the world's freshwater is in the Great Lakes.

• While humans and giraffes obviously have vastly different neck lengths, they still have the exact same number (seven) of neck vertebrae.

• Ever wonder why some cocktails are shaken while others are stirred? Chalk it up to the level of dilution and texture required: The longer the shake or stir, the more diluted and cold the beverage gets. Hence cocktails made with spirits, tonics and bitters should be stirred, while those featuring fruit juices, egg whites, cream or cream-based liqueurs should be shaken.

• Folks used to say "prunes" rather than "cheese" when having their pictures taken.

***

Thought for the Day: "It is not by muscle, speed or physical dexterity that great things are achieved, but by reflection, force of character and judgment, and in these qualities old age is usually not only not poorer, but is even richer." – *Cicero*

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Now here's a tip!

by Jo Ann Derson

• "For nice, evenly sliced mushrooms, use an egg slicer for cutting. It's super-easy to use, since a boiled egg and a nice white mushroom are around the same size. I get good, uniform slices with the slicer." – *P.E. in Colorado*

• Try auto polish on tough bathtub stains. There is a little more grit in it than usual bathroom cleaners. Be sure to rinse well, and don't rub too hard, as it may scratch the tub surface.

• "Tissue boxes can be used to hold plastic baggies under the sink in the bathroom. I use grocery-store bags to line my bathroom trash can. I choose a color-coordinated tissue box that has been emptied, and I fill it with the plastic liners, then set it under the toilet tank. It's still nice-looking, even though it's out of the way, and I have baggies at the ready." – *E.R. in Mississippi*

• "Return envelopes that come with junk mail can be saved and repurposed at coupon holders/grocery lists. I tuck my weekly coupons inside, and write my list on the back of the envelope, which is usually blank." – *C.G. in Oregon*

• To keep track of takeout menus, use a three-prong notebook with an assortment of sheet protectors. Insert the menu into a sheet protector and file away. You can group menus by cuisine or by price.

• Tired of losing matched socks? Purchase a large delicates bag for each family member. Put dirty socks in the personal bag so they cannot be lost.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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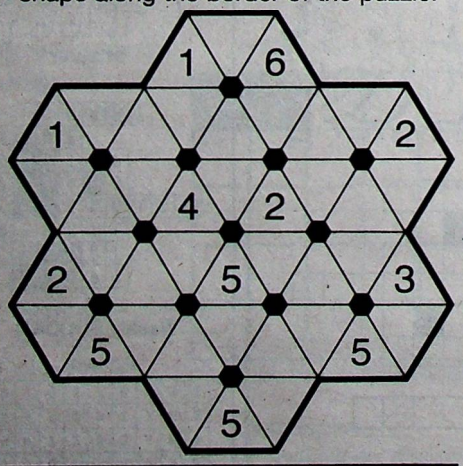
SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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STICKELERS [sic].

by Terry Stickels

What is the plural form of each of the words below?

ANALYSIS
HERO
ROOF
DWARF
BISON

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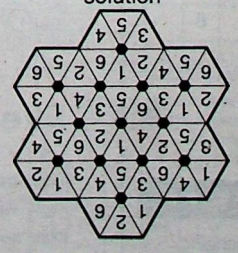
SNOWFLAKES solution



Stickelers Answer

ANALYSES
HEROES
ROOFS
DWARFS or DWARVES
BISON

Go Figure! answers

	25		16		30
20	5	×	1	+	3
	×		×		×
28	2	×	8	+	6
	−		+		+
25	7	−	8	×	4

Super Crossword

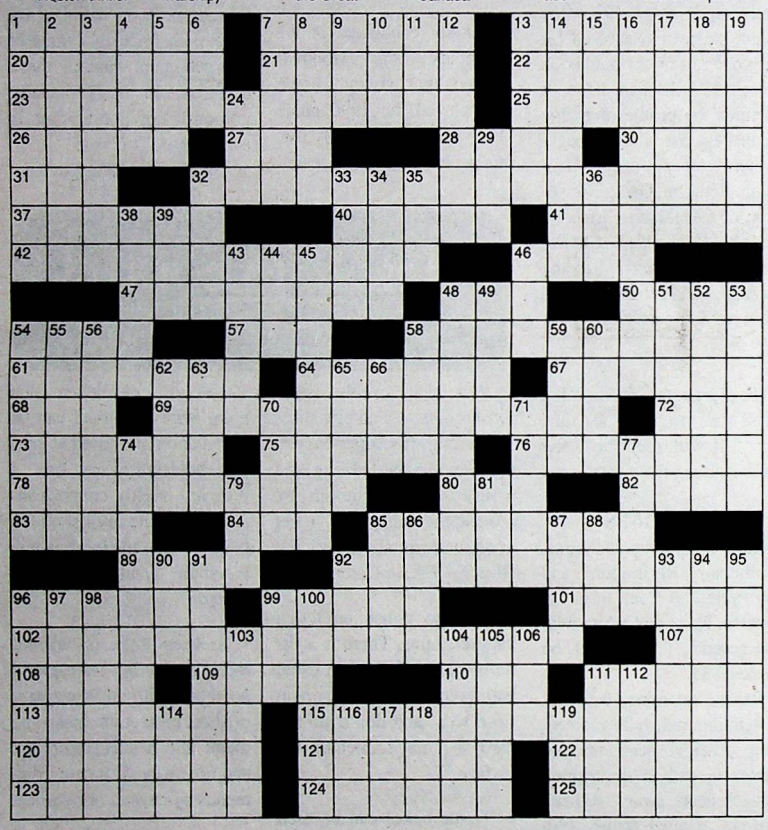
THE SILVER SCREEN

ACROSS

1 Guy in the Beatles' "I Am the Walrus"
7 Brand of bottled water
13 Holy places
20 Yacht basin
21 Old Missouri natives
22 Arranged, as a page for printing
23 2001 Josh Hartnett war film
25 Not macho
26 "— little!" ("Have some fun!")
27 Vegas action
28 Darkens in the sun
30 Hammer, e.g.
31 Yalie
32 1971 Malcolm McDowell crime film
37 They're fed after parking
40 "Energy healing" technique
41 Artist Neiman and Jim Croce's Brown
42 1973 Charlton Heston thriller
46 Beginner, in gaming lingo
47 Use sandpaper on, informally
48 Ed. supporter
50 Brain wave tests, in brief
54 — -Ball (carnival game)
57 Lubbock-to-Laredo dir.
58 1986 Isabella Rossellini neo-noir film
61 WWW page
64 Musical inaptitude
67 Having arrived tardily
68 Choose (to)
69 1984 Gene Wilder romantic comedy
72 "— said before ..."
73 "The Lion in Winter" actor
75 Dawned
76 Certain English student
78 1984 Prince musical film
80 Psychic "gift"
82 Table scraps
83 Graf — (German warship)
84 Potent compound in marijuana: Abbr.
85 Sequence of episodes on the tube
89 Test of speed
92 1986 Molly Ringwald Cinderella story
96 6x9-inch book
99 Attach with cord, e.g.
101 Actor Patrick
102 1992 Wesley Snipes sports film
107 ABA mem.
108 Sol-do linkup
109 Meat spread
110 "Starpeace" singer Yoko
111 — voce (quietly)
113 Smart speaker from Amazon
115 Photos not in shades of gray ... or what eight answers in this puzzle are?
120 Precisely, with "on"
121 Retaliate
122 Czar called "the Great"
123 More impertinent
124 Actor Dick Van —
125 Evaluate

DOWN

1 Tokens
2 Telescope pioneer
3 Newton topic
4 Rats' relatives
5 Crooner Paul
6 "Prob'ly not"
7 Carpentry rod
8 Invite out for
9 Hardly happy
10 Of yore
11 Unfamiliar
12 Fails to be satisfactory
13 Skulked
14 Sci-fi role for Harrison Ford
15 Cup edge
16 Muckraker who took on Standard Oil
17 "That's all wrong!"
18 Funeral speech
19 Fashion trends
24 Jackson 5 hit
29 Meyers of "Dutch"
32 Comes — surprise
33 Tribe of Canada
34 Piercing
35 Come in first
36 Vintage auto
38 Someone — problem
39 Sleep stage
43 "I fail — the humor"
44 Some sporty autos
45 Orating skill
46 No, in Selkirk
48 Least ornate
49 Zig or zag
51 Major Taiwanese carrier
52 Implies
53 Pub mugs
54 Nosy sorts
55 Sustained
56 Automaker Bugatti
58 Part of N.B.
59 Lead-in to Cong or Minh
60 Lead-in to skeleton
62 "— cost you!"
63 You, quaintly
65 "Sign me up!"
66 Rapper Lil — X
70 Infant's cry
71 Reimburse
74 Surgeries
77 Like sexist jokes
79 Road map abbr.
81 Tennis unit
85 1982 film and arcade game
86 Steam hole
87 Ninny
88 Bump — log
90 Road map abbr.
91 Write music
92 Pod veggie
93 Like Charlie Brown's kite, inevitably
94 Seine users, e.g.
95 Result of a very-low-carb diet
96 Hooting baby birds
97 Latin dance
98 Gives 10%
99 Blast creator
100 Polar topper
103 Diner patron
104 1995-2011 Yankee Posada
105 Release, as from a corral
106 "Excusez—!"
111 Holy Mlles.
112 Excuses
114 "— have to?"
116 Female gametes
117 Allow to
118 Ottawa loc.
119 1040 pro



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celebrity extra

by Dana Jackson

Q: What is Jeff Goldblum up to these days? I only see him on commercials for apartments, but not in any movies lately. – *P.T.*

A: Despite having what is surely a lucrative gig as the spokesman for Apartments.com, Jeff Goldblum is still very much a beloved and sought-after actor in Hollywood. Originally from Pittsburgh, Goldblum started out as most actors do when they move to California – landing guest-starring roles on hit primetime shows. He landed small but memorable roles in movies like "Annie Hall," "The Right Stuff" and "The Big Chill."

In 1986, he starred in the sci-fi/horror film "The Fly," but it would be the "Jurassic Park" movies that would bring him his greatest box-office success. He's caught the eye of other big-name directors, including Taika Waititi for "Thor: Ragnarok" and Wes Anderson for "Asteroid City," the latter of which was just released last year. So, yes, Goldblum's acting days are far from over. He even has a role in the highly anticipated film "Wicked," which is based on the hit Broadway musical.

***

Q: Is there going to be another season of "The White Lotus" on HBO? If so, where will it take place? I hope they return to Hawaii. – *G.J.*

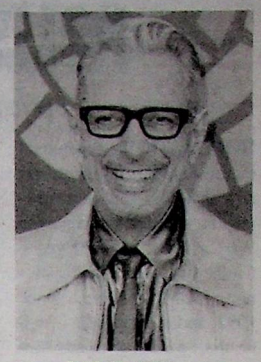
A: There definitely will be a third season of "The White Lotus," but not until sometime in 2025. Once again, the story will be set at a luxury resort, but instead of Hawaii and Italy, it'll be Thailand.

Natasha Rothwell, who played spa manager Belinda in season one, will be returning to the series. Joining her is an impressive cast that includes Carrie Coon ("The Gilded Age"), Parker Posey ("Best in Show"), Jason Isaacs ("Archie"), Walton Goggins ("Justified"), Michelle Monaghan ("True Detective") and Leslie Bibb ("Popular").

"White Lotus" creator Mike White and his cast have been a strong presence at the Emmy and Golden Globe Awards for the past two years. The series has also relaunched Jennifer Coolidge's career since she starred in Christopher Guest's satiric film "Best in Show," then later in "Legally Blonde," opposite Reese Witherspoon. Coolidge has won two Critics' Choice Awards, one Golden Globe and two Primetime Emmys for playing ditzy Tanya, so it's no wonder that stars are lining up to work for White.

***

Q: I saw a headline that said singers Alanis Morissette and Ciara are distant cousins? Did they just find this out? – *L.B.*



Jeff Goldblum
(Upcoming in "Wicked")

Courtesy of Depositphotos

A: The two singers aren't related; however, both did appear on the same PBS show "Finding Your Roots." In Ciara's case, she learned that one of her distant cousins is former New York Yankees shortstop Derek Jeter. The two actually met almost 10 years ago at the ESPY Awards and were even photographed together, but didn't know that they were related at the time.

Alanis Morissette was informed on "Finding Your Roots" that she also has a famous relative. In fact, her distant cousin is someone she already considered a friend -- actress Claire Danes ("Homeland").

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

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Even Exchange

by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

1. Pavlova's dance	_ _ _ _ E _	Voter's ticket	_ _ _ _ O _
2. Outer space archer	_ R _ _ _	Tear inducer	_ N _ _ _
3. Babbling water	_ _ _ _ K	Dust pan's partner	_ _ _ _ M
4. TV accessory	_ _ _ _ T _	Detach	_ _ _ _ V _
5. Gherkin or dill	P _ _ _ _ _	Capricious	F _ _ _ _ _
6. Banish from class	_ _ P _ _	Outshine	_ _ C _ _
7. Truck procession	_ _ _ _ O _	Express an idea	_ _ _ _ E _
8. Lancelot's attire	_ _ M _ _	Garden archway	_ _ B _ _
9. Give a speech	O _ _ _ _	Infuriated	I _ _ _ _
10. Fasten	_ _ _ _ _ H	Invade	_ _ _ _ _ K

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Weekly SUDOKU

by Linda Thistle

4			1				2	
	8			5		4		
	3	2			7			9
		1		6		3		
	9				8	6	1	
3			7					8
		7			3	5		
	6		4	9			8	
2					6			4

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆

◆ Moderate ◆◆ Challenging ◆◆◆ HOO BOY!

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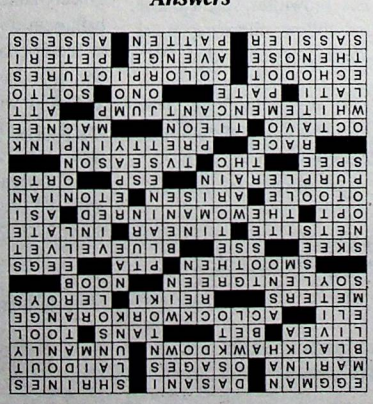
Super Crossword

Answers



Even Exchange

answers

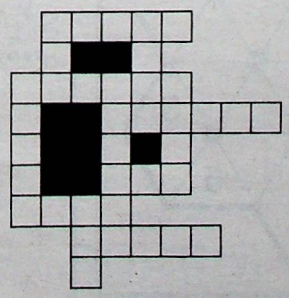
1. Ballet, Ballot
2. Onion, Onion
3. Brook, Broom
4. Remote, Remove
5. Pickle, Fickle
6. Expel, Excel
7. Convoy, Convey
8. Armor, Arbor
9. Orale, Irate
10. Attach, Attack

FEAR KNOT

By: rj johnson

DOUBT? ...OR DARE!

DGI
TENEBA
SYORG
♥IPGR
♥TOGISE
♥TPO
♥ISED
PODAT
♥EAY
BIGLER
♥NATPI
♥OLPO



Unscramble these twelve letter strings to form each into an ordinary word (ex. **HAGNEC** becomes **CHANGE**). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥**RATHE** becomes **HATER** or **EARTH** or **HEART**). Fit each string's word either across or down to knot all twelve strings together.

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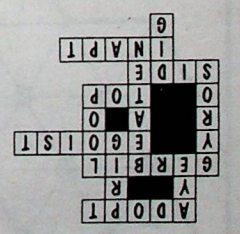
FEAR KNOT answer



Weekly SUDOKU

Answer

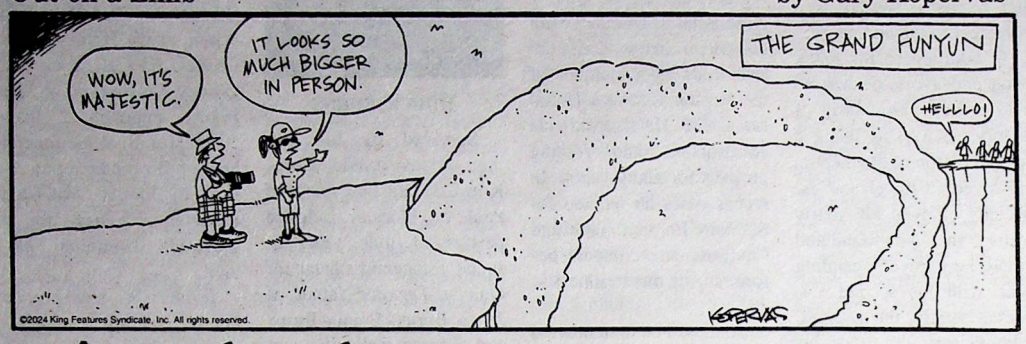
2	1	8	5	7	6	9	3	4
5	6	3	4	9	1	7	8	2
9	4	7	2	8	3	5	6	1
3	5	6	7	1	4	2	9	8
7	9	4	3	2	8	6	1	5
8	2	1	9	6	5	3	4	7
6	3	2	8	4	7	1	5	9
1	8	9	6	5	2	4	7	3
4	7	5	1	3	9	8	2	6

Amber Waves

by Dave T. Phipps

Out on a Limb

by Gary Kopervas



Americanisms

"Never be bullied into silence. Never allow yourself to be made a victim. Accept no one's definition of your life; define yourself."
— *Harvey Fierstein*

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Just Like Cats & Dogs

by Dave T. Phipps

Paw's corner

by Sam Mazzotta

Are dogs really happy in freezing weather?

DEAR PAW'S CORNER: While walking along the local riverway this frosty weekend, I noticed at least three people whose dogs were under-equipped for the cold. One dog wore an insulated vest but no booties; the other two dogs wore no cold protection at all. Why do so many owners ignore their dogs' comfort and safety this way? – ***Harold in New Hampshire***

DEAR HAROLD: Unfortunately, not every dog owner knows that it's up to them to protect their pets from cold-weather hazards. Most dogs won't ask for a sweater vest, and I've yet to meet one that didn't hate booties. I know quite a few dogs that just won't tolerate booties.

Many owners do know their dogs' limits in the cold, however. They check the temperature before going outside and survey the sidewalk or trail they're on for hazards like ice chunks, salt or glazing. They limit the time spent outdoors so their dog's core temperature doesn't drop. They monitor their dogs to make sure they're not shivering or in pain, and that their paws aren't getting frostbitten. And they carefully wipe and check their dogs' paws as soon as they get back indoors.

How do you, an observer, make sure that an owner is following these guidelines? Confronting owners is not advisable. You may be able to strike up a casual conversation on the path, and ask how their dog tolerates the cold weather. But don't preach at them. In my experience, owners who take the time to walk their dogs on a leash in freezing weather do care about their health and keep an eye on them in the cold.

Send your tips, comments or questions to ask@pawscorner.com.

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WORD LADDERS

Can you go from SINGE to PUNCH in 6 words? Change one letter for each rung in the ladder.

SINGE

_____

_____

_____

_____

_____

PUNCH

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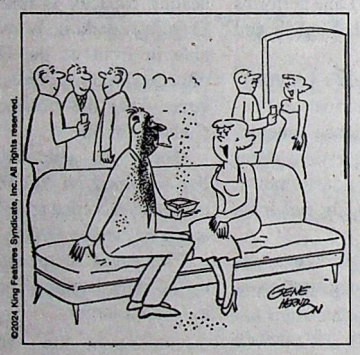
SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!



"Now, where were we before I _____?"

Dear — ZIPERD

Kind — WESET

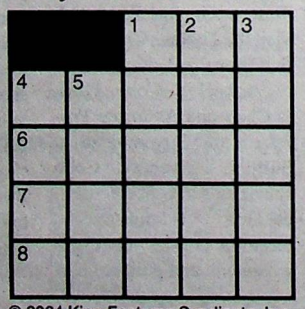
Easy — PIMSEL

Seize — INKPAD

TODAY'S WORD

Micro Crossword

By Elizabeth C. Gorski



Across

1 Classic diner sandwich, for short
4 Not as restrained
6 "___ a dream" (Martin Luther King Jr.)
7 "Judy" star Zellweger
8 Mitigates

Down

1 Coffee grinder filler
2 Flood control barrier
3 Where koalas live
4 Dumpster ___ (out-and-out disaster)
5 Flightless bird of South America

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Here's what to watch and where to watch it for the week of February 5, 2024

ON NOW: "Bosco" (NR) – *Peacock*

5-Feb: "The Re-education of Molly Singer" (R) – *Netflix*

5-Feb: "Dee & Friends in Oz" (Season 1) – *Netflix*

7-Feb: "Rael: The Last Prophet" (Docuseries) – *Netflix*

8-Feb: "Tokyo Vice" (Season 2) – *Max*

8-Feb: "One Day" (Limited Series) – *Netflix*

8-Feb: "Halo" (Season 2) – *Paramount+*

8-Feb: "Couple to Throuple" (Season 1) – *Peacock*

9-Feb: "Suncoast" (R) – *Hulu*

11-Feb: "The Blacklist" (Season 10) – *Netflix*

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Sports QUIZ

by Ryan A. Berenz

1. What U.S. Olympic gymnast retired from the sport in 1972 and went on to a successful career on the stage, most notably playing the title character in "Peter Pan"?

2. George Balabushka was considered to be the finest craftsman of what wooden sports equipment?

3. Jon Bon Jovi, Richie Sambora and Ron Jaworski were in the ownership group of what Arena Football League team that began play in 2004?

4. What member of the 1908 Chicago Cubs is the only player to have thrown four strikeouts in a single inning in a World Series game?

5. How many games did Marty Mornhinweg win in his two seasons as head coach of the Detroit Lions from 2001-02?

6. What American cyclist recovered from near-fatal wounds suffered in a 1987 hunting accident to win his second and third Tour de France titles in 1989-90?

7. Name the Swiss businessman who was elected president of FIFA in 1998 and was ousted in 2015 after a corruption and bribery scandal.

Answers

1. Cathy Rigby.
2. Pool cues.
3. The Philadelphia Soul.
4. Orval Overall.
5. Five.
6. Greg LeMond.
7. Sepp Blatter.

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Micro Crossword Answer

S	E	S	A	E
E	E	N	E	R
E	V	A	H	I
R	E	E	R	F
T	L	B		

WORD LADDER Answer

SINGE, SINCE, WINCE, WINCH, PINCH, PUNCH

SCRAMBLERS solution

SNEEZED

Today's Word

1. Pried 2. Sweet; 3. Simple; 4. Kidnap

OBITUARIES

Harold S. Crowley, Jr., 87

Harold S. Crowley, Jr., age 87, of Quincy passed away on Sunday, January 28, 2024.

Harold was born in Providence, RI, on January 23rd, 1937, the first-born son of the late Harold S. Crowley Sr. & Catherine (Shockroo) Crowley. He spent the first few years of his life as a resident of Bristol, RI, until his family moved briefly to Weymouth and a year later to Quincy where he attended the Quincy Public Schools, graduating in 1954 from Quincy High School. After graduation, he attended and graduated with a bachelor's degree in education from Northeastern University in 1959 and subsequently with a master's degree from Northeastern in 1965.

During his junior and senior high school years, he was a carrier for the Quincy Patriot Ledger. During college he was employed as a copy boy in the city-room at the Boston Globe, worked part-time at Grossman's Garden Center, and finally for three years as a teacher intern at the Lakeside School in Braintree. Beginning in his senior year he was employed as a fifth-grade teacher at Braintree's Ross School.

Following his graduation from Northeastern and a year teaching, he was commissioned as an officer in the US Army Signal Corp and from 1960-1962 he was a member of the 50th Signal Battalion, XVIII Airborne Corp, stationed at Fort Bragg, NC, where he served as the S-4 of the battalion.

Following his discharge from active duty in the Army, he was employed as a teacher in the Quincy Public Schools, teaching 34 years at the Quincy Elementary School, the Snug Harbor School, and finally at the Broad Meadows Middle School before retiring in 1994. During his teaching years, he was actively involved with the Quincy Education Association serving as its president in 1972-73 and in many other offices during his teaching career. He was a life member of the National Education Association, the Massachusetts Teachers Assn., and the National Science Teachers Association.

HAROLD S. CROWLEY, Jr.

Following his retirement from teaching in 1994, he was employed for 29 years at a retirement consultant and Coordinator of Retirement Services for the Mass. Teachers Assn. during which he counseled and assisted countless educators from throughout the state on the retirement process.

During his youth he was actively involved in Scouting, attaining the rank of Eagle Scout in 1952 and was a staff member at Quincy's Boy Scout camp, Camp Massasoit, in Plymouth, Mass. He continued to be involved in Scouting later as a Scoutmaster. He also organized and served as President of the Massasoit Campers Assn.

Throughout his adult life, he was actively involved in Quincy's community affairs. Beginning in his 20s, he indulged his passion for history as a member and director in the Quincy Historical Society. He founded and served as president of the Germantown Heritage Society. He was a member of several historical societies including the Massachusetts Historical Society, Historic New England, the Bostonian Society, the Paul Revere Association, the Friends of the Old South Meeting House, Victorian Society, Boston by Foot, the Bristol (RI) Historical & Preservation Society, Lowell Historical Society, Society for Industrial Archeology, and for more than 50 years a Friend of Old Sturbridge Village.

For several years he was a member and chairman of the Quincy Conservation Commission. Following his retirement, he served as the first director of Quincy's Kids Voting Program and later, as state director, expanded the program into several other Massachusetts towns. He was a member and chairman of the Trustees of the Thomas Crane Public Library and in addition he was among the founders and the first president of the Friends of the Thomas Crane Library. He was most proud of his effort to organize the Friend's Bookstore and regularly served as a volunteer in the bookstore.

In addition to his many other endeavors, he was an avid reader, particularly of history, as well as being a fervent patron of the theatre. He loved to travel and especially enjoyed his yearly visits to Newfoundland where he enjoyed spending time with his second Canadian family, the Dunnes, who helped him trace his family history at the Ferryland Historical Society.

He was preceded in death, in addition to his loving parents, by his sister Ann Schwarz and brother George Crowley. He is survived by his brother Daniel J. Crowley and many nieces and nephews including: Robin Hallowell of Duxbury, Robert Schwarz of Wareham, Colleen Tavekelian of Plymouth, Brad Schwarz of Wells, ME, Ellen Wakefield of Cotuit, Eddie Crowley of Park City, UT, Laurie Crowley of Braintree, and Tracey Crowley of Weymouth.

Relatives and friends are respectfully invited to greet the family during the visiting hours on Friday, Feb. 2, 2024, 4-7 p.m. in the Keohane Funeral Home, 785 Hancock St., Quincy.

His funeral service will be celebrated on Saturday, Feb. 3, 2024, at 10 a.m. in Keohane Funeral Home, Quincy.

Services will conclude with interment and military honors in Mount Wollaston Cemetery, Quincy.

Donations in may be sent in Harold's name to St. Boniface Haiti Foundation, Inc., 400 N Main St., Randolph, MA 02368 or by visiting: www.givemn.org/donate/St-Boniface-Haiti-Foundation or Ferryland Historical Society C/O Robin Hallowell, 149 Temple St., Duxbury, MA 02332.

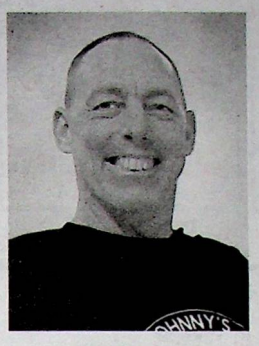
See www.Keohane.com for directions and online condolences.

John R. 'Burnsy' Burns, 62

John R. "Burnsy" Burns, 62, of Quincy Point, died January 28, 2024.

Born and raised in Quincy Point, John was the eldest of three sons born to Linda (Luciani) and the late John R. Burns and a lifelong resident of the city. Following graduation from Quincy High School, Burnsy began his career in the construction trade as a member of the Boston Roofer's Union Local #33. He also did side construction and roofing projects for many years. In recent years he worked for the New England Tank and Environmental company before retiring due to illness in 2021.

John will be remembered and loved for his infectious smile which was ever present even throughout his illness. He enjoyed socializing with friends and especially relished the times spent with his daughters and family. John was an avid bowler and belonged to leagues at both Timberlane's and Olindy's for many years. He also loved to dance and was crowned by his mother as the "Disco King."



JOHN R. BURNS

Survived by his loving mother Linda Burns Kowalski and her husband Paul of Florida. Beloved partner of nine years to Jayne Fitzgerald Nistad of Quincy. Devoted father of Jenna Burns, Emma Burns and Kristen Belleville and survived by his daughters' mother, Carol. Cherished grandfather of Ella Belleville. Dear brother of Robert Burns and his wife Cindy of Randolph, Rick Burns of Weymouth and step-brother of Jeanine Mahoney. Uncle of Zachary and Jake Burns, Nicholas, Hannah and Brian Burns. Nephew of Kenneth "Lucky" Luciani of Quincy and his partner Stephanie, and Dennis Luciani Sr. of Quincy. Also survived by a large extended family and many dear friends, including Kristen Sheehan and best friend Ron Bonvie of Quincy.

Relatives and friends are cordially invited to attend his visiting hours Thursday, February 1, 2024 from 4 to 7 p.m. at the Hamel-Lydon Chapel, 650 Hancock St., Quincy. Celebration of Life Friday, February 2 from 10 to 11 a.m. at the funeral home followed by a procession to Mount Wollaston Cemetery, Quincy, for a graveside committal service.

In-lieu of flowers the family would appreciate donations in Johnny's memory be made to Old Colony Hospice, 321 Manley Street, West Bridgewater, MA 02379 or online at www.oldcolonyhospice.org. Hospice workers are gifts from God. Thank you, Shelby and Felicia from Old Colony they were amazing care givers.

For more information or to leave online condolences please visit HamelLydon.com.

Irish Band Golden Lane Library Concert Sunday

The Thomas Crane Public Library will host a Concert at the Crane featuring the traditional Irish band, Golden Lane, on Sunday, Feb. 4 from 3 to 4 p.m. in the Richardson Building, Main Library, 40 Washington St., Quincy.

Golden Lane is a group of musicians from the Southeastern New England area who specialize in performing the lively dance music of Ireland such as jigs and reels in a traditional style. Golden Lane performs songs in both English and Gaelic.

The group's family-friendly performances encourage audience interaction through questions about music and instruments, dancing, clapping and foot-tapping.

The event is free to attend and no registration is required.

Doors open 15 minutes before the performance and seating capacity is limited. Overflow parking is available in front of the Coddington Building, across the street from the library on Coddington Street.

The event will also be live-streamed on YouTube, as well as recorded and aired at a later date on QATV.

The event is sponsored by the Friends of the Thomas Crane Library.

Grassroots Movements that Impact Voting Rights With Rachael V. Cobb (Online)

Let's get ready for the 2024 Primary Elections coming up!

The Thomas Crane Public Library will hold a virtual event Monday, Feb. 5 from 7 - 8 p.m. featuring an informative and engaging discussion on Effective Grassroots Movements that Impact Voting Rights with Professor Rachael V. Cobb.

Learn what it takes for a grassroots idea to build into a movement that can have a significant impact on voting and elections and how you can be part of it!

Registration is required. To to receive the Zoom link visit the Thomas Crane Public Library website.

Rachael V. Cobb, Ph.D. is Chair and Associate Professor of Government at Suffolk University. Cobb specializes in U.S. elections, election administration, electoral politics, civic engagement, and political participation. Professor Cobb established the University Pollworkers Project, a nonpartisan program designed to recruit college students as poll workers as a response to reports of an estimated shortage of 500,000 poll workers nationwide. Since 2006, more than 1,000 students from the Greater Boston area have received training and worked as poll workers.

Mite Box Thrift Shop Business Hours

The Mite Box Thrift Shop at the Parish of St. Chrysostom, 1 Linden St., Quincy, is open for business Wednesdays and Fridays from 10 a.m. to 3 p.m. as well as this Saturday, Feb. 3.

Morrisette Legion Baseball Meeting Feb. 12

Morrisette Legion Baseball will hold an informational meeting Monday, Feb. 12 at 7 p.m. for players and parents of anyone who plans on trying out this summer.

The meeting will be at the Morrisette Post, 83-85 Liberty St. Morrisette runs a Junior and Senior Legion baseball program. Ages are 14-19. Any questions please reach out to morrisetteball@aol.com.

Acoustic Song Circle Thursday At Library

An Acoustic Song Circle with Mike Delaney will be held Thursday, Feb. 1 from 6 to 8 p.m. at the Thomas Crane Public Library, 40 Washington St., Quincy.

Singers, musicians, poets, and listeners are invited to share an evening of acoustic music and spoken word. Delaney, a lifelong Quincy resident, will host as performers take turns playing songs or reciting poems. Everyone is welcome for this family-friendly gathering.

A listening room atmosphere is encouraged and all who are willing will be given a chance to perform.

Policy Considerations: Deliberating The Integration Of Seemingly Safer Fire-fighting Agents To Replace Toxic AFFF

Cont'd From Page 21

MassDEP asks fire departments to report whenever PFAS-containing foam is used. Furthermore, the two agencies recommend using fluorine-free firefighting foams for training only. They also advise fire departments state-wise to replace PFAS-containing AFFF with fluorine-free foams as soon as possible.

The Massachusetts PFAS Interagency Task Force, formed by representatives of public service organizations, in a report published in April 2022, urged the local government to take action and support fire departments in their efforts to collect and dispose of AFFF, to clean up PFAS-contaminated facilities and equipment at fire departments, and to purchase safer fluorine-free alternatives. According to the report, firefighters exposed to PFAS could only receive the necessary protection if state law would regulate the use of AFFF.

Currently, the DFS offers comprehensive information to firefighters about the connection between PFAS exposure and cancer and offers cancer screening referrals to eligible firefighters.

Fluorine-free foams are a better alternative, but they are not harmless

MassDEP and DFS have taken steps toward finding suitable fluorine-free replacements for AFFF. In 2021, they formed a committee in partnership with the Connecticut Department of Energy and Environmental Protection (CTDEEP). They commissioned a study of six Class-B foams that exist on the market and are listed as fluorine-free. The laboratory analysis showed that not all firefighting foams sold as fluorine-free are a much safer alternative to AFFF. Out of the six, one of the foams showed no fluorinated or other halogenated compounds. Four did show very low levels of fluorine and other halogens, while one foam had several PFAS compounds and was considered inapt by the scientists to be listed as a fluorine-free foam.

The committee recommends further studies, as many fluorine-free firefighting foams exist on the market, but little is known of what chemicals these contain. Existing research on fluorine-free foams by the Department of Defense (DOD) and research institutions demonstrate that fluorine-free alternatives are safer than AFFF. Still, some of these formulations might contain chemicals that are hazardous to health, such as surfactants and solvents. A medical study demonstrated that long-term exposure to solvents leads to neurological disorders such as Alzheimer's and Parkinson's. Also, the Environmental Protection Agency, in a recent study, detected various health conditions, such as skin irritation, eye irritation, and even carcinogenicity and endocrine disruption related to some fluorine-free foam combinations.

In January 2023, the DOD released its military specification for purchasing and using PFAS-free firefighting foam. While this is progress, as it facilitates states to switch to fluorine-free foams quicker, fire departments must handle such products with increased care and awareness, as the analytic testing of thousands of chemicals used in PFAS-free firefighting foam combinations is ongoing.

About the Author

Jonathan Sharp is Chief Financial Officer at Environmental Litigation Group, P.C. Headquartered in Birmingham, Alabama. This law firm provides assistance to civilian and military firefighters dealing with toxic exposure nationwide. In his role, Jonathan Sharp oversees the management of firm assets, conducts case evaluations, and handles financial analysis.

Bored? Think Twice Before Taking That Facebook Quiz

Cont'd From Page 14

tions for insurance, banking and credit card accounts. Sharing this information can lead to accounts being hacked, and personal and financial information being stolen.

Not all social media quizzes are data collection scams; however, BBB cautions users to be careful about what they share online and to check the privacy settings on the account. Social media data and quiz answers can be used to steal identity or enable a scammer to impersonate you to your friends and family.

How to avoid similar scams

• **Be skeptical:** Before answering a quiz, figure out who created it. Is it a brand you trust? Just because something appears to be fun and innocent, doesn't mean there isn't an inherent risk.

• **Adjust privacy settings**: Review the social media account's privacy settings and be strict about any information that is shared - and be mindful of who you are sharing it with.

• **Remove personal details from your profile**: Don't share information like a phone number or home address on social media accounts.

• **Don't give answers to common security questions**: Be cautious if the questions in a quiz ask for things like your mother's maiden name, the street you grew up on, previously owned vehicles, favorite foods, or the name of your high school.

• **Monitor friend requests.** Don't accept friend requests from people you don't know. Also be wary of a second friend request from someone you are already connected with; the second profile may be an impostor trying to access your data and your Friends list.

Communion Sunday At QPCC

Feb. 4 is Communion Sunday at Quincy Point Congregational Church, 444 Washington St. Worship is at 10 a.m.

Quincy Point Congregational Church is accessible to all with an elevator on the Abbey Road side of the church and an "all access" restroom. The weekly worship is live streamed at 10 a.m. each Sunday or you can see past services anytime on our YouTube, Vimeo, Facebook pages or on the church website: www.quincypointcong.org. Weekly worship is also rebroadcast on QATV channel 8 on Sundays at 11:30 a.m. and Wednesdays at 6 p.m.

Next week, on Transfiguration Sunday, Feb. 11, after worship, we prepare for Lent with Shrove Tuesday Pancakes on a Sunday. Come join us for some Valentine's Day fun! There will be crafts, special music, and a Valentine's Chocolate basket raffle. The proceeds from the raffle will support the church's Laundry Love Mission, which provides free laundry the last Wednesday of every month from 6 to 8 p.m. at the Wash-N-Dry at 236 Washington St. in Quincy. Everyone deserves clean clothes!

Quincy/North Quincy Ski Team Competes In Two Races

The QNQ Ski team was back in the gates for two races last week.

On Wednesday, Jan. 24th the team faced warmer temperatures at Blue Hills with a touch of rain. Senior captain Avery Abrahamovich finished 8th on a very fast giant slalom course. Thea Bandzak continued to move up the leaderboard, and posted the best result of her career finishing in 25th.

Senior captain Lucy Mclaughlin looked strong on her skis and placed in 58th. Senior captain Faye Fitzpatrick also had a strong finish placing in 65th.

On the boys side, the best result came from Sam Abrahamovich, who finished in 32nd place.

On Saturday, Jan. 27th, the team was back at Ragged Mountain, with colder temperatures, morning fog and variable snow conditions. Avery Abrahamovich continued her string of top 10 finishes on the year, finishing in 7th overall.

Nina Smith put together two consistent runs finishing in 61th position. Brooklyn Geary shaved on 5 seconds between runs finishing in 66th.

On the boys side, finishing in 56th, 60th and 61st were junior captain Max Gaudiano, freshman Henry Gates and sophomore Tristan Andre. Although the team suffered 5 DNF (Did not finish) the coaches were very impressed with the team's effort.

"I was impressed with how all of the racers attacked the course," said coach Lisel Couture. "The fact that many racers did better on their second run says a lot for how these athletes compete."

The QNQ roster consists of 17 racers from both Quincy High School and North Quincy High School. The team includes senior captains Avery Abrahamovich, Lito Breslin, Faye Fitzpatrick, Lucy McLaughlin, Nina Smith and Junior Max Gaudiano as well as Samuel Abrahamovich, Tristan Andre, Thea Bandzak, Jacquelyn Ferrara, Meah Fitzpatrick, Henry Gates, Katherine Manning, Molly McLaughlin, Niamh O'Neill, Eamon Pint, Brooklyn Geary and Sophia Johnston.

NINA SMITH

HENRY GATES

BROOKLYN GEARY

Courtesy Photos

QUINCY-NORTH QUINCY 4x800 relay team clocked 9:48.31 for third place in the MSTCA Coaches Invitational Jan. 26 at the Reggie Lewis Center. The team qualified for nationals. From left to right: Hannah Moriarty, Salma Boukhtam, Maddy McGillicuddy and Aluna Coogan-Colye. Results from the meet on Page 20. *Courtesy Photo*

In Loving Memory — HENRY W. BOSWORTH, Jr.

Quincy Sun Founder and Longtime Publisher

15th Anniversary - Feb. 7, 2009

Those who touch our lives, stay in our hearts forever.